



NUTRITION *in pregnancy*

**CREATING A BLUEPRINT FOR
HEALTHY MOTHERS & CHILDREN**

June 2 - 3, 2022



Thursday, June 2

AGENDA

8:30 a.m.	Welcome Kent Thornburg, Ph.D., OHSU
8:40 a.m.	Women's health priorities Dorothy Fink, M.D., Deputy Assistant Secretary for Women's Health; Director, Office on Women's Health, U.S. Department of Health & Human Services
SESSION 1	Setting the stage for the importance of nutrition in early life Moderators: Patrick Catalano, M.D., Tufts and Nicole Marshall, M.D., OHSU
9 a.m.	Vision Kent Thornburg, Ph.D., Professor of Medicine; Interim Director, Knight Cardiovascular Institute; Director, Center for Developmental Health; Director, Moore Institute for Nutrition & Wellness, OHSU
9:30 a.m.	Overview of nutrition-related issues at NICHD and NIH Office of Nutrition Research Andrew Bremer, M.D., Ph.D., M.A.S., Branch Chief, National Institute of Child Health and Human Development Christopher Lynch, Ph.D., Acting Director, NIH Office of Nutrition Research
10:10 a.m.	Maternal nutrition: Seeing the big picture Carolyn Hightower, M.B.A., Director Emeritus, Vitamix Foundation
10:40 a.m.	Break
SESSION 2	Racial disparities and health Moderators: Teri Hernandez, Ph.D., RN, University of Colorado and Andrew Bremer, M.D., Ph.D., NICHD
11 a.m.	Addressing health disparities experienced in Black maternal health in America Monique Rainford, M.D., FACOG, Assistant Professor of Obstetrics, Gynecology and Reproductive Sciences, Yale University School of Medicine
11:30 a.m.	Pediatric food insecurity and toxic stress Kofi Essel, M.D., M.P.H., FAAP, Assistant Professor of Pediatrics, The George Washington University School of Medicine & Health Sciences
Noon	Lunch

SESSION 3	
Lactation and first foods Moderators: Diane Stadler, Ph.D. RD, OHSU and Darlena Birch, M.B.A., RDN, National WIC Association	
1 p.m.	First foods and the opportunity to start children on the path to building healthy eating habits Ella Daniels, Lead, Veggies Early & Often, Partnership for a Healthier America
1:30 p.m.	Mother's milk and baby's bacteria: How breastfeeding shapes the infant microbiome and child health Meghan Azad, Ph.D., Associate Professor of Pediatrics and Child Health, University of Manitoba
2 p.m.	Physiological barriers to breastfeeding in obesity Nicole Marshall, M.D., FACOG, Associate Professor of Obstetrics and Gynecology, OHSU
2:30 p.m.	Break
SESSION 4	
Barriers to nutrition and diet modification Moderators: Leslie Myatt, Ph.D. FRCOG, OHSU and Linda Barbour, M.D., M.S.P.H., FACP, University of Colorado	
3 p.m.	Engaging pregnant women in improving their nutrition Mary Barker, Ph.D., C. Psychol, Professor of Psychology and Behavioural Science, University of Southampton, U.K.
3:30 p.m.	WIC: Securing the nutritional well-being of the next generation Darlena Birch, M.B.A., R.D.N., Senior Manager, Public Health Nutrition, National WIC Association
SESSION 5	
Community health and pregnancy outcomes Moderators: Amy Valent, D.O., OHSU and Christie Naze, RD, OHSU	
4 p.m.	Community based nutrition research among Yup'ik People in SW Alaska Bert Boyer, Ph.D., Professor of Obstetrics and Gynecology; Director, Alaska Native Health and Wellness Research Center, Moore Institute for Nutrition & Wellness; OHSU
4:30 p.m.	Improving food access in low income communities to improve diet and reduce noncommunicable diseases in pregnancy and childhood Joel Gittelsohn, Ph.D., Professor, Center for Human Nutrition and Director of Community Interventions, Global Obesity Prevention Center, Johns Hopkins Bloomberg School of Public Health
5 p.m.	End of day

Friday, June 3

AGENDA

8:30 a.m.	Welcome, Kent Thornburg, Ph.D., OHSU
SESSION 6	College representatives from obstetrics, pediatrics, family physicians, nurse midwives, osteopaths Moderator: Kurt Wharton, M.D., FACOG, Oakland University
8:45 a.m.	The role of Professional Societies in improving Nutrition Education Panel presentation followed by open discussion
	American College of Obstetrics and Gynecology Kurt Wharton, M.D., FACOG, Professor, Department of Obstetrics and Gynecology, Oakland University William Beaumont School of Medicine
	American College of Nurse Midwives Jennifer Woo, Ph.D., C.N.M., WHNP, FACNM, Assistant Professor of Nursing, Texas Woman's University
	American Academy of Family Physicians Beth Choby, M.D., Associate Professor, The University of Tennessee Health Science Center
	American Academy of Pediatrics Tamara Hannon, M.D., Professor of Pediatrics, Indiana University School of Medicine
	osteopathic medicine Amy Valent, D.O., Assistant Professor, Division of Maternal-Fetal Medicine, Department of Obstetrics and Gynecology, OHSU
SESSION 7	Overview of current policies Moderators: Scarlett Hopkins, M.A., RN, OHSU and Ella Daniels, Partnership for a Healthier America
10 a.m.	HRSA Maternal, Infant and Early Childhood Home Visiting Program and other relevant areas Brian Dittmeier, Esq. Senior Director of Public Policy, National WIC Association
10:30 a.m.	Family Spirit Nurture: Research findings and national dissemination Leonela Nelson, Research Program Supervisor, Center for American Indian Health, Johns Hopkins Bloomberg School of Public Health Sarah Vanegas, M.S., Research Associate, Center for American Indian Health, Johns Hopkins Bloomberg School of Public Health
11 a.m.	Break

SESSION 8	
Implementation: How will nutrition science impact future policy?	
Moderators: Caron Gremont, Share Our Strength and Jonathan Purnell, M.D., OHSU	
11:30 a.m.	Academy of Nutrition and Dietetics Jeanne Blankenship, M.S., RDN, Vice President, Initiatives and Advocacy, Academy of Nutrition and Dietetics
Noon	MCO coverage of high-risk pregnancy and medically tailored meals Carrie Stoltzfus, M.P.H., Executive Director, Food & Friends Darla Bishop, Dr.P.H. M.P.H., Manager, Marketing, Communications and Health Programs, AmeriHealth Caritas
12:30 p.m.	Policy based on interest in nutrition, obstetrics, and health disparities that have fueled her current work in diabetes, obesity, and pregnancy. Rochanda Mitchell, D.O., RD, Maternal Fetal Medicine/Obstetrics and Gynecology, Howard University College of Medicine
1 p.m.	Lunch
SESSION 9	
Preliminary policy prioritization – what MUST we do to move the dial?	
1:45 p.m.	Setting the future policy agenda: What significant gaps must be filled to improve maternal nutrition? What specific goals would help fill these gaps? Kent Thornburg, Ph.D., Professor of Medicine; Interim Director, Knight Cardiovascular Institute; Director, Center for Developmental Health; Director, Moore Institute for Nutrition & Wellness, OHSU
1:55 p.m.	Approach/strategy Chris Wallace Caldwell, M.A., President, Catalysis, LLC
2:10 p.m.	Facilitated working groups Breakout Groups
3 p.m.	Break
3:15 p.m.	Policy priority recommendations report out Breakout Group Reports
4 p.m.	Emerging priorities Chris Wallace Caldwell, M.A. and Kent Thornburg, Ph.D.
4:20 p.m.	Closing remarks Kent Thornburg, Ph.D.
4:30 p.m.	End of day



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