

Criteria for Workplace or Community Monkeypox Exposures

High Risk

- Unprotected contact¹ with skin or mucous membranes and the skin, lesions, or bodily fluids from an infected person² or contaminated materials (such as clothing or linens) **OR**
- Being within 6 feet of an infected person during any AGP³ procedure without wearing an N95 or equivalent respirator⁴ **AND** eye protection

Intermediate Risk

- Being within 6 feet for ≥ 3 hours of an unmasked infected person without wearing, at a minimum, a surgical mask **OR**
- Activities resulting in contact between sleeves and other parts of an individual's clothing and the infected person's skin lesions, bodily fluids, their soiled linens or dressings (e.g., turning, bathing, or assisting with transfer) while wearing gloves but not wearing a gown

Low Risk

- Entered infected person's room without wearing eye protection on one or more occasions, regardless of duration of exposure **OR**
- During all entries in the patient care area or room (except for during procedures listed in the high-risk category), wore gown, gloves, eye protection, and at minimum, a surgical mask **OR**
- Being within 6 feet of an unmasked infected person for < 3 hours without wearing at minimum, a surgical mask

Contact Occupational Health at 503-494-5271 or page 10106 to discuss Post-Exposure Prophylaxis (PEP)

Monitor for symptoms⁵ for 21 days from most recent exposure:

- Take your temperature twice a day
- [Please use this symptom monitoring form](#)

IF YOU DEVELOP SYMPTOMS⁵

- Notify your manager, and isolate at home
- Reach out to Occupational Health⁶ or Student Health⁷
- If you need medical care, call your primary care provider or 911
- Fill out a Worker Injury Report if related to a work exposure

***Pregnant and/or immunocompromised staff members should be excluded from caring for suspected or confirmed Monkeypox patients**

1. **Unprotected Contact** – Direct contact with your clothing, skin, or mucous membranes (e.g., any sexual contact, inadvertent splashes of patient saliva to the eyes or oral cavity of a person, ungloved contact with infected person or contaminated materials such as linens or clothing)
2. **Infected person** – any person, including a patient, workforce member, student or visitor who is actively infected with monkeypox
3. **Aerosol Generating Procedure (AGP)** - a procedure that may generate a potentially high volume of tiny particles (<5 micron) from oral secretions, skin lesions, or resuspension of dried exudates (e.g., shaking of soiled linens) into the environment. Due to their tiny size, airborne particles will not easily fall to the ground, and so can remain suspended in the air.
4. **Respirator – an N95, PAPR, or other approved mask for use in Airborne Precautions**
5. **Monkeypox symptoms**
 - Fever 100.4 F or higher
 - Chills
 - New swollen lymph nodes
 - New skin rash
 - Headaches
 - Backache
 - Muscle aches
 - Exhaustion
6. **Occupational Health (OH); 503-494-5271; occhealth@ohsu.edu**
7. **Student Health (SH); 503-494-8665; shwcompliance@ohsu.edu**
8. **Public health authorities may recategorize an exposure risk level**

Staff, students and others with joint OHSU/VA appointments and scheduled to be present on VA campus in the next 2 weeks should contact VHAPOR-OccupationalHealthCOVID@va.gov for guidance.

***If you are asked to quarantine by a state or county health official, please follow their guidance and call Occupational Health.**