

COVID-19 VACCINE

# What to expect after your COVID-19 vaccination

## If this was your first vaccine

If you are getting the Moderna or Pfizer vaccine for the first time, you will need a 2nd dose. If you are getting the Pfizer vaccine and are ages 6 months to 4 years, you will need a 3rd dose.

- **If you received your 1st dose at an OHSU pharmacy:**  
You do not need an appointment for your 2nd dose. Just come back to the same location when it is time for your next shot.
- **If you got your 1st vaccine at another OHSU location:**  
During your 1st visit, we will make an appointment for you to get your next shot.
- **Keep your vaccine card:** We will write the date of your next appointment or the date you should come back to the pharmacy on your card. Make sure to bring your card with you to get your other COVID-19 vaccine shots.

## First-time vaccine dose schedule by age

	Ages	Moderna	Pfizer
<b>2<sup>nd</sup> dose</b>	6 months - under 5 years	28 days after 1st dose	21 days after 1st dose
	5 years+	28-42 days after 1st dose	21-42 days after 1st dose
<b>3<sup>rd</sup> dose</b>	6 months - under 5 years	For moderate to severely immunocompromised only: 28+ days after 2nd dose	8 weeks after 2nd dose

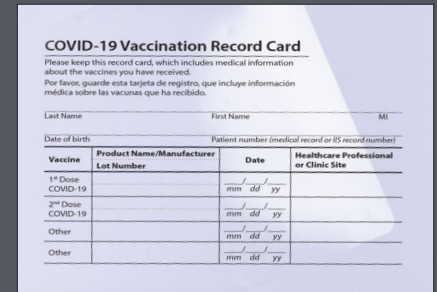
\*Does not include booster shot

The Food and Drug Administration has given full approval of the Pfizer vaccine for ages 16+ and the Moderna vaccine for ages 18+. They have given emergency-use authorization to vaccines by:

- Pfizer-BioNTech for ages 6 months to under 16 years  
[www.fda.gov/media/144414/download](http://www.fda.gov/media/144414/download)
- Moderna for ages 6 months to under 18 years  
<https://www.fda.gov/media/159307/download>
- Johnson & Johnson (Janssen) for ages 18+  
[www.fda.gov/media/146305/download](http://www.fda.gov/media/146305/download)

The recipient or their caregiver has the option to accept or refuse the COVID-19 vaccine.

## Keep your proof of vaccination card in a safe place



**COVID-19 Vaccination Record Card**  
Please keep this record card, which includes medical information about the vaccines you have received.  
Por favor, guarde esta tarjeta de registros, que incluye información médica sobre las vacunas que ha recibido.

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ MI \_\_\_\_\_

Date of birth \_\_\_\_\_ Patient number (medical record or ID record number) \_\_\_\_\_

Vaccine	Product Name/Manufacturer Lot Number	Date	Healthcare Professional or Clinic Site
1 <sup>st</sup> Dose COVID-19		mm / dd / yy	
2 <sup>nd</sup> Dose COVID-19		mm / dd / yy	
Other		mm / dd / yy	
		mm / dd / yy	

## Should you get a booster shot?

The FDA and CDC have authorized booster shots of the Pfizer vaccine for people ages 18 and older at high risk of severe illness or exposure. For more information about who should get a booster shot and how to get one, visit [www.ohsu.edu/covidvaccines](http://www.ohsu.edu/covidvaccines).



Try to get your 2nd dose as close to the recommended day as possible. Do NOT get your 2nd dose earlier than that day.

Get your 2nd dose even if you have side effects after the 1st one, unless a vaccine provider or your doctor tells you not to.

If you miss your appointment, call 833-647-8222 to reschedule. It is better to get your doses late than not at all.

### \* Possible side effects

The vaccines we use in the United States do not contain live virus, so they cannot give you COVID-19.

Just like other vaccines, you may have side effects after your COVID-19 shot. They may feel like the flu, but they should go away in a few days.

Most people have mild to moderate side effects such as:

- Fever
- Chills
- Fatigue (tiredness)
- Muscle aches and pains

To treat these symptoms, get rest, drink fluids and take a fever-reducing medicine like acetaminophen (Tylenol) or ibuprofen (Advil, Motrin).

Call your health care provider if you have any side effects that bother you or do not go away.

### ⚠ Allergic reactions

Call 911 or go to the nearest hospital if you have a severe allergic reaction such as:

- Trouble breathing
- Lightheadedness
- Swelling of the throat and mouth
- Confusion
- Blue skin or lips
- Fainting

### Reporting side effects

You can report vaccine side effects through the FDA/CDC Vaccine Adverse Event Reporting System.

Call 1-800-822-7967, make a report online at [vaers.hhs.gov/reportevent.html](https://vaers.hhs.gov/reportevent.html)



or scan the QR code.

- If you got the Moderna vaccine, add “Moderna COVID-19 Vaccine EUA” to the first line of box #18 of the report form.
- If you got the Pfizer vaccine, add “Pfizer-BioNTech COVID-19 Vaccine EUA.”
- If you got the Johnson & Johnson vaccine, add “Janssen COVID-19 Vaccine EUA.”

Or, you can use your smartphone to report side effects to the U.S. Centers for Disease Control and Prevention through the V-safe app.

Learn more at [vsafe.cdc.gov](https://vsafe.cdc.gov).