

Project Background/ Introduction

Refugees and asylum seekers often endure heightened levels of stress due to the unique challenges they face. Many of them have limited access to their health records, which can pose barriers to receiving necessary healthcare and achieving community wellness.



In an effort to better understand the health needs of this vulnerable population, we are planning to conduct a survey involving 20 families. This survey will inquire about any cancer-related health history within their immediate family members.

Project Goals

Our goal for Tier 1 grant is to gather valuable information that can help improve healthcare access and support services for our target population. The primary objective is to enhance our ability to provide and advocate for their healthcare requirements.

Methods / Project Design

Target Population:

This project is designed to gather cancer-related data from refugee and asylum seeker families residing in the Portland Metropolitan area.

Overview of the design of the project:

Survey 20 families through in person home visits or over the phone. Our sample population consists of 10 Arabic speaking families and 10 Dari speaking families.

Activities/efforts/initiatives:

We will document any observed patterns that may suggest a correlation between the stress experienced by refugees and asylum seekers and their risk of developing cancer.

Time frame of the project:

Starting the survey process in October 2023 with the goal to have all data collected by end of January 2024.



Evaluation Plan (In Progress)

Through data analysis, our goal is to categorize individuals within this demographic into three risk groups:

1. ****Cancer Patient or Survivor****: Individuals who have been diagnosed with and treated for cancer.
2. ****High Risk****: Individuals with factors that put them at an elevated risk of developing cancer, such as a family history of cancer or lifestyle choices that increase susceptibility.
3. ****Low Risk****: Individuals who have a lower likelihood of developing cancer based on factors like genetics, lifestyle, and other health indicators.



References & Acknowledgements

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