Criteria for Community and/or Travel Exposures

Description:

**High risk community exposure:**

- Sharing a living space with a confirmed COVID-19 person.
- Travel within the United States or internationally with known contact with a confirmed COVID-19 case or a symptomatic person at the time of contact.
- Close contact (< 6 feet) for at least 15 minutes with a confirmed COVID-19 case or a symptomatic person.
- You are asked to quarantine by a county or state health official as a result of their contact tracing process.

Adopted from the CDC’s Public Health Guidance for Community-Related Exposure

**QUARANTINE FOR 10-14 DAYS**

- Notify *Occupational Health*
- Stay at home until 14 days from your last exposure (or from symptom onset if you live with the individual)
  - If you receive a “not detected” test on or after day 7 of quarantine, and do not have symptoms, you may return to work after day 10
- Self-monitor for symptoms and get testing done through Occupational Health’s drive thru if you develop symptoms
- Maintain 6 ft physical distance from others, especially those at higher risk
Description continued:

**Community exposure**
- Travel within the United States or internationally **without** any known contact with a confirmed COVID-19 case or a symptomatic person at the time of contact.
- Attendance at large social or mass gatherings.
- Possible unrecognized COVID-19 exposures in U.S. communities.
- Diagnosis of COVID-19 in the past 90 days followed by subsequent community exposure.

**SYMPTOM MONITOR**
- You may report to work.
- Wear a procedure mask at all times while on campus.
- Stay ≥ 6 ft away from others, as much as possible.
- Be vigilant for symptoms, even mild.
- If you develop symptoms:
  - Stop work immediately, have mask on, and notify your manager or program director.
  - Get testing done though Occupational Health’s drive thru.
  - Before returning to work, refer to our Illness and Return to work policy.

For more information on travel, please see the Travel Protocol.

For more information on workplace exposures, please see the Criteria for Staff Exposures.