

Patient Assessment for the MISHA™ Knee System

OHSU is evaluating patients for a new surgical treatment for osteoarthritis (OA) of the knee. Dr. Dennis Crawford was a lead investigator in all the U.S. FDA regulated trials of this treatment and he has the most experience of any surgeon in North America with this procedure.

Good candidates:

- Patients with **early to moderate osteoarthritis of the medial knee, where pain with standing/walking limits daily activity.**
- Patients with **prior medial meniscectomy are often good candidates.**
- Patients who **also have other injury to the knee may be candidates.**
 - For example, meniscal or ligament injury, if present, may be treated at the time of MISHA™ procedure.
- **The device is for the medial knee only in adults.**

Those who are not candidates:

- Patients with advanced (e.g. “bone on bone”) osteoarthritis, who are candidates for total knee replacement.
- Patients with unexplained knee pain.
- Patients with inflammatory joint disease or collagen diseases.
- Patients with failed total joint replacement in the symptomatic knee.
- Current or recent infection about the symptomatic knee.
- Patients with BMI > 35.

What you must have to be evaluated:

1. **An X-ray from the past year that shows you have medial knee osteoarthritis (OA).**
2. **An X-ray from the past year that does not show significant OA in other parts of knee.**
3. **Documented failure of non-surgical attempts to manage your OA for no less than 3 months.** This could be one or more of the following:
 - Physical therapy notes
 - Prescription/medication records
 - Record of attempt at bracing
 - Medical chart notes from a PCP or other medical provider describing failures

If you meet these requirements and your insurance allows, we can schedule you for a video medical visit to review your history and offer the potential for treatment with MISHA™.

