



## 2023 Forum on Aging in Rural Oregon Agenda-at-a-Glance

### Track Key:

**Track 1:** Clinical (C)

**Track 2:** Social Determinants of Health (SDOH)

**Track 3:** Policy, Programs, Resources (PPR)

Day	Time	Track, Location	Title	Presenters
MONDAY, MAY 15				
PRE-FORUM WORKSHOP (All Forum attendees are welcome!)				
Monday May 15	9:00 a.m. - 12:00 p.m.	PRE-FORUM WORKSHOP Necanicum West	Advocacy Workshop: Pathways to Informed and Effective Policy and Advocacy for Oregon's Older Adults and People with Disabilities	Dr. James Davis   Oregon State Council for Retired Citizens, United Seniors of Oregon & Oregon Consumer League
FORUM BEGINS				
Monday May 15	1:00 p.m. - 2:00 p.m.	Pacific Room	Welcome & Opening Remarks	Stepha Dragoon, LMSW, MPAff   Oregon Office of Rural Health Senator Deb Patterson   Oregon State Legislature Keren Brown Wilson, PhD   Jessie F. Richardson Foundation
Monday May 15	2:00 p.m. - 3:00 p.m.	PLENARY SESSION Pacific Room	Building an Age-Friendly Ecosystem in Oregon	Stephanie Hooper   AGE+ Peggy Maguire   Cambia Foundation Bandana Shrestha   AARP Oregon

Monday May 15	Concurrent Session 1 3:10 p.m. - 4:10 p.m.	Track 3 (PPR) Necanicum West	Moving Advance Care Planning Upstream: Using Serious Illness Conversations to Promote Goal-Concordant Care and Increase Patient, Family, and Clinician Well- Being	Annette Totten, PhD   Oregon Health & Science University
Monday May 15	Concurrent Session 1 3:10 p.m. - 4:10 p.m.	Track 1 (C) Riverside Rooms AB	End-of-Life Doulas in Rural Oregon: Improved Support for Living with Advanced Illness	Erin Collins, MN RN CHPN   The Peaceful Presence Project Elizabeth Johnson, MA   The Peaceful Presence Project
Monday May 15	Concurrent Session 1 3:10 p.m. - 4:10 p.m.	Track 3 (PPR) Seaside Rooms ABC	Emergency Preparedness & Older Adults: Special Considerations for Preparedness and Recovery	Teresa Mutschler   Douglas Public Health Network Vanessa A. Becker   Douglas Public Health Network
Monday May 15	4:15 p.m. - 5:00 p.m.	Lobby	Networking & Happy Hour	
TUESDAY, MAY 16				
Tuesday May 16	8:30 a.m. - 8:50 a.m.	Pacific Room	Breakfast & Announcements	
Tuesday May 16	9:00 a.m. - 10:00 a.m.	PLENARY SESSION Pacific Room	The Big 3: Aging, Housing and Behavioral Health Supports	Lucy Zammarelli, MA, CADC3, QMHP   Lane County Health & Human Services Randi Moore   Oregon Cascades West Council of Governments
Tuesday May 16	Concurrent Session 2 10:10 a.m. - 11:10 a.m.	Track 2 (SDOH) Necanicum West	Accelerated Aging in Our Communities: Identifying Risk and Areas for Opportunity	Laura K. Byerly, MD   Oregon Health & Science University

Tuesday May 16	Concurrent Session 2 10:10 a.m. - 11:10 a.m.	Track 3 (PPR) Riverside Rooms AB	Improving Parkinson's Education for Rural Providers Through Project ECHO	Suvi Neukam, DO   Oregon Health & Science University
Tuesday May 16	Concurrent Session 2 10:10 a.m. - 11:10 a.m.	Track 3 (PPR) Seaside Rooms ABC	Advance Directive Community Awareness Campaign: An Innovative Model for Reaching Underserved Communities	Lorena Sprager, CHW   The Next Door, Inc.
Tuesday May 16	11:20 a.m. - 12:20 p.m.	LUNCH Pacific Room	Lunch & Online Community for Aging Services Professionals	Stepha Dragoon, LMSW, MPAff   Oregon Office of Rural Health
Tuesday May 16	Concurrent Session 3 12:30 p.m. - 1:30 p.m.	Track 3 (PPR) Necanicum West	Out Here on My Own: Using Creative Engagement to Reduce Loneliness and Isolation	Ann McQueen, PhD   TimeSlips Creative Storytelling Kera Magarill, MA   Washington County Disability, Aging and Veteran Services
Tuesday May 16	Concurrent Session 3 12:30 p.m. - 1:30 p.m.	Track 1 (C) Riverside Rooms AB	Strengthen Your Body: A Muscle-Building Checklist for Older Adults	Erin Fredericks, MScN   FAMILIAR Foods
Tuesday May 16	Concurrent Session 3 12:30 p.m. - 1:30 p.m.	Track 2 (SDOH) Seaside Rooms ABC	Community Health Workers: Models to Improve Care for Rural Elders	Oralia Mendez, MPH, CHW   OSU Center for Health Innovation Jodi Ready, MD FACP   Providence Hood River Internal Medicine Clinic Moderation by Sarah Andersen   Oregon Office of Rural Health

Tuesday May 16	Concurrent Session 4 1:40 p.m. - 2:40 p.m.	Track 1 (C) Necanicum West	Supporting Long-term Care Workforce Well- Being	<b>Paula Carder</b>   Institute on Aging, Portland State University/OHSU-PSU School of Public Health <b>Raeann Voorhies</b>   Vanda Health <b>Leah Brandis</b>   Oregon ECHO Network-OHSU
Tuesday May 16	Concurrent Session 4 1:40 p.m. - 2:40 p.m.	Track 3 (PPR) Riverside Rooms AB	Compassionate Presence Project: Collaboration in Action for Person- Centered Care	<b>Elizabeth Johnson, MA</b>   The Peaceful Presence Project <b>Erin Collins MN RN CHPN</b>   The Peaceful Presence Project <b>Angela Franklin</b>   Options for Southern Oregon, Older Adult Behavioral Health Initiative
Tuesday May 16	Concurrent Session 4 1:40 p.m. - 2:40 p.m.	Track 2 (SDOH) Seaside Rooms ABC	A Community-Based Approach to Address SDOH in Patient Care Coordination	<b>Seema Rathor</b>   Comagine Health <b>Alexandra Topper, MPH</b>   Comagine Health
Tuesday May 16	2:40 p.m. - 3:15 p.m.	Lobby	Break & Refreshments	
Tuesday May 16	Concurrent Session 5 3:15 p.m. - 4:15 p.m.	Track 2 (SDOH) Necanicum West	Circles of Care Hood River: A Case Study in Standing Up a Reciprocal Volunteer Program	<b>Scott McKay</b>   AGE+ <b>Rita Rathkey</b>   AGE+ <b>Amy Mallett</b>   Hood River Adult Center
Tuesday May 16	Concurrent Session 5 3:15 p.m. - 4:15 p.m.	Track 3 (PPR) Riverside Rooms AB	Dementia in Rural Oregon: Envisioning Support Across the Care Continuum	<b>Dr. Beth Mastel-Smith</b>   The University of Texas at Tyler <b>Dr. Walter Dawson</b>   OHSU School of Medicine and PSU, Institute on Aging <b>Rod Harwood, MDiv, MA,</b> <b>QMHP-C</b>   GOBHI

Tuesday May 16	Concurrent Session 5 3:15 p.m. - 4:15 p.m.	Track 3 (PPR) Seaside Rooms ABC	<b>Suicide Prevention: OHA Initiatives with Older Adults Living in Rural Areas</b>	<b>Debra Darmata, M.S.</b>   Oregon Health Authority <b>Nirmala Dhar, LCSW, ACSW</b>   Oregon Health Authority
<b>WEDNESDAY, MAY 17</b>				
Wednesday May 17	8:30 a.m. - 8:50 a.m.	Pacific Room	<b>Breakfast &amp; Announcements</b>	
Wednesday May 17	9:00 a.m. - 10:00 a.m.	PLENARY SESSION Pacific Room	<b>Are We Ready? Meeting the Behavioral Health Needs of Older Adults in Rural Oregon</b>	<b>Nirmala Dhar, LCSW, ACSW</b>   Oregon Health Authority <b>Walter Dawson, DPhil</b>   Oregon Health & Science University - Portland State University <b>Maureen Nash, MD, MS, FAPA, FACP</b>   Providence ElderPlace PACE Oregon
Wednesday May 17	Concurrent Session 6 10:15 a.m. - 11:15 a.m.	Track 3 (PPR) Necanicum West	<b>Climate Emergencies and Resources for Building Resilience</b>	<b>Nicki Holmes</b>   Aging and People with Disabilities, Oregon Dept of Human Services <b>Chad Knowles</b>   Office of Resilience and Emergency (OREM), Oregon Dept of Human Services <b>Stephanie Sheelar</b>   Senior and Disability Services, Lane Council of Governments <b>Jacklyn Kohon</b>   Institute on Aging, Portland State University <b>Dani Himes</b>   Institute on Aging, Portland State University
Wednesday May 17	Concurrent Session 6 10:15 a.m. - 11:15 a.m.	Track 2 (SDOH) Riverside Rooms AB	<b>Health Literacy and Systemic Ageism: Achieving Better</b>	<b>Cliff Coleman, MD, MPH</b>   Oregon Health & Science University

			<b>Outcomes for Older Adults Through Clear Communication</b>	
Wednesday May 17	Concurrent Session 6 10:15 a.m. - 11:15 a.m.	Track 1 (C) Seaside Rooms ABC	<b>TalkOregon: Empowering Clinicians to Excellence in Compassionate Communication</b>	<b>Katie H. Stowers, DO</b>   OHSU Center for Ethics in Healthcare; Section of Palliative Care <b>Briana Ketterer MD, MS</b>   OHSU Section of Palliative Care; OHSU Center for Ethics in Healthcare <b>Jared Chiarchiaro</b>   Oregon Health & Science University
Wednesday May 17	11:15 a.m. - 11:45 a.m.	Lobby	<b>Break, Refreshments &amp; Prizes</b>	
Wednesday May 17	Concurrent Session 7 11:50 a.m. - 12:50 p.m.	Track 3 (PPR) Necanicum West	<b>LGBTQ+ Older Adult Survey – What’s Next? Addressing Survey Gaps</b>	<b>Naomi Sacks</b>   Oregon Department of Human Services, Office of Aging & People with Disabilities <b>Deb McCuin</b>   Oregon Department of Human Services, Office of Aging & People with Disabilities
Wednesday May 17	Concurrent Session 7 11:40 a.m. - 12:50 p.m.	Track 2 (SDOH) Riverside Rooms AB	<b>Scams &amp; Fraud: Impact on Seniors</b>	<b>Carmel Perez Snyder</b>   AARP Oregon <b>Suzanne Knight</b>   AARP Oregon
Wednesday May 17	Concurrent Session 7 11:40 a.m. - 12:50 p.m.	Track 1 (C) Seaside Rooms ABC	<b>Let's Talk About Sex, Sexual Health and Aging</b>	<b>Jessica Wright PA-C</b>   Oregon Health & Science University <b>Nick Kinder, AGNP-C</b>   Oregon Health & Science University
Wednesday May 17	12:50 p.m.		<b>Forum Concludes!</b>	