

The Linkage Project

The **Linkage Project** can connect you with health care and ways to be healthy in your community. **Linkage** participants can get support in meeting their health goals.

Healthy Advocates Club Sessions

Join Us!

Once a Month on Fridays
from 12:00 PM to 1:00 PM

Meeting via Zoom



You are invited to join a group of your peers in learning and discussing health-related topics.

Healthy Advocates Club Sessions

- Led by peer mentors with disabilities
- Discussions on meeting health goals
- Sharing and hearing from others about staying on track with healthy habits

Zoom Link:
[Click here](#)

Contact us:
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Oregon Office on Disability and Health

