

The Linkage Project

Healthy Advocates Club Sessions

Join Us!

Once a Month on Fridays
from 12:00 PM to 1:00 PM

Meeting via Zoom



As a **Linkage Project** participant, you are invited to join a group of your peers in learning and discussing health-related topics.

Healthy Advocates Club Sessions

- Led by peer mentors with disabilities
- Discussions on meeting health goals
- Sharing and hearing from others about staying on track with healthy habits

Zoom Link:
[Click here](#)

Ask your Linkage Staff about joining today!



Oregon Office on Disability and Health

