Improve your health experience. Ask your provider today about I-CAN.

**Contact us**

**EMAIL** ican@ohsu.edu

**MAIL**

I-CAN
Mail Code:SN-4S
3455 S.W. Veterans Hospital Rd.
Portland, OR. 97239

**Community partners**

**Portland**
Lutheran Community Services
Catholic Charities
OHSU Family Medicine at Richmond
Mid-County Health Center

**Rockwood**
Gresham Fire and Emergency Services
Reynolds School District
Together We Are Greater Than
Wallace Medical Concern

What is I-CAN and what it means for you
How does I-CAN help you?

- We help you get access to health care services.
- We provide education on your health and wellness.
- We help you understand your medication.
- We help you with scheduling medical appointments and answering your questions.
- We connect you with community and health resources.

“My daughter didn’t have a dentist. The I-CAN students helped arrange an appointment.”

I-CAN PARTICIPANT

Help you with
- Getting medical, mental and dental care
- Scheduling appointments
- Nutrition education

Support you with
- Setting and completing goals
- Identifying concerns
- Answering questions about health care visits
- Helping to arrange medical transport
- Recieving access to safety devices

Connect you with community programs for
- Food
- Housing
- Assistance with bills
- Clothing and other basic supplies

Routine visits

Up to two hours of confidential weekly meetings with your nursing student team.

Meetings can happen in your home, medical office or public place of your choice.

Discuss and set health goals, and plan for meeting them in upcoming weeks.

We want to be a part of your family’s journey to health and well-being.