



Oregon Nutrition Day

“When is Food Medicine?”

9:00 a.m.	Welcome Message	Leslie Myatt, Ph.D., FRCOG , Endowed Professor and Director, Moore Institute, OHSU
Moderator: Kent Thornburg, Ph.D. , OHSU		
9:15 a.m.	<i>How Men's Diets Influence the Health of the Fetus</i> Keynote	Adam Watkins, Ph.D. , Associate Professor, Reproductive & Developmental Physiology, University of Nottingham, U.K.
10:00 a.m.	<i>Food Hero</i>	Lauren Tobey, M.S., R.D. , Associate Professor of Practice, Food Hero Social Marketing Manager, Oregon State University
10:30 a.m. Break		
Moderator: Richard Lowensohn, M.D. , OHSU (retired)		
10:45 a.m.	<i>Nutrition and Heart Disease</i>	Tracy Severson, R.D. , Instructor, Center for Preventive Cardiology, Knight Cardiovascular Institute, OHSU
11:15 a.m.	<i>Prevention of Diabetes After Gestational Diabetes: What We Know</i>	Christie Naze, R.D., LD, CDCES , Clinical Dietitian Specialist, Center for Women's Health
11:45 a.m.	<i>Medically Tailored Meals</i>	Jody Grant , Director of Operations, Meals on Wheels People Connie Gilfillan , Director of Business Development, Meals on Wheels People
12:15-1:15 p.m. Lunch		
Moderator: Joanne Rogovoy , March of Dimes		
1:15 p.m.	<i>Nutrition and Incarcerated Women</i>	Rima Green, M.P.H. , Director, Lettuce Grow Program, Growing Gardens
1:45 p.m.	<i>Food as Medicine for a Healthy Planet</i>	Diane Stadler, Ph.D., R.D., LD , Professor of Medicine; Director, Graduate Programs in Human Nutrition and Dietetic Internship, OHSU
2:30 p.m. Break		

Moderator: **Liana Haywood, M.P.H.**, OHSU

2:45 p.m.	<i>Nutrition Oregon Campaign Panel: Lifespan of a community hub, from crawling to soaring</i>	Panel moderator: Monica Cuneo, M.P.H. , NOC Director Panelists: Jessica Hand , Executive Director, Thrive Umpqua Olivia Williams , Community Prevention & Wellness Coordinator, Yamhill County Health & Human Services Kelsey Mueller Wendt , Policy Manager, Healthy Klamath Lindsay Grosvenor, R.D. , Valley Food Systems Partnership Project Coordinator, Oregon Food Bank Southeast Oregon Services
4:00 p.m.	<i>Gut Microbiota and Health: Food Fad or Bacterial Therapy</i>	Bob Martindale, M.D., Ph.D. , Professor of Surgery, Division of Gastrointestinal Surgery; Medical Director, Hospital Nutrition Services, OHSU
4:30 p.m.	Closing Remarks	Leslie Myatt, Ph.D., FRCOG , Endowed Professor and Director, Moore Institute, OHSU



Bob and Charlee Moore Institute for Nutrition & Wellness

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