

Community Belonging Measurement Project



The Community Belonging Measurement Project aims to measure belonging and resilience in Central Oregon (Crook, Deschutes, Jefferson, Northern Klamath Counties, and the Confederated Tribes of Warm Springs) to provide information that is useful for the creation of public health programs throughout the region.

WHAT IS BELONGING AND WHY ARE WE MEASURING IT?

Belonging is the feeling of value and respect that you gain through sharing experiences or characteristics with others. **Resilience** is a process of adapting well to challenges. Belonging and resilience are important for physical and mental health, and can be strengthened through healthy relationships and community support.

HOW ARE WE MEASURING BELONGING?

To measure belonging and resilience, the study team will send out a survey to residents of Central Oregon. We will also conduct interviews to better understand people's perspectives on these topics.

WHAT WILL THIS INFORMATION BE USED FOR?

The [Central Oregon Health Council](#) contracted with the [Oregon Health & Science University Community Research Hub](#) and [Oregon State University-Cascades'](#) researchers to lead this project. The Central Oregon Health Council will use the findings from this effort to inform investments in new public health initiatives.

QUESTIONS? CONTACT US!

To learn more about the Community Belonging Measurement Project, please contact:

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