

## The Basics

### Poison Prevention at Home

- Always read labels before giving medicine or using household products.
- Use child-resistant packages. Put the tops on tightly.
- Use cabinet locks.
- Identify the most dangerous products. Keep them in their original child-resistant packaging. Lock them away where children can't see or reach them. (See below.)
- Don't let children watch adults taking medicine.
- Call medicines by their proper names. Do not refer to them as candy!

### What is a Poison Control Center?

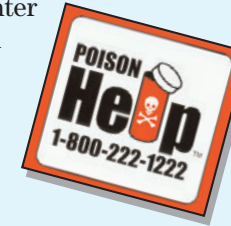
A Poison Center is an emergency telephone service. If someone may have been poisoned or, if you have questions about poisons, call **1-800-222-1222** right away.

- You can reach the Poison Control Center 24 hours a day, 7 days a week.
- When you call, you reach specially-trained nurses, pharmacists, and doctors.
- Advice is available in languages other than English.
- All services are free and confidential.

## Be Prepared - Just in Case

There are some easy things you can do to be ready in case of an emergency.

- Post the Poison Control Center number in a prominent place. Make sure that all family members, babysitters, and other caregivers know where to find it.
- Call the Poison Control Center (**1-800-222-1222**) to learn what to have on hand in case of a poisoning.
- Always call the Poison Control Center right away if you think there's been a poisoning. The Poison Center experts will tell you the right thing to do.



### First Aid for Possible Poisonings

Has the child or other person

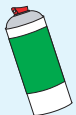
- ***Collapsed or stopped breathing?***  
Call 911 or your local emergency number right away.
- ***Swallowed the wrong medicine or too much medicine?***  
Call 1-800-222-1222.
- ***Swallowed a chemical?***  
Drink a small amount of milk or water, and call 1-800-222-1222.
- ***Inhaled poison?***  
Get to fresh air right away, and call 1-800-222-1222.
- ***Splashed poison on the skin?***  
Take off any clothing that the poison touched. Rinse skin with running water for 15 to 20 minutes, and call 1-800-222-1222.
- ***Splashed poison in the eyes?***  
Rinse eyes with running water for 15 to 20 minutes. Call 1-800-222-1222.

## Lock Them Up!

These products should be locked up, out of the reach and sight of children. Some may seem harmless, but can be poisonous to children if used in the wrong way, or in large quantities.

#### KITCHEN:

- Drain opener
- Oven cleaner
- Automatic dishwasher detergent
- Furniture polish



#### BATHROOM:

- Toilet bowl cleaner
- Mouthwash
- Prescription medicines
- Non-prescription medicines:
  - Cough medicine
  - Pain relievers
  - Vitamins with iron



#### GARAGE:

- Windshield washer fluid
- Antifreeze
- Paint thinner
- Gasoline
- Pesticides



#### YARD:

- Garden chemicals
- Wild mushrooms, berries, snakes, spiders, scorpions. (You can't lock them up, but you can teach children to stay away!)



## Sometimes, Poisonings Happen . . .

Despite your best efforts, sometimes poisonings can happen. If you suspect a poisoning, do not wait for symptoms to appear. Call the Poison Control Center right away!

# 1-800-222-1222

If you call right away, the problem can often be taken care of over the phone. This is much faster, and cheaper, than calling an ambulance and going to the emergency room. If you do need an ambulance, the Poison Control Center will tell you what to do.



OREGON  
POISON  
CENTER

Poison Control Center Toll-Free Hotline:

# 1-800-222-1222

