

Criteria for Community and/or Travel Exposures

Documentation for COVID-19: Adult and Pediatric



Title: Criteria for Community Exposures to Persons with COVID-19	Creation Date and Time:	08/13/2020 14:45
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Sponsoring Department: Occupational Health		

Description:

High risk community exposure:

- Sharing a living space with a confirmed COVID-19 person.
or
- Travel within the United States or internationally **with** known contact with a confirmed COVID-19 case or a symptomatic person at the time of contact.
or
- Close contact (< 6 feet) for at least 15 minutes with a confirmed COVID-19 case or a symptomatic person.
or
- You are asked to quarantine by a county or state health official as a result of their contact tracing process.

Adopted from the CDC's [Public Health Guidance for Community-Related Exposure](#)



QUARANTINE FOR 10-14 DAYS

- Notify [Occupational Health](#)
- Stay at home until 14 days from your last exposure (or from symptom onset if you live with the individual)
 - If you receive a "not detected" test on or after day 7 of quarantine, and do not have symptoms, you may return to work after day 10
- Self-monitor for symptoms and get [testing](#) done through Occupational Health's drive thru if you develop symptoms
- Maintain 6 ft physical distance from others, especially those at higher risk

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Description continued:

Community exposure

- Travel within the United States or internationally **without** any known contact with a confirmed COVID-19 case or a symptomatic person at the time of contact.
- Attendance at large social or mass gatherings.
- Possible unrecognized COVID-19 exposures in U.S. communities.
- Diagnosis of COVID-19 in the past 90 days followed by subsequent community exposure.



SYMPTOM MONITOR

- You may report to work.
- Wear a procedure mask at all times while on campus.
- Stay ≥ 6 ft away from others, as much as possible.
- Be vigilant for symptoms, even mild.
- If you develop symptoms:
 - Stop work immediately, have mask on, and notify your manager or program director.
 - Get [testing](#) done through Occupational Health's drive thru.
 - Before returning to work, refer to our [Illness and Return to work policy](#).

For more information on travel, please see the [Travel Protocol](#).

For more information on workplace exposures, please see the [Criteria for Staff Exposures](#).