

New Student Orientation Resource Guide



Academic Success

Student Academic Support Services help learners in all programs and at all levels at OHSU find strategies for success. SASS will work with learners to develop personalized tools and approaches to help them study effectively and efficiently, including: memorization strategies, test-taking strategies, time management, focus, motivation, exam anxiety and more.

www.ohsu.edu/education/student-academic-support-services

Campus Access and Commute Services

OHSU is a unique campus with a variety of resources to assist with how your commute affects your time, budget and peace of mind. Explore OHSU's commute programs for transit, carpools, bikes, walking and more on our website. Take a moment to request a trip plan and we can do the research for you.

<https://www.ohsu.edu/visit/student>

Campus Store

OHSU has partnered with GIDI Promotions to offer logo branded apparel, head wear and accessories. Shop online or at the store located in the Student Center.

campusstore.ohsu.edu

Center for Diversity and Inclusion

CDI strives to build a vibrant community providing a close, collaborative working relationship with students and university staff that fosters partnership of respect, equity, and inclusion on the journey to becoming an anti-racist institution.

www.ohsu.edu/diversity

Your guide to
university, campus,
and student resources
available at OHSU.

Academic and Student Affairs

3181 S.W. Sam Jackson Park Road
Portland, OR 97239

www.ohsu.edu/education



OHSU is an equal opportunity, affirmative
action institution.

Communications

News relevant to all students can be found at [OHSU Now's Student Essentials](#) category. Information and resources across our many student services can be found by searching the website at [ohsu.edu](#). Our intranet site, [Student Central](#), also contains handy links and information on our student offerings.

o2.ohsu.edu/student-central *

Confidential Advocacy Program

The Confidential Advocacy Program supports students' rights to an education free from sexual violence, interpersonal violence, harassment, discrimination, and retaliation. CAP provides confidential emotional support, resources and reporting options, assists with crisis intervention and safety planning and ensures victim-survivors know their rights and options going forward.

www.ohsu.edu/CAP *

Education Debt Counseling and Financial Management

OHSU's Educational Debt Counseling and Financial Management program is dedicated to fostering a financially empowered learner community. Through one-on-one counseling sessions and interactive workshops, we provide lessons and resources to help learners manage their money by making informed decisions regarding educational debt and personal finances, including budgeting, borrowing responsibly, understanding personal credit, and more.

www.ohsu.edu/debt-counseling

Financial Aid

The Office of Student Financial Aid assists students in meeting their educational costs and needs. The team will review your application for aid and offer the best possible assistance to help cover the costs of attending OHSU and realizing your dream. The main phone line is 503-494-7800.

www.ohsu.edu/finaid

Food Resource Center

The Food Resource Center (FRC) is a resource that provides free, nourishing grocery items to all OHSU students. OHSU students can come to shopping hours during the week to shop for groceries or they can place an online order for pick-up. The FRC's goals are to increase access to no-cost and nutritious food; to offer access to food-related referral services; and to educate in the areas of food safety, nutrition, cooking and preserving food.

o2.ohsu.edu/food-resource-center *

Information Privacy and Security Office

The Information Privacy and Security Office is your resource for protecting the information you use in your role at OHSU. Many of the tools and tips you'll learn apply to your personal life, too.

o2.ohsu.edu/information-technology-group/information-privacy-security-ips *

Integrity Office

The Integrity Office helps learners to be successful at OHSU by promoting a culture of integrity. We do this by educating the community on important information through the Integrity Foundations and Booster courses in Compass. The courses include helpful reminders of the Code of Conduct, highlight emerging topics and compliance matters across OHSU, including policy review, and ensure that we uphold our responsibilities to each other and the people we care for.

In addition, the Integrity Office manages the confidential and anonymous Integrity Hotline that allows learners to voice concerns or ask questions while being protected from retaliation for such reporting. For more information, please refer to the Integrity Office site on O2.

o2.ohsu.edu/integrity-department/

Library

The OHSU Library advances learning, care, and knowledge discovery by providing access to relevant, quality information, technology and spaces. Our expert staff and librarians participate in your education and are available to respond to your questions and consult with you.

www.ohsu.edu/library

March Wellness and Fitness Center

March Wellness offers health and fitness programs, based in science, that are designed to strengthen and nurture all aspects of your daily life.

<https://www.ohsu.edu/march-wellness>

Office of Civil Rights Investigations and Compliance (OCIC)

The OCIC promotes collaboration and respect within the OHSU community and the Oregon community at large, seeking to foster an environment free of discrimination, harassment and inequity for employees, students, patients and visitors. We value equity, respect for all, access, inclusion and integrity. We're honored to develop, lead and share initiatives to improve OHSU's diverse community.

www.ohsu.edu/affirmative-action-and-equal-opportunity

Office of International Affairs

The Office of International Affairs provides immigration advice and services to international students. The services we provide include preparation of immigration paperwork to obtain student visas, information on maintaining student immigration status and international travel information. We also provide information and support to international students for obtaining employment authorization to work in the U.S. after graduation from their programs.

www.ohsu.edu/international-affairs

Office of Student Affairs

Student Affairs is here to ensure that OHSU delivers innovative and effective programs that provide you with a safe, supportive, enriching, and stimulating learning environment at our campuses throughout Oregon. The Office of Student Affairs serves to center the student's experience and to advance student success through inclusive programs, resource delivery, community engagement, specialized services, and faculty support of the student.

www.ohsu.edu/education/office-student-affairs

Ombuds

The Ombuds offers a safe space for confidential, neutral and informal reception of any OHSU faculty, employee, learner or volunteer with a concern about their experience at OHSU. The Ombuds will listen and review matters; help identify options; make inquiries and make referrals as appropriate; and/or facilitate resolutions in an impartial manner.

www.ohsu.edu/ombuds

Pregnancy and Parenting Resources

Thinking about expanding your family or already raising children? Find out how OHSU can accommodate your family, including academic adjustment and leave options in addition to child care options and lactation policies.

www.ohsu.edu/title-ix/pregnant-and-parenting

Public Safety

The Department of Public Safety promotes the safety and security of students, patients, employees and visitors. The department has state-certified police officers, community service officers, telecommunicators, and administrative staff that work 24 hours a day, seven days a week, to maintain the safety and security of the OHSU campuses.

www.ohsu.edu/public-safety

Registrar

The Office of the Registrar is responsible for academic records and supports course registration, grading, and transcript requests.

www.ohsu.edu/registrar

Student Access

Student Access supports OHSU's mission and values of diversity by providing equal access to its programs and services for students who experience a disability.

www.ohsu.edu/student-access

Student Center

Located on Marquam Hill, the Student Center is a place for OHSU students to gather, relax, decompress, or exercise. The Student Center offers a variety of activities and programs, and located on the first floor is the popular Food Resource Center sponsored by the Student Health and Wellness Center.

www.ohsu.edu/student-center

Student Council

The All-Hill Student Council is made up of elected student representatives from the College of Pharmacy, School of Dentistry, School of Medicine, School of Nursing, School of Public Health and the Graduate Student Organization. They meet to discuss new business within the schools and across the university, consider funding requests, plan and share events and receive departmental updates pertaining to all students at OHSU.

<https://www.ohsu.edu/education/all-hill-student-council>

Student Health Advisory Committee

Students from all schools as well as faculty and staff work to promote health and wellness on campus and serve as a guiding advisory forum for the Student Health and Wellness Center.

o2.ohsu.edu/student-central/health-wellness *

Student Health and Wellness Center

Student Health and Wellness Center is dedicated to providing exceptional and confidential health and wellness services to OHSU students, their adult dependents and postdoctoral scholars. Services include primary care, behavioral health, integrative medicine, and wellness programming.

www.ohsu.edu/student-health

Student Health Insurance Plan and Waivers

All students are required to have active health insurance while they are students at OHSU. Students will be enrolled in the student health insurance plan (SHIP) or must have comparable coverage that is approved through the waiver application. The OHSU HR benefits team can answer questions regarding SHIP or the waiver.

www.ohsu.edu/education/student-health-insurance-plan

Student Housing

The OHSU off-campus housing list will help you search or list local housing resources in and around the Portland Metropolitan Area. For assistance with housing providers and resources, contact the Office of Student Affairs at studentaffairs@ohsu.edu.

www.ohsu.edu/housing

Student Interest Groups

Student interest groups provide extracurricular activities for students to participate in and build meaningful networks with others who have similar interests.

www.ohsu.edu/student-interest-groups

Title IX

Title IX of the Education Amendments of 1972 and certain other federal and state laws are in place to prevent and address sexual/gender discrimination, harassment, and misconduct in employment and educational settings. OHSU complies with this law and provides support and assistance to students with reporting and responding to any related discriminatory behaviors.

www.ohsu.edu/title-ix

Teaching and Learning Center

OHSU's Teaching and Learning Center partners with all members of the education community to create meaningful, innovative and evidence-based learning experiences. The Teaching and Learning Center administers Sakai, our learning management system, and Blue, our course and instructor evaluation system.

www.ohsu.edu/education/teaching-and-learning-center