

Cancer Awareness and Prevention for a Healthy and Thriving African Community



Background/Introduction

The significance of our project is to raise awareness about cancer prevention, early detection, and treatment options within refugee communities. This can empower individuals to seek timely medical care and make informed decisions about their health. Addressing cancer in immigrants & refugees requires a multifaceted approach. This includes advocating for improved healthcare access, providing culturally sensitive support services, and creating pathways for refugees to access appropriate medical care through outreach to build relationships & trust.

Aim of the project

Goals:

- 85% of participants will report feeling confident that if they or a family member were to be diagnosed with cancer the community would support them.
- 75% of participants will report having increased knowledge of breast, colorectal, and male reproductive cancers, cancer screenings, and the conditions for accessing resources and medical care.

Objectives:

- Encourage early detection, screening while raising awareness about cancer risk factors
- Educate access to healthcare services and system navigation
- Fight stigma about cancer through community engagement and advocacy
- Offer psychological support for cancer survivor

Key Partners

We extend our gratitude to the participants and communities involved in our community workshops and our key partners in ensuring the success of this project especially; Oregon Health & Science University, Community volunteers, Community leaders & Faith leaders.

Methods/Project Design

Target Population: The target population is refugee and immigrant communities, especially Somalis and Kenyans adults, aged 40-75, residing in Multnomah County.

Overview of the design of the project: Hold 3 workshops, at each workshop, participants completed a pre-and post-survey. The surveys were quasi-interviews since some community members have low literacy skills. The surveys collected qualitative and quantitative data.

Activities/efforts/initiatives: The project involved a curriculum development by staff and volunteers, holding community events for information about the cancer workshops, recruitment of participants, conducting the workshop, administration of pre and post surveys, meals and gift cards to the participants.

Time frame of the project:

Project start date: February 1, 2023 to January 31, 2024

Phase 1: Project planning phase (2/1/2023-4/30/2023)

Prepare surveys, develop curriculum & recruit volunteers.

Phase 2: Implementation phase (5/1/2023-09/30/2023)

Conduct pre surveys, hold three workshops and do post surveys.

Phase 3: Report preparation (10/1/2023-1/30/2024)

Draft report, Review report & Submit report.



Evaluation Plan

Evaluation Tools

Surveys: Conduct pre-project and post-project surveys to measure the community perception, knowledge, and behaviors of cancer.

Interviews: Conduct interviews with project participants, community leaders, and project staff to gather qualitative insights.

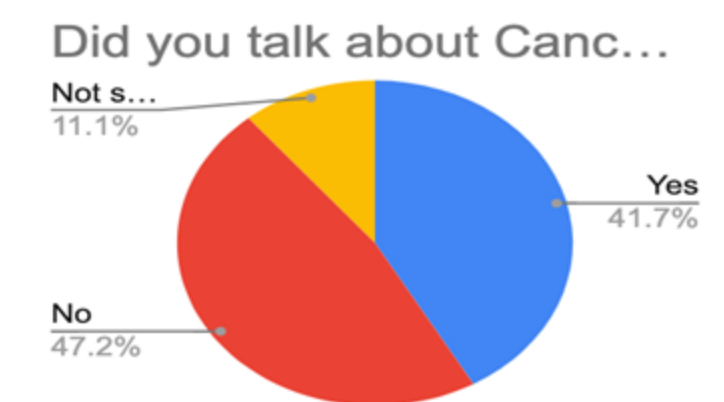
Focus Groups: Hold focus group discussions to gather in-depth feedback from community members.

Evaluation Timeline:

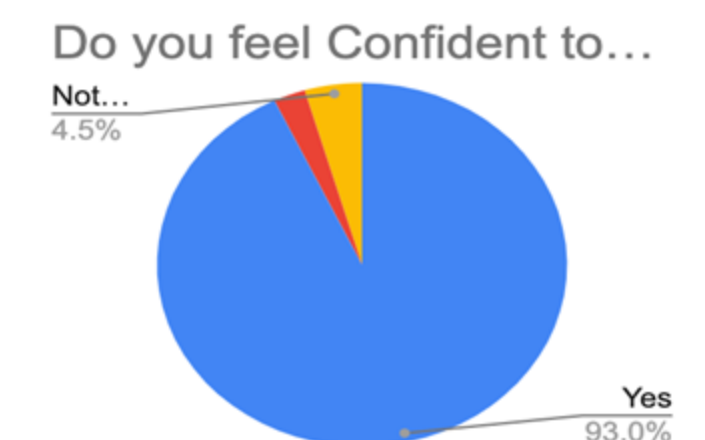
- Pre-project workshop surveys data collection: May 1 - 15, 2023
- Mid-project workshop surveys evaluation: Aug. 1 - 15, 2023
- Post-project workshop surveys evaluation: Dec. 1 - 15, 2023
- Final report and recommendations: Jan. 1 - 15, 2024

Results & Future Direction:

Pre-Survey:



Post-Survey:



References/Acknowledgements

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