

TELE-STELLA



-OR-

STELLA-R



WHICH DEMENTIA CAREGIVING
RESEARCH STUDY IS RIGHT FOR YOU?



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IRB# 22288



Tele-STELLA Study

16 real-time meetings with professionals

Meetings at specific times, depending on availability of caregiver

Meet online with other caregivers for 12 weeks

Moderate or severe stages of dementia

Can live anywhere in the U.S.

IRB# 25741



STELLA-R Study

8 weekly lessons with no professional interaction

Self-directed and self-paced online learning

No interactions with other caregivers

Any stage of dementia

Must live in OR, WA or ID