

HOOD RIVER COUNTY PREVENTION DEPARTMENT TEEN TOBACCO CESSATION & EDUCATION PROJECT

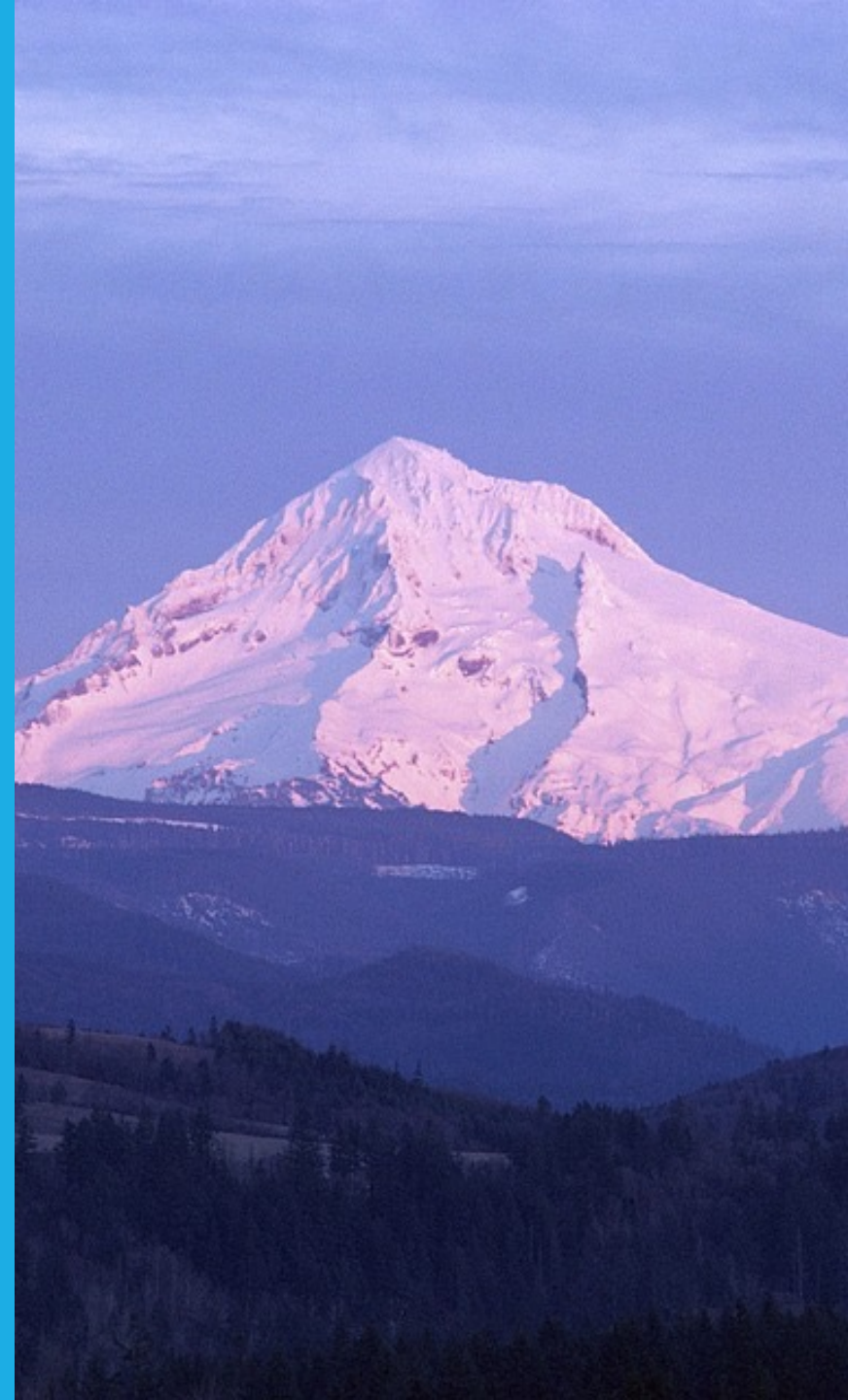
2021-2022 TIER 2 PROJECT



Jane Palmer
*Tobacco Treatment
Specialist*

&

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INITIAL PROPOSAL



- Working with School Based Health Center
- Refer all students positive screened students to BHC
- Ready to quit students offered Not On Tobacco program (NOT)
- Incentives for attending and completing the 10 sessions

LIFE HAPPENS



- Prior to September 2022, staff trained, protocols developed
- Student artists created informational posters
- School starts – Trained BHC resigns position
- SBHC staff announce inability to carry through due to staff shortage
- Students vaping on campus is a concern

A NEW OPPORTUNITY

No Cost Extension & Strong Partnership



ALA INDEPTH – Alternative to Suspension

Curriculum Adjusted

- Original sessions increased by one
- Weekly lunch session
- On-going enrollment
- Continuous sessions through May 2022

Challenges

- Fidelity compromised
- Hard to track students
- Lack of group cohesiveness
- Mixed outcomes

RESULTS

- Students Enrolled – 18
- Ready to Quit – 61% were a 10 (0-10 scale)
- 66% completed all sessions
- One student completed NOT over the summer
- HRVHS Administration excited to continue the program in 2023-24 school year



TEAM



Jane Palmer
TTS Contractor



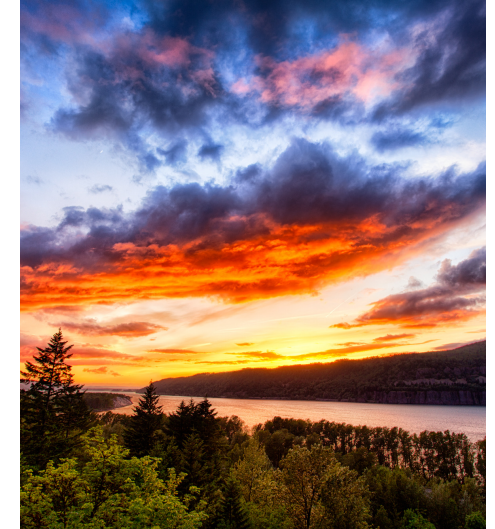
Kelsey Rairigh
Prevention Specialist



Belinda Ballah
HRCPD Director

SUMMARY

- The best laid plans can take a turn
- Building strong relationships provide great opportunity
- Asking for an extension and adaptation can be a bonus
- Providing information to students can potentially point them in a healthy direction
- Plan-Do-Study-Act and repeat





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THANK YOU

