

News and Resources

September 2022

for Families of Children and Youth with Special Health Needs

Learn about equity for Black youth

The [National Resource Center for Patient/Family-Centered Medical Home \(NRC-PFCMH\)](#) is offering a FREE PediaLink course that explored equitable health care for Black children and youth with special health care needs (CYSHCN). This 2-hour course covers the following topics:

1. Historical Trauma of Racism and Ableism in Pediatric Medicine
2. Increasing Equitable Care for Black CYSHCN Through Medical Home
3. Intentionally Engage Black Fathers in their Children's Care
4. Systems of Care for Black CYSHCN

This course is moderated by ORF2FHIC Parent Partner, Chuck Smith.

[Register on the American Academy of Pediatrics' website.](#) An account is free, and you don't need to be a pediatrician.

WHERE IS THE MANUAL FOR THIS!?

Lenore Eklund



We are pleased to showcase the wonderful talent of Oregon mom Lenore Eklund each month. Her cartoon, *Where is the Manual for This?!?*, is inspired by her own life and experiences. Lenore is the author of [Release: A NICU Fairytale](#). Her work can also be seen in [Medical Motherhood](#).

OR F2F HIC helps families of children, youth, and young adults with special health needs navigate health care and other systems. [Contact us](#) to be added to the mailing list.

Visit our [Facebook page](#) and [website](#). Get more information, talk to a [Parent Partner](#) or schedule a free training: contact@oregonfamilytofamily.org



You're invited to a free information session about **HERO Kids Registry**, an

important new way to help Oregon families prepare for medical emergencies. [Read more](#) about HERO Kids and [register here](#).

Video helps plan the transition to adult care

What does the future hold when your child becomes an adult? Pediatric providers are not the same as adult providers, so your youth's medical team will likely change.

It's best to have a plan in place to reduce anxiety and create a smooth transition. When youth are around 16 or 17, parents can start asking providers about this.

ORF2FHIC has created a five-minute, colorful video that shows the process and recommends questions. The video was written by students, parents, and doctors working together.

Check it out at: https://youtu.be/zgWYl5_d5CI



Schools can help with health care plans, too

Join us and FACT Oregon for a one-hour workshop on putting health transition topics into your youth's IEP.

We will offer information on preparing youth with disabilities to participate in their health care decisions.

The training will:

- Identify the purpose of the IDEA special education law.
- Learn ways that youth can participate in the important planning phases of health care transition

- Receive examples of IEP goals to support health care transition

- Gain tools and resources to help prepare for health care transitions.

Monday
September 26, 6-7 p.m.

Register at [this link](#)

If you need accommodations to participate, please email cori@factoregon.org.

Speak up!

Over the summer, we heard from many families who wanted to understand the process of health or nursing plans in school.

We gathered expert tips from families to help. If you missed our summer Table Talks, but would like work with the school on your child's individual health plan, [contact us](#).

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