

The Anchored BPRS-C-9 (Nine Item Version)

Child's Name: _____	ID: _____
Age: _____	Gender: M F Ethnicity: _____
Examiner: _____	Date: _____
Interviewee: Child Mother Father Other (specify) _____	
Total Score: _____	

Not Present	Very Mild	Mild	Moderate	Mod. Severe	Severe	Extremely Severe
0	1	2	3	4	5	6

1. Uncooperativeness - negative, uncooperative, resistant, difficult to manage.

Not present: Cooperative, pleasant.
Mild: Occasionally refuses to comply with rules and expectations, in only one situation/setting.
Moderate-severe: Persistent failure to comply with rules/expectations in more than one setting. Causes frequent impairment in functioning.
Extremely Severe: Constantly refuses to comply with rules and expectations, delinquent behaviors, running away. Causes severe impairment in functioning in most situations/settings.

0 1 2 3 4 5 6

2. Hostility - angry or suspicious affect, belligerence, accusations and verbal condemnation of others.

Not present: Cooperative, pleasant.
Mild: Occasionally sarcastic, loud, guarded, quarrelsome. Causes mild dysfunction in one situation or setting.
Moderate-severe: Causes frequent impairment in several situations/settings.
Extremely Severe: Assaultive, destructive. Causes severe impairment in functioning in most situations/settings.

0 1 2 3 4 5 6

3. Manipulativeness - lying, cheating, exploitive of others.

Not present: Not at all.
Mild: Occasionally gets in trouble for lying, may cheat on occasions.
Moderate-severe: Frequently lies/cons/manipulates people he knows. Causes frequent impairment in functioning in several situations/settings.
Extremely Severe: Constantly relates to others in an exploitive/manipulative manner, cons strangers out of money/situations. Cause severe impairment in functioning in most situations/settings.

0 1 2 3 4 5 6

4. Depressed Mood - sad, tearful, depressive demeanor.

Not present: Occasionally/quickly disappears.
Mild: Sustained periods/excessive for event.
Moderate-severe: Unhappy most time/no precipitant.
Extremely Severe: Unhappy all time/psychic pain. Causes severe impairment in functioning.

0 1 2 3 4 5 6

5. Feelings of Inferiority - lacking self-confidence, self-depreciatory, feeling of personal inadequacy.

Not present: Feels good/positive about self.
Mild: Occasionally feels not as good as others/deficits in one area.
Moderate-severe: Feels others are better than they are. Gives negative, bland answers, can't think of anything good about themselves.
Extremely Severe: Constantly feels others are better. Feels worthless/not lovable.

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6. Hyperactivity - excessive energy expenditure, frequent changes in posture, perpetual motion.

Not present: Slight restlessness, fidgeting. No impact on functioning.
Mild: Occasional restlessness, fidgeting, frequent changes of posture. Noticeable, but does not cause impairment in functioning.
Moderate-severe: Excessive energy, movement, cannot stay still or seated. Causes dysfunction on numerous occasions/situations. Seeks help for behaviors.
Extremely Severe: Continuous motor excitement, cannot be stilled. Causes major interference in functioning on most occasions/situations.

0 1 2 3 4 5 6

7. Distractibility - poor concentration, shortened attention span, reactivity to peripheral stimuli.

Not present: Performance consistent with ability.
Mild: Occasionally daydreams, easily distracted. Is able to focus with a prompting.
Moderate-Severe: Frequently has trouble concentrating, avoids mental tasks, disruptive. Needs frequent assistance to stay focused. Causes decreased performance.
Extremely Severe: Constant, needs 1:1 assistance to stay focused.

0 1 2 3 4 5 6

8. Tension - nervousness, fidgetiness, nervous movements of hands or feet.

Not present: Not at all.
Mild: Occasionally feels nervous or fidgets. Can be relaxed or reassured.
Moderate-severe: Most days/time feels nervous/fidgety. Causes mental or physical distress.
Extremely Severe: Pervasive and extreme nervousness, fidgeting, nervous movements of hands and/or feet.

0 1 2 3 4 5 6

9. Anxiety - clinging behavior, separation anxiety, preoccupation with anxiety topics, fears or phobias.

Not present: Not at all.
Mild: Occasionally worries (at least 3 times a week) about anticipated/current events, separation, fears or phobias. These worries appear excessive for situation.
Moderate-severe: Most days/time worries about at least 2 life circumstances, or anticipated/current events.
Extremely Severe: Pervasive and extreme worry about most everything, real or imagined.

TOTAL SCORE: _____
 (add up each item -- record on front page as well)