10 Tips for a Safe Ride Every Time

3 out of 4 car seats are used incorrectly... is yours?

- **2 years**
  Oregon law requires children to ride **rear facing** in a car seat until at least 2 years old.

- **40 lbs**
  Oregon law requires children under **40 pounds** to use a car seat with a harness.

- **Fit the harness snugly** so it isn’t loose. You should not be able to pinch any extra harness strap at the shoulder.

- **Harnesses must be:** at or below shoulders for **rear-facing** car seats, at or above shoulders for **forward-facing car seats**.

- **Place the chest clip at armpit level,** away from the neck.

- **Never** place a rear-facing car seat in front of a frontal airbag.

- **Always install car seats in the back seat** using the vehicle’s seat belt or LATCH.

- **The safest place for your child is in the back seat** until at least 13 years of age.

- **Questions? OHSU Doernbecher Safety Center can help.** Call to schedule an appointment to have your car seat checked by a Certified Child Passenger Safety Technician.

OHSU Doernbecher Safety Center
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