

Temporary outpatient visitor guidelines

At OHSU, we believe that the support of friends and family is an important part of healing for a patient. In light of the COVID-19 coronavirus, we have had to make some temporary changes to our visitor policy to keep everybody safe. As of September 12, 2022, most patients can have can have 2 visitors with them in most cases (1 visitor for adult surgery and procedure areas).

What are the rules for being with a patient?



- **We still require masks in certain areas** of our hospitals and clinics — such as in the ER, cancer units, ICU, etc. We strongly recommend that everyone wear a mask when visiting OHSU. Anyone with COVID symptoms must still wear a mask.
- We request (but not require) all visitors to either be **fully vaccinated** or have a **negative COVID-19 test result**, taken in the last 72 hours.
- **Do NOT** visit OHSU if you have any of these symptoms: fever of over 100° F in the past 48 hours, cough (not from seasonal allergies), shortness of breath or difficulty breathing, body aches or muscle pain (not from exercise), chills, headache (that is unusual for you), sore throat, runny nose or congestion (not from seasonal allergies), new loss of taste or smell, diarrhea, nausea/vomiting.
- In areas where it is required, wear an approved **mask** that fully covers your nose and mouth. It should be tight fitting and worn for the entire visit to help prevent the spread of COVID-19.
- **Clean your hands** every time you enter or leave the building and any patient or exam room. Use hand sanitizer or wash with soap and water for 20 seconds.
- **Stay in the patient's room.** Limit how much you move around the building (cafeteria, hallways, etc.).
- We may ask you to wait at home or outside if the patient is not in their room.
- We may limit visits in open treatment areas.
- If you do not wear your mask or other protective gear where required, we will ask you to leave.

How is OHSU keeping people safe in the hospital?



- OHSU has always had strict controls in place to stop the spread of infection. We are taking extra steps to keep patients, staff and visitors safe from COVID-19 by doing things like:
 - Following CDC guidance to reduce the spread
 - Requiring patients, visitors and staff to wear masks in areas with the greatest risk
 - Using more video and phone visits
 - Requiring most non-clinical staff to telecommute

How is OHSU responding to COVID-19?



- OHSU always has plans in place for disease outbreaks, and we are participating with state and local public health officials to coordinate a regional response to the coronavirus. The goal remains to contain the spread of the virus, known as SARS-CoV-2. Learn about OHSU's response to the pandemic at www.ohsu.edu/coronavirus.

Friends and family are important! Please connect with your loved ones often over the phone or through electronic communication.

➤ For more information on the coronavirus and COVID-19, visit www.ohsu.edu/coronavirus.