

Faculty Development Fridays: Joy in Work – June 17, 2022

Discussion Question Response Summary

What makes for a good day at work? What makes you proud to work here?

- Feeling that I am accomplishing my goals and moving forward / being productive
- Getting to connect with learners, hear when they have "ahah" moments / Helping students succeed
- Overcoming challenges
- Learning how to create enhanced learning value for our students through collaboration with colleagues
- When I overcome procrastination and get something done I didn't feel like doing
- Making an impact on patients' quality of life
- Connecting with colleagues
- Feeling like I've found a way to help people feel supported and seen
- Supporting others and feeling supported
- Knowing that my work has positively impacted others / Making a difference

What gets in the way of a good day at work? What are the pebbles in your shoe?

- Bureaucratic / system delays
- Too much to do / Meetings, more work than team can manage
- Not being understood or being misunderstood
- Issues from on high / bad institutional decisions / Top down decisions that don't make sense
- Unclear processes waste a lot of time (HR, fiscal)
- Negative stories about OHSU
- EMR
- Constant confusing changes
- Insufficient staff support to assist with patient triaging / Lack of resources

Who are you grateful for today in your life, or during your day at work?

- Working at home / work flexibility
- Family
- Dog / pets
- Getting to end my work week by attending this presentation!
- Working with a supportive and collaborative colleague / extraordinary team members and colleagues / connecting with colleagues
- That no matter how frustrating the week is, I know I work with people I respect and get to do work I think has meaning.

What went well for you today/this week at work?

- Conquered some of my inbox this morning
- Launching a new initiative
- Reframed something that I was initially not thrilled with
- Meeting new colleagues to collaborate with
- Inspiring reflections shared at a colleague's retirement party
- Able to match some faculty with mentors
- Wrapped up some revisions on a couple documents that had been pending and tricky this week
- Finished a workflow for a study
- Trainings and research that I directly applied to my work

Share with us the artist or song title that brings you joy, or a concert that brought you joy!

- Joe Kye, *The Happy Song*
- Jon Batiste, *Freedom*
- Queen, *It's a kind of magic*
- Any show at Edgefield
- Jimmy Buffet – Any
- Vampire Weekend
- Pomplamoose