### G8 questionnaire

<table>
<thead>
<tr>
<th>Items</th>
<th>Possible answers (score)</th>
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</table>
| A Has food intake declined over the past 3 months due to loss of appetite, digestive problems, chewing or swallowing difficulties? | 0 : severe decrease in food intake  
1 : moderate decrease in food intake  
2 : no decrease in food intake |
| B Weight loss during the last 3 months                               | 0 : weight loss > 3 kg  
1 : does not know  
2 : weight loss between 1 and 3 kgs  
3 : no weight loss |
| C Mobility                                                           | 0 : bed or chair bound  
1 : able to get out of bed/Chair but does not go out  
2 : goes out |
| E Neuropsychological problems                                       | 0 : severe dementia or depression  
1 : mild dementia or depression  
2 : no psychological problems |
| F Body Mass Index (BMI (weight in kg) / (height in m²))              | 0 : BMI < 19  
1 : BMI = 19 to BMI < 21  
2 : BMI = 21 to BMI < 23  
3 : BMI = 23 and > 23 |
| H Takes more than 3 medications per day                             | 0 : yes  
1 : no |
| P In comparison with other people of the same age, how does the patient consider his/her health status? | 0 : not as good  
0.5 : does not know  
1 : as good  
2 : better |
| Age                                                                 | 0 : >85  
1 : 80-85  
2 : <80 |

**TOTAL SCORE**  0 – 17