Targeted Nanoparticle Delivery of Placenta-specific Gene Therapy for In Utero Treatment of Fetal Growth Restriction

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## Fetal Growth Restriction

Occurs in 5-25% of all live births (geographically dependent)

Can occur in isolation or in combination with:

- Preeclampsia
- Genetic syndromes
- Congenital Heart Defects (birth weight major predictor of survival @5yrs)

Results in latrogenic premature delivery and NICU/ sequelae

Developmental Origins of Health and Disease – lifelong sequelae

Majority of cases have underlying placental insufficiency



## **Therapeutic Intervention**

Currently: Delivery & NICU admission

Future: Improve placental development/function-improve fetal growth?

The placenta is an ideal target for therapy: Transient Accessible via maternal circulation Discarded after birth

Needs to be targeted, specific, effective and safe

#### Nanoparticle: Trophoblast-specific promoter- hIGF-1 OH Co-polymer (non-viral) Self-assembly 1 hr @ RT Asel (5) pPlac1-hIGF1 NheI (1410) (5222 bp) hIGF1 Nanoparticle (NP) -XbaI (1970) **Transgene Plasmid**

(PLAC1 or Cyp19a promotor + hIGF1 gene)

Abd Ellah NH et al., Journal of Pharmaceutical Technology & Drug Research, 2014; 3(2)

#### Delivery & impact in mouse model & in vitro human syncytium







#### PLOS ONE

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#### Development of Non-Viral, Trophoblast-Specific Gene Delivery for Placental Therapy

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Nanoparticle mediated increased *insulin-like growth factor* 1 expression enhances human placenta syncytium function

ELSEVIER

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# Ex vivo Human Placenta Model

 Perfused for ~2-2.5 h
(samples collected)



• Added to maternal perfusate (samples collected) Texas Red conjugated NP

 Perfused for further ~1-1.5 h (samples collected)



## Syncytial uptake



# Next step up the ladder:





Roberts *et al.* 2001a & 2001b; Kind *et al.* 2003 & 2005; Elias *et al.* 2016 & 2017

# Guinea Pig placenta



Guinea Pig Cavia porcellus by Peter Kaufmann. placentation.ucsd.edu/guineabg/guinea02.htm

# GP placentas successfully endocytose the nanoparticle and recognize the Cyp19a1 promotor



**PBS-Sham** 

NP-Cyp19-GFP

#### NP delivery has no adverse impact on placental or fetal development in mid-pregnancy



Data Estimated Means + SE Adjusted for GD & #Pups; Maternal ID treated as a random effect n = 4-7 dams per group

# Restricted diet reduces fetal and placental weight at mid-pregnancy (5 day treatment)





Nanoparticle treatment increases fetal glucose concentrations & transporter expression in MVM of syncytiotrophoblast



#### Impact of FGR model on Placenta Signaling

Function	Reactome Pathways through Panther	over-representation	p-value
Stress Response	Cellular responses to stress (R-RNO-2262752)	2.04	4.68E-02
	Cellular response to hypoxia (R-RNO-1234174)	6.16	4.83E-03

#### MTOR pathway response dependent on maternal diet/fetal phenotype



### Treating Fetal Growth Restriction (FGR) in Animal Models



IGF-1 Nanoparticle Gene Therapy



- Human in vitro: Wilson, R. L., et al. (2020). Placenta 93: 1-7.
- Mouse surgical-ligation model: Abd Ellah, N., et al. (2015). PLoS One 10(10): e0140879.
- Mouse genetic k/o FGR model: Wilson, R. L., et al. (2021). Am J Physiol Regul Integr Comp Physiol 320(5): R653-R662.

- Guinea pig FGR model:
  - Wilson, R. L., et al. (2021). Pediatr Res. 89(7): 1673-1680
  - Wilson, R. L., et al (2022). Mol Repro Develop.
  - Davenport, B.N., et al (2023). Front Physiol.

Short term treatment improves placental signaling, regulates fetal supply of oxygen, glucose, aa's,







P values calculated using generalized estimating equations. \*P<0.05; \*\*P<0.01; \*\*\*P<0.001

# Placental Efficiency is normalized



n = 6 Control-sham dams; 6 MNR-sham dams; 5 MNR-hIGF1 NP dams
Data are estimated marginal mean +/- 95% CI
P values calculated using generalized estimating equations. \*P<0.05; \*\*P<0.01; \*\*\*P<0.001</li>

# Mechanisms indicate sexual dimorphism



Data are estimated marginal mean +/- 95% CI

P values calculated using generalized estimating equations. \*P<0.05; \*\*P<0.01; \*\*\*P<0.001

### Regulation of Intracellular signaling





Improved placental function ameliorates mechanisms of fetal programming

- We now have evidence of signaling/structure improvement following placental treatment in guinea pigs:
- Fetal brain
- Fetal blood-brain barrier
- Fetal liver
- Fetal kidney
- Fetal heart

# Blood-brain barrier – mid-pregnancy



- Placenta nanoparticle treatment normalized mRNA expression of Ocln and Tjp1 in brain tissue of growth restricted females but not males
- In FGR, Tgf- $\beta$  signaling may function in a sex-dependent feedback manner to maintain BBB integrity.

# Multiple treatment ameliorates brain sparing



MNR changes mRNA expression of gluconeogenesis enzymes in female fetal livers, which is potentially prevented with multiple placenta nanoparticle treatments

• Near-term, multi treated, female fetal liver



Preliminary Study **N = 3 dams per group** Data are mean ± 95% confidence interval. P value determined using Generalized Estimating Equations

Multiple placenta nanoparticle treatments reduces expression of gluconeogenesis enzymes in male fetal livers at late pregnancy

• Near-term, multi treated, male fetal liver



Preliminary Study **N = 3 dams per group** Data are mean ± 95% confidence interval. P value determined using Generalized Estimating Equations

# Another step up the species ladder

NHP Macaque; Wisconsin National Primate Center

PLAC1-transgene plasmid complexed with a HPMA-DMEAMA co-polymer and delivered at approximately gestational day 100.

Fetalectomy performed 48 hours (n = 3)

10 days (n = 3)

#### Non-Human Primate Placenta Successful NP delivery and transgene expression @48 hours & 10 days.



#### NP-IGF-1 is functional in NHP placenta



N = 3 placentas per group (mixed fetal sex). Data are estimated mean +/- 95% CI

# Placental & maternal assessment

Histopathological assessment showed no difference in the occurrence of histological legions at 48 h or 10 days (independent pathology blind review)

No evidence of immune infiltration by histology and CD45 IHC

At 48 h, expression of the glucose transporter Slc2A1 increased in the MVM of syncytium, and this was sustained at 10 days.

Treatment had no impact on maternal CBC, P2 or E2 levels at either 48 h or 10 days.

### Summary

- Intervention via placental therapy after establishment of fetal growth restriction is feasible
- Nanoparticle delivery is safe, effective, no off-target effects and does not cross the placenta
- Improving placental development, structure, signaling and function improves the in utero environment
- Fetal sex differences exist in intracellular signaling mechanisms of FGR and following intervention but therapy effective in both sexes
- Response to placental therapy in healthy non-human primates reflects that of the control Guinea Pigs demonstrating specificity of delivery and placental homeostasis to prevent fetal overgrowth (in cases of misdiagnosis of FGR)
- The potential for targeted placental therapy is not limited to FGR......

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