

Summer Institute in Occupational Health Psychology & Total Worker Health®



Oregon Institute of Occupational Health Sciences

Total Worker Health® approaches in industry and academia: Key elements and implementation

Tuesday, July 19, 2022
8:45am - 3pm PT
Online (Webex instructions included)

As research increasingly shows evidence for Total Worker Health® as an effective approach for worker well-being, we are faced with a growing need to educate and train students and industry professionals on Total Worker Health concepts and implementation. Our 2022 Summer Institute will highlight current opportunities to learn and implement Total Worker Health (TWH) concepts and strategies. TWH is closely aligned with Occupational Health Psychology and also draws on traditional disciplines of Occupational Safety and Health. Thus, this year's event will target students, researchers, occupational safety and health practitioners, human resource professionals, and industry leaders. By the end of the event, our goal is for attendees from academia and industry to have an understanding of how to apply the TWH approach with the ultimate goal of improving workplace safety, health, and well-being, and to share their findings and concepts with students and emerging professionals.



DEDE MONTGOMERY

OREGON INSTITUTE OF OCCUPATIONAL HEALTH SCIENCES, OHSU



SHAMAI LARSEN

LEGACY HEALTH



LIZ HILL

SAIF



MIKE ELLIS

APOLLO MECHANICAL & APOLLO INC.



JEAN ORCHARD

OREGON ASSOCIATION OF OCCUPATIONAL HEALTH NURSES



DEBORAH ROY

SAFETECH CONSULTANTS, INC.



LESLIE HAMMER

OREGON INSTITUTE OF OCCUPATIONAL HEALTH SCIENCES, OHSU



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Speaker Information

Summer Institute in Occupational Health Psychology & Total Worker Health®



DEDE MONTGOMERY
Co-Lead,
Outreach Core

Dede Montgomery supports the Oregon Institute of Occupational Health Science's Outreach and Education Programs and provides industrial hygiene technical expertise to its research. She is also the Outreach and Education Co-PI for the NIOSH-funded Oregon Healthy Workforce Center. Dede has a BA in Biology, MS in Public Health, and is a Certified Industrial Hygienist. Dede is the board chair for Olyes (Oregon Young Employee Safety) Coalition and is the past President for Columbia Willamette Chapter of ASSP. Dede has 35 years of experience in workplace safety and health. Outside of work, Dede is a blogger and published author.



LIZ HILL
Total Worker
Health Adviser

Liz has 25+ years of experience in professional health and safety and a short stint of international health work. Prior to working at SAIF, Liz worked in a variety of industries from oil and gas to higher education. Liz has BS in Industrial Hygiene and a Master's of Public Health. She has designation as a Certified Industrial Hygienist and a Certified Safety Professional. She is currently serving as chair on the American Industrial Hygiene Association's (AIHA) Total Exposure Health/Total Worker Health Advisory Group, as a member of the Multidisciplinary Collaborative for Occupational Health Professionals and is past chair of AIHA Safety Committee.



JEAN DREVD AHL
ORCHARD
Health and Safety
Consultant

Jean Drevdahl is a consultant and current President of the Oregon Association of Occupational Health Nurses. She is an experienced healthcare professional with a deep and diversified knowledge of occupational and community health issues. Her work experience includes healthcare, gas distribution, high tech, consulting, training and higher education. Jean is a Registered Nurse with a BS in Industrial Hygiene, MS in Health Education, and a PhD in Public Health. Jean is a Certified Industrial Hygienist, Certified Safety Professional, Certified Hazardous Materials Manager, Certified Occupational Health Nurse-Specialist/Case Manager, Certified Case Manager, and Board Certified-Community Health Nurse. Outside of work, Jean is a Certified Oxford Punch Needle Rug Instructor and loves teaching Punch Needle and all types of embroidery.



SHAMAI LARSEN
Program
Manager, Our
Good Health &
Well-Being

Originally from rural Alaska, Shamai enlisted in the US Army as a Dental Specialist following high school. After working her way up the non-commissioned officer ranks, she attended Austin Peay State University in Tennessee and earned her BS in Health and Human Performance with a minor in Military Science and was commissioned as a Medical Service Corps Officer in 2010. Shamai left the Army in 2013, after 10 years of active duty service, and attended graduate school at Seattle University, earning an MEd in Counseling. She worked as a High School Counselor in Oregon for 5 years before beginning her work at Legacy Health as a program manager under a \$2.2M federal grant in 2022 aimed at preventing healthcare worker burnout. Shamai is passionate about advocating for and supporting frontline workers and caretakers.



MIKE ELLIS
Corporate Health
& Safety Director

A hands-on, proven construction safety expert, Mike has more than 30 years of specialized experience in the construction industry. Mike has a BS from Central Washington University. As corporate safety director for Apollo Mechanical and Apollo, Inc., Mike oversees nearly two dozen safety professionals across 6 states. Mike has developed, taught, and implemented world-class safety and loss control programs, leading Apollo to receive numerous site safety awards for injury-free work environments. Mike's latest achievements include recognition through MCAA/CNA and SMACNA National Safety Excellence Awards, and recently surpassed six million work hours without a lost-time injury.



DEBORAH ROY
Occupational
Safety & Health
Consultant and
Public Speaker

Deborah Roy is President of SafeTech Consultants, Inc., consulting on global safety and health management systems, Total Worker Health, and risk assessment. She recently retired as Corporate Director of Health, Safety and Wellness at L.L.Bean where she led a staff and programs that impacted 10,000 employees globally for twelve years. Deborah received her Master of Public Health degree (MPH) in Occupational Health and Safety. She was inducted as a Fellow by both the American Association of Occupational Health Nurses and the American Society of Safety Professionals (ASSP). Deborah was President of ASSP in 2020-2021.



LESLIE HAMMER
Professor and
OHWC
Co-Director

Dr. Leslie Hammer is Associate Director for Applied Research in the Oregon Institute of Occupational Health Sciences and Co-Director of the Oregon Healthy Workforce Center, Total Worker Health center of excellence, at Oregon Health & Science University. She is also a Professor Emeritus at Portland State University and a leading international expert on work and family, occupational stress, and workplace mental health. She specializes in the mental and physical health effects of supportive supervision at work and has extensive experience in designing, implementing, and evaluating worksite interventions and evidence-based supervisor training, including the Family Supportive Supervisor Behavior (FSSB) training.



NICHOLE GUILFOOY
Health
Management
Consultant

An experienced Total Worker Health practitioner and consultant, Nichole has expertise in human resources, safety, well-being, organizational development, and communication. She provides evidence-based education, coaching, and strategic support to organizations across the Pacific Northwest. Nichole has a Bachelor of Science degree from Portland State University where she focused her studies on public health and Industrial/Organizational Psychology. Since moving on from the Oregon Institute of Occupational Health Sciences, Nichole has recently joined Providence Health & Services as Health Management Consultant.