

The Linkage Project

Information for Potential Participants

The Oregon Office on Disability and Health has a new health program called the **Linkage Project**. The **Linkage Project** can connect you with health care and ways to be healthy in your community!

The **Linkage Project** may be for you if:

- You have a health need that is not being met
- You have a health goal you want to work on
- You want to learn about your health and wellbeing
- You want to connect with resources to better your health



You will be asked if you want to:

- Tell us about your health and health care
- Share what your health goals are
- Learn about preventive health care and healthy habits
- Share your information with the Oregon Office on Disability and Health

Contact our Linkage Team at oodhlink@ohsu.edu



Oregon Office on Disability and Health



OHSU

How does the **Linkage Project** work?

For this project, you will meet about 5 times with a Linkage Team Member over a 3-month period of time. These meetings will be on the phone or on Zoom.

Month 1



Learn about the Linkage Project

Complete health history and sign-up

Set goals and get health education

Month 2



Get referrals to resources

Check-in and further support

Month 3



Final check-in

Meet the Linkage Team



Kelsey Weinstein, M.A.
Linkage Coordinator



Emily Dinwiddie, M.Ed.
Linkage Specialist