HOW CAN I PROTECT MYSELF AGAINST MPOX?

If you work with patients
- Follow the guidance for proper PPE
- Wear a fitted N95 mask (or PAPR), eye protection (personal eyeglasses are not enough), gown, and gloves
- Wear all of this PPE anytime a patient has symptoms suggestive of mpox

Ways to minimize personal risk
- Reach out to your local health department about vaccine access and eligibility
- Temporary changes to behaviors that may increase the risk of exposure
- Exchange contact information with any new partners
- Limit number of sex partners
- Condom use may help protect from some exposure
- Reduce the number of higher-risk spaces until more vaccines are available

For more information scan the QR codes below: