

Travel and logistics guide for visiting residents

Stipend

Visiting residents will receive a \$3000 stipend for travel, housing, and meal expenses. The stipend will be dispersed by check on the first day of the rotation.

Flights

Portland International Airport (PDX) is about 15 miles from campus. Alaska, Delta, Southwest, and United all offer nonstop flights from many major cities.

We recommend arriving one day prior to the start of your rotation to settle in and familiarize yourself with the area and travel options to campus. Getting from the airport to your housing is easy by Lyft, Uber, or taxi; you can also ride the Max light rail (map your trip at https://trimet.org/home).

Housing

Visiting residents are responsible for identifying their own housing. Public transportation is available from all Portland neighborhoods, as well as neighboring cities like Beaverton and Milwaukie. OHSU's Marquam Hill campus (where Doernbecher Hospital is located) is in Southwest Portland. Resources for finding affordable housing during your stay include: <u>Airbnb, Rotating Room</u>, and <u>Furnished Finder</u>.

Getting to campus

The address for Doernbecher Children's Hospital is: 700 S.W. Campus Drive, Portland, Oregon 97239. <u>Public transportation</u> is available from all neighborhoods.

On your first day, your fellowship program coordinator will arrange to meet you on campus to get your badge and introduce you to your faculty mentor and/or near-peer mentor.

OHSU resources

OHSU Campus Maps: <u>https://www.ohsu.edu/visit/maps</u> OHSU Campus Access and Commute Services: <u>https://www.ohsu.edu/visit/about</u> OHSU Food and Nutrition Services – Where to Eat: <u>https://www.ohsu.edu/food-nutrition/where-eat</u>

Getting to know Portland

Travel Portland: https://www.travelportland.com

OHSU Living in Portland site: <u>https://www.ohsu.edu/education/living-portland</u> Trimet (Portland area buses and light rail): <u>https://trimet.org/home</u>

Stuff we love about Portland

There is a lot to love about Portland, but here are a few of our favorite spots and outings:

<u>Food carts!</u> <u>Forest Park</u> <u>Rose Garden</u> <u>Portland'5 Center for the Arts</u> <u>Powell's Books</u> <u>Hood River</u> and <u>Mt. Hood</u>

Sauvie Island

<u>McMinnville</u>