

November Table Talk: Preparing your child (AND YOU!) for family and holiday events



Worried about your child *not* being fully included in upcoming holiday events or family gatherings?

Do family members make judgements about your child and/or parenting?

Come join us to discuss:

- **Preparing** your child for large family events
- **Strategies** for dealing with extended family and friends
- Strategies for helping your child **manage** stressful family gatherings

Hear from other parents, learn what works for them, and share ideas for creating positive family gatherings.

Wed., Nov. 15, 2023

12:00pm -1:00 pm

[Register here](#)

You will receive a Zoom link via email

Cost: Free



We would like to thank you for sharing your experiences!

The **first 10** Oregon families that register and participate will receive a **\$10.00 gift card**

Gift cards are limited to three per person, per year.

