

Hispanic Perspectives on End-of-Life



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End of Life Care Palliative Care Hospice Services



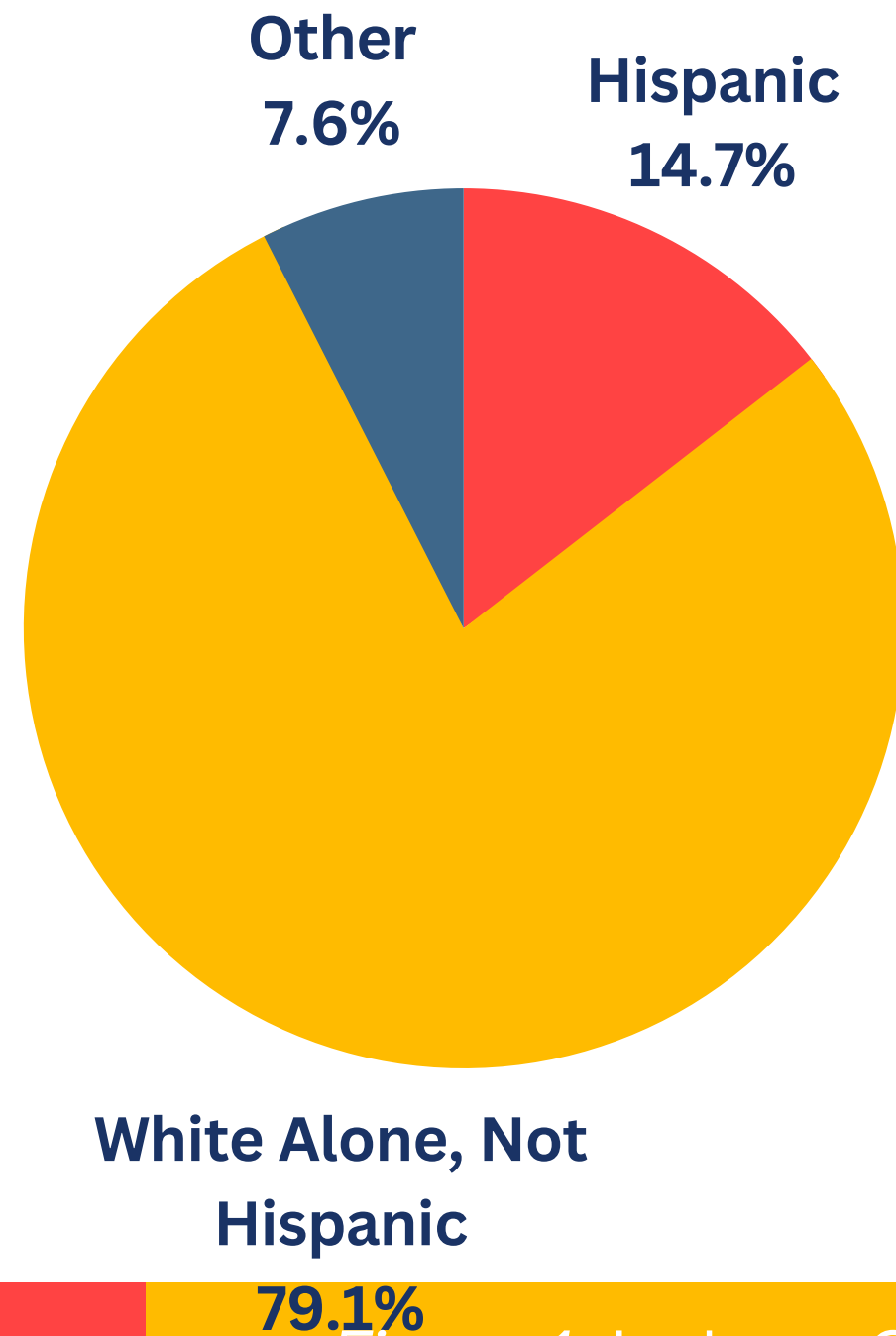
Background

LOCAL + NATIONAL DISPARITY

- EOL services underutilized in general
- Especially true of Hispanic population in Jackson County



Population



79.1%
*Figure 1. Jackson County
Population*

The Hispanic community is the largest minority group in Jackson County; making up 14.3% of the population.

(U.S. Census Bureau, 2022)





The U.S. Census indicates that the Oregon Hispanic population is growing and has grown faster than the national rate in each of the last three decades.

and we're growing..

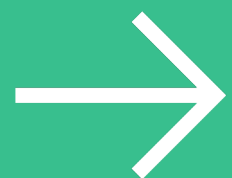
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Significance

HEALTH INEQUITIES

- **INDIVIDUALS**
- **FAMILIES**





OUR GOALS



**GAIN
PERSPECTIVE
+
TAKE ACTION**

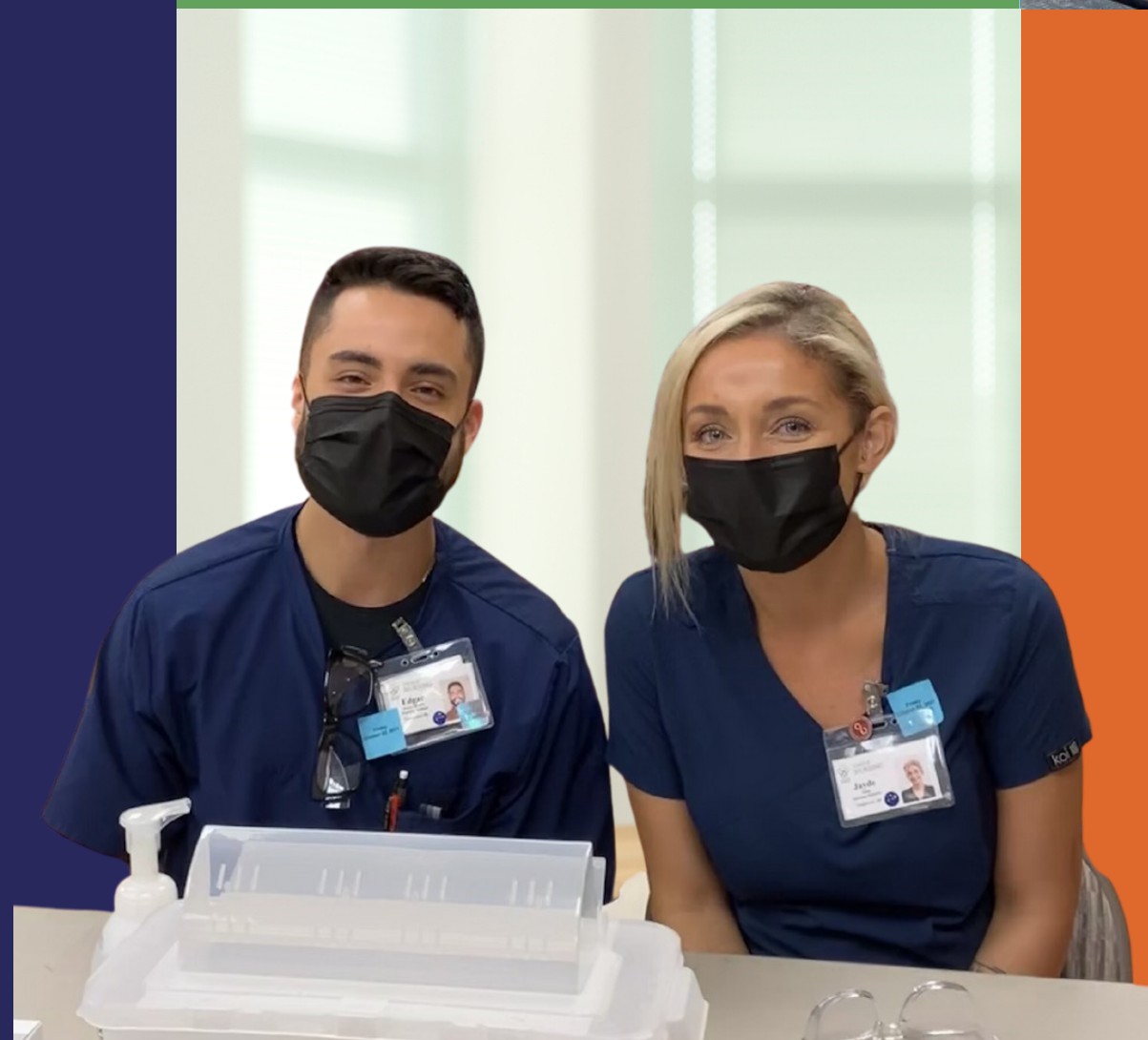
In Depth Interviews

- La Clinica
- Shepard of the Valley Catholic Church
- OHSU
- Word of Mouth

10
Interviews



\$250
Stipends



90
Minutes

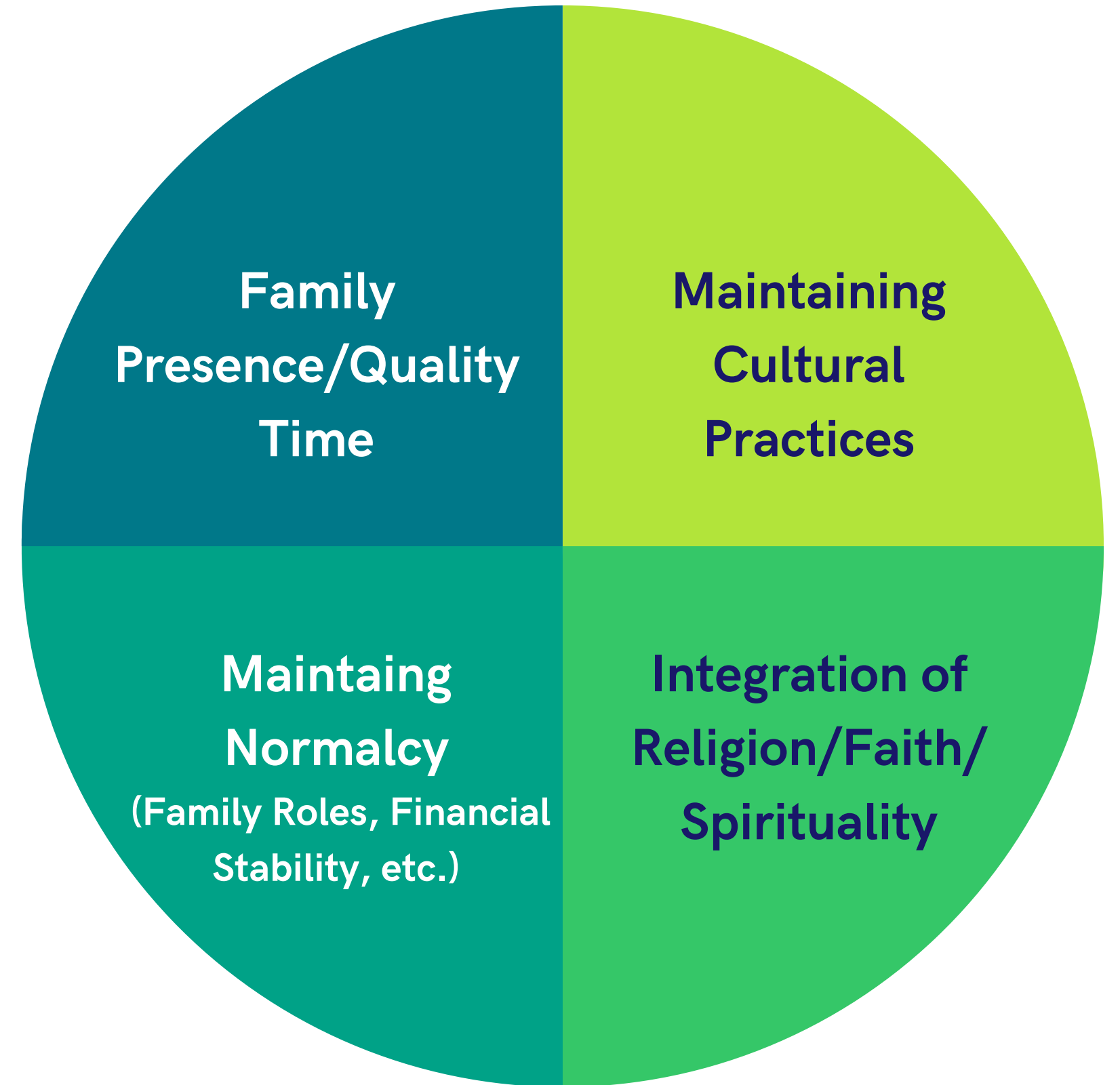


FINDINGS

EOL PREFERENCES

Consider your own....
Not out of the ordinary!

Right?



FINDINGS

**Concept of EOL
care is
unfamiliar or
misconceived
(negative connotation)**



- Abandoning family
- Suicide
- Giving up
- Isolated from family
- Exclusive to wealthy people

“Hospicio” often carried connotation of institutionalizing a loved one

FINDINGS a closer look at barriers

**PROVIDERS
NOT
OFFERING**

**Cancer patient
offered Death
with Dignity
but not EOL
care**

**IMMIGRATION
STATUS**

**"I don't
know who I
can trust"**

**LANGUAGE
BARRIER**

**Cancer patient was
told by RN she has
terminal illness
without physician
present**

**COMMUNITY
CULTURAL
DIVIDE**

**"White people
don't share
these things
with people of
color."**

“I didn’t know what else to do and I am worried my family could suffer.”

Reports of returning to Mexico

- Cheaper health care
- Lack of insurance
- Alternative therapies
- Felt there is no other choice
- Fears of jeopardizing family’s immigration status



10/10

**family/self-assume role of
caretaker**

9/10

**reported feeling overwhelmed
with caretaking**



TAKEAWAYS



Hispanic families in our community expressed **want and need** for EOL services, they are just unaware that they exist.

THANK YOU!



You matter because you are you, and **you matter** to the end of your life.

We will do all we can not only to help you die peacefully, but also to **live until you die.**

-Cicely Saunders