Ethical Struggles during the Pandemic: Reflections and the Path Forward

APRIL 28 & 29
8:00-4:00PM PT

SPONSORED BY:
OHSU CENTER FOR ETHICS IN HEALTH CARE & SALEM HEALTH
# Ethical Struggles during the Pandemic: Reflections and the Path Forward

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Visit [https://www.ohsu.edu/center-for-ethics](https://www.ohsu.edu/center-for-ethics) to view additional upcoming Center events.
Ethical Struggles during the Pandemic: Reflections and the Path Forward

Faculty

Cylla Amendolara, MBA
Kaiser Permanente

Matt Calzia, BSN, RN
Oregon Nurses Association

Alessa Colaianni, MD, MPhil
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Providence Medical Group

Nicholas Kockler, PhD, MS
Providence Medical Group

Prasanna Krishnasamy, MD
Legacy Health Systems
Continued...

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*Salem Health*

Robert Macauley, MD, HEC-C  
*Oregon Health & Science University*

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*Sky Lakes Medical Center*

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*Oregon Health & Science University*

Stephen Post, PhD  
*Stony Brook University*

Katie Ruth, MD  
*Klamath Health Partnership*

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*Kaiser Permanente*

Wes Sedlacek, MDiv, BCC  
*Samaritan Health Services*

Fernando Serna, MDiv, BCC  
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Tyler Tate, MD, MA  
*Oregon Health & Science University*

Sara Taub, MD, MBE  
*Oregon Health & Science University*

Susan Tolle, MD  
*Oregon Health & Science University*

Kate Westmoreland, MD  
*Asante Health System*
Ethical Struggles during the Pandemic: Reflections and the Path Forward

**Featured Speakers:**
James Mason, PhD, *Chief Equity, Diversity and Inclusion Officer for CareOregon*

Stephen Post, PhD, *Director, Center for Medical Humanities, Compassionate Care and Bioethics, Stony Brook University*

**Conference Co-Chairs:**
Hong Lee, PhD *from Salem Health*
Susan W. Tolle, MD *from Oregon Health & Science University and the OHSU Center for Ethics in Health Care*

**Target Audience:**
The Kinsman Bioethics Conference is an interprofessional conference for all healthcare professionals and allied health professionals; physicians, nurses, social workers, chaplains, pharmacists, mental health services, and administrators are welcome.

**Learning Objectives:**
1. Learn about current trends in clinical bioethics, including statewide efforts in developing Oregon's crisis standards.
2. Identify innovative ways to support health care professionals in healing from pandemic related stress.
3. Examine progress and next steps in promoting health equity.
Acknowledgements:
Special appreciation goes to John Kinsman for the endowment he established to provide partial support for this conference and The Kinsman Foundation for their support in underwriting this conference. The conference organizers also express their appreciation to Salem Health and the OHSU Center for Ethics in Health Care for their support in co-hosting this year’s conference. Additionally, thank you to the Kinsman Conference volunteers; Anthony Antoville, BFA, CMC, Samantha Birk, MS, and Laura Foran.

Finally, a warm thank you to this year’s planning committee members –

Kelsi Charlesworth, MS
Krisa Gigon, RN, BSN, MS-HCE
Susan Hedlund, LCSW, OSW-C, FAOSW
Ian Jaquiss, JD
Prasanna Krishnasamy, MD, MPH, NEC-C
Hong Lee, PhD
Wes Sedlacek, MDiv, BCC
Tyler Tate, MD, MA
Susan W. Tolle, MD
# Kinsman Bioethics Virtual Conference

**Ethical Struggles during the Pandemic: Reflections and the Path Forward**

**Thursday, April 28, 2022**

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<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tr>
<td>8:00 – 8:15</td>
<td>Welcome</td>
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<tr>
<td></td>
<td>Hong Lee, PhD and Susan W. Tolle, MD</td>
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<tr>
<td>8:15 – 9:15</td>
<td>Opening Plenary Panel: Oregon Crisis Standards of Care in COVID pandemic: from Alpha to Omicron</td>
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<td>Moderator: Bob Macauley, MD, HEC-C</td>
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<td>Panelists: Prasanna Krishnasamy, MD, MPH, HEC-C; Molly Osborne, MD, PhD; Kevin Dirksen, MDiv, MSc; Nicholas Kockler, PhD, MS</td>
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<tr>
<td>9:15 – 9:25</td>
<td>Break</td>
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<tr>
<td>9:25 – 10:25</td>
<td>Oregon Crisis Standards of Care Discussion (what actually happened in hospitals across Oregon?)</td>
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<td>10:25 – 10:35</td>
<td>Break</td>
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<tr>
<td>10:35 – 11:35</td>
<td>Breakout Sessions</td>
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<td>11:35 – 12:35</td>
<td>Lunch</td>
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<td>12:35-1:35</td>
<td>Sharing Stories of COVID’s Impact on Communities Hit the Hardest</td>
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<td>Moderator - Laura Mavity, MD</td>
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<td>Panelists: Tom Holt, DDS, MS (Bioethics), HEC-C; Katie Ruth, MD, Kate Westmoreland, MD</td>
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<td>1:35-1:45</td>
<td>Break</td>
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<td>1:45 – 2:45</td>
<td>Breakout Sessions</td>
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<td>2:45 – 3:00</td>
<td>Break</td>
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<td>3:00 – 4:00</td>
<td>Rough Terrain: Charting Oregon’s Path from Health Disparity to Health Equity – James Mason, PhD</td>
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<td>4:00-</td>
<td>Closing Remarks – Hong Lee, PhD</td>
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## Kinsman Bioethics Virtual Conference

### Ethical Struggles during the Pandemic: Reflections and the Path Forward

**Friday, April 29, 2022**

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<tr>
<td>8:00</td>
<td>Welcome Back</td>
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<tr>
<td>8:05</td>
<td>Welcome Back</td>
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<tr>
<td>8:05 - 9:20</td>
<td>Panel Session: Workforce shortages during the pandemic: Causes, effects and the way forward</td>
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<td>9:20</td>
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<tr>
<td>9:30 - 10:30</td>
<td>Breakout Session: C1 - Vaccine Mandates – Justice and Autonomy in a Divided Community</td>
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<td>C2 – Patient Visitation During the COVID-19 Pandemic: Unintended Consequences and Lessons Learned.</td>
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<td>C3 - #ThoseWeCarry: Creating Nano-Narratives</td>
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<td>C4 – KPNW’s Systemwide Approach to Encourage Meaningful ACP Discussions</td>
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<td>10:30</td>
<td>Break</td>
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<td>11:00</td>
<td>Panel Session: Creative Strategies that have Helped Promote Healing for Staff Morale in the Pandemic</td>
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<td>12:10</td>
<td>Lunch</td>
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<td>1:10 - 2:10</td>
<td>Breakout Session: D1- Local and Regional Collaboration to Facilitate Equitable Hospital Access</td>
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<td>D2 - Nudging in the Context of Shared Decision Making: Indicated, Manipulative, or Both?</td>
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<td>D3 – Explore the new Oregon Advance Directive</td>
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<td>D4 From The Odyssey to the Bedside: Examining BirthPlans, Ulysses Pacts, and Advance Directives</td>
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<td>2:10</td>
<td>Break</td>
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<tr>
<td>2:20 - 3:20</td>
<td>Breakout Session: Reflecting on Oregon’s Uniqueness: Lessons Learned and the Path Forward – Stephen Post, PhD</td>
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<tr>
<td>3:20 - 3:30</td>
<td>Closing Remarks – Hong Lee, PhD and Susan W. Tolle, MD</td>
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WEBEX GUIDE & CONFERENCE LOGISTICS

Join the Conference Welcome Session and Plenary using the link below:
https://ohsu.webex.com/ohsu/j.php?MTID=mcd0d764d26d19c4fd821bf8a039156a9
Meeting number (access code): 26207066953
Meeting password: VUGSUKt436

General Conference Logistics:
All attendees will join the conference using the link above. However, when it is time to join breakout sessions, you will select your pre-registered session from the corresponding link embedded in that session’s flyer below. Please feel free to wait until the end of the break to join your breakout session.

Choosing Your Presentation View:
WebEx gives each attendee the opportunity to select their desired presentation view. It will default to "Grid View", but by selecting "Layout" (when you click your mouse, you will see this oval button on the top right hand of the video screen), you can adjust your viewing preference. To optimize your viewing experience, we suggest selecting the fourth option, "Hide Participants with Video Off".

Audio and Video Reminders:
Although you will be automatically muted upon entering the conference, please be sure to keep yourself muted throughout the presentations. Additionally, please keep your video turned off. If the presenter invites attendees to join in discussion at the end of their presentation, please feel free to turn your video on at that time.

Attendance Sheet and Evaluations:
The attendance sheet link will be emailed to attendees each morning of the conference and can be completed at any time each day, as submissions are timestamped. Evaluations will be emailed at the end of each day of the conference. If you are requesting CE credit, additional information is on the next page.

Troubleshooting:
If you have any difficulties accessing your session or lost your link, please email ethics@ohsu.edu and a volunteer will assist you.
CONTINUING EDUCATION CREDIT REQUIREMENTS & INFORMATION

To Receive Continuing Education Credit:
To receive continuing education credit, participants MUST sign the attendance sheet and complete the Day 1 and/or Day 2 evaluations in order to receive credit.

Physician Credit Statement
Accreditation
The School of Medicine, Oregon Health & Science University (OHSU), is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

Credit
Oregon Health & Science University School of Medicine designates this live activity for a maximum of 10.75 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent

Nursing Credit Statement
Accreditation
OHSU is an approved provider of nursing continuing professional development by the Oregon Nurses Association, an accredited approver by the American Nurses Credentialing Center’s Commission on Accreditation.

Credit
Those requesting credit will be awarded up to a total of 11.75 NCPD contact hours. 6.25 credits for Day 1 and 5.5 credits for Day 2.

REQUIREMENTS FOR SUCCESSFUL COMPLETION OF ACTIVITY

In order to obtain continuing education contact hours for this activity, the participant must complete the following criteria:

- Sign into the conference daily via the online link
- Must attend the entire corresponding day for contact hours requested
- Complete the Day 1 and Day 2 evaluations of the conference by May 2, 2022 at 8:00 AM
To Receive SW Continuing Education Credit:
Participants who successfully attend the conference will receive up to 11.5 ethics continuing education credits. Participants MUST sign the attendance sheet each day of attendance and complete the corresponding evaluations in order to receive credit.

Please note, if you are only able to attend one day of the two-day conference, you can still request SW credit. Upon completion of the attendance link and corresponding day’s evaluation, you can still be awarded up to 6 credits per day for Day 1 and 5.5 for Day 2. If you have additional questions, please contact Dave Hoyt at hoytd@ohsu.edu

Social Work Credit Statement
This conference has been approved by the National Association of Social Workers to award up to 11.5 ethics continuing education credits. 6 credits for Day 1 and 5.5 credits for Day 2.
**ETHICAL STRUGGLES DURING THE PANDEMIC: REFLECTIONS AND THE PATH FORWARD**

Thursday - Friday, April 28 & 29

**FACULTY DISCLOSURE INFORMATION**

In accordance with the requirements of the ACCME's Standards for Integrity and independence in Accredited Continuing Education, each instructor and member of the planning committee has been asked to disclose any relevant financial relationships with ineligible companies (defined as: any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients). All of the relevant financial relationships listed for these individuals have been mitigated.

<table>
<thead>
<tr>
<th>Faculty</th>
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<tbody>
<tr>
<td>Cyilia Amendolara, MBA</td>
<td>Nothing to Disclose</td>
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<td>Alessa Colaianni, MD, Mphil</td>
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<td>Woody English, MD</td>
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<tr>
<td>Carl Eriksson, MD, MPH</td>
<td>Applied Tissue Technologies – Beneficiary of Trust</td>
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<td>Heidi Funke, MA, MN, RN, HEC-C</td>
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<tr>
<td>Krisa Gigon, RN, BSN, MS-HEC</td>
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<td>CareOregon Employee</td>
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<td>Torree McGowan, MD</td>
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<td>Melissa Monner, MS, HEC-C</td>
<td>Nothing to Disclose</td>
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<tr>
<td>Holly Montjoy, MD</td>
<td>Cascade Health Alliance - Stockholder</td>
</tr>
<tr>
<td>Laurie Morrison, MD</td>
<td>Nothing to Disclose</td>
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<td>Iria Nishimura, MSN, RN</td>
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Opening Plenary Panel:
Oregon Crisis Standards of Care in COVID Pandemic: from Alpha to Omicron

Thursday, April 28 from 8:15-9:15 AM
WebEx Link Here

Learning Objectives:

2. Understanding the role of ethics in community engagement/Oregon Health Authority
3. Creating opportunities to address Moral Distress

Moderator:

Bob Macauley, MD, HEC-C

Robert Macauley, MD, HEC-C is the Medical Director of the Bridges Pediatric Palliative Care Team at Doernbecher Children’s Hospital. Prior to coming to OHSU, he directed the Department of Clinical Ethics at the University of Vermont for over a decade. He attended medical school at Yale and completed his pediatric residency at Johns Hopkins. He also holds graduate degrees in theology from Oxford and Yale, and in writing from Vermont College of Fine Arts. He currently chairs the American Academy of Pediatrics Committee on Bioethics. He’s the author of Ethics in Palliative Care: A Complete Guide (Oxford University Press, 2018).

Panelists:

Prasanna Krishnasamy, MD, MPH, HEC-C

Dr. Krishnasamy believes in a holistic approach to patient care - emphasizing the roles of social, psychological, and environmental factors influencing health and wellbeing. He enjoys his role as a Faculty Physician, taking care of his own panel of patients with a wide variety of medical problems, and teaching and supervising Resident Physicians. He also serves as the Medical Director of Legacy Health’s Clinical Ethics Program.

continued on next page
Molly Osbourne, MD, PhD

Dr. Molly Osborne, MD PhD is a Professor Emerita of Medicine at Oregon Health & Science University (OHSU), previously 18-year Associate Dean of Student Affairs, with over 60 publications including NIH research focusing on asthma epidemiology. She is the Integrated Ethics Program Officer at the VAPORHCS, awarded the national VA William A. Nelson Award in 2015. Her current areas of emphasis are ethics and end-of-life care.

Kevin Dirksen, MDiv, MSc

Kevin Dirksen is regional director for Ethics and the Andy & Bev Honzel Endowed Chair in Applied Health Care Ethics at Providence Center for Health Care Ethics. His role includes working with the internal medicine and family medicine residency programs for ethics education, as well as providing clinical and organizational ethics consultations throughout the Oregon Region of Providence St. Joseph Health.

Nicholas Kockler, PhD, MS

Nicholas J. Kockler is Endowed Chair in Applied Health Care Ethics and regional director at Providence Center for Health Care Ethics. His role as chair includes working with the internal medicine and family medicine residency programs for ethics education, as well as providing clinical and organizational ethics consultations throughout the Oregon Region’s ministries of Providence Health & Services. Dr. Kockler's research interests center on the intersection of a broad array of disciplines including health sciences, philosophical ethics, theology, and anthropology. Dr. Kockler holds an interdepartmental doctorate in health care ethics as well as other graduate degrees in the humanities and sciences. He has also earned the designation of Healthcare Ethics Consultant Certification from the American Society of Bioethics and Humanities’ Health Care Ethics Consultation Certification (HCEC) Commission. Dr. Kockler holds a Doctor of Philosophy in health care ethics from Duquesne University, a Master of Science in biotechnology from Northwestern University, a Master of Arts in health care ethics and a Bachelor of Arts in theology from Loyola University Chicago.
A1 – Understanding COVID-19 Vaccine Hesitancy Through a Health Literacy Lens

Thursday, April 28 from 10:35-11:35 AM
WebEx Link Here
A1 - Presentation Slides

Learning Objectives:

1. Define COVID-19 “vaccine hesitancy”
2. Describe the potential role(s) of health literacy in COVID-19 vaccine hesitancy behavior
3. Describe the potential effects of implicit and explicit bias, stereotype, and negative assumptions on health professional’ judgments about unvaccinated people
4. Identify health literacy challenges which patients and caregivers face in understanding COVID-19 related information
5. Empathize with individuals’ uncertainty about receiving COVID-19 vaccination
6. Describe the ethical principle of informed refusal as it relates to vaccine acceptance
7. Describe health literacy and clear communication strategies for addressing COVID-19 vaccine hesitancy

Speaker:
Cliff Coleman, MD, MPH

Dr. Cliff Coleman is an international expert in the field of health literacy. His award-winning work focuses on improving health literacy and clear communication training for healthcare professionals. Cliff is also an Associate Professor of Family Medicine at the Oregon Health & Science University (OHSU) School of Medicine, where he serves as Clinical Thread Director for education on health communication, professionalism, and ethics. In 2021 Cliff became the inaugural Doris and Mark Storms Chair in Compassionate Communication at the OHSU Center for Ethics in Health Care.
A2 – Is There a Place for Love in Healthcare?

Thursday, April 28 from 10:35-11:35 AM
WebEx Link Here

Learning Objectives:

1. Review history of American medical ethics focusing on the rise of Principlism (i.e. the “four principles” of bioethics)
2. Describe a method of doing medical ethics that starts with love and compassion, rather than rules or principles
3. Apply method to an ethically challenging clinical case

Speaker:

Tyler Tate, MD, MA

Dr. Tate is a palliative care physician and ethicist at Oregon Health and Science University (OHSU), where he attends on the pediatric palliative care team and serves as an Associate Director and the Director for Professionalism and Comfort Care in the Center for Ethics in Health Care. Dr. Tate attended college at Maryville University in St. Louis, MO, where he graduated summa cum laude with degrees in Philosophy and Molecular Biology. He received his M.D. at the University of Alabama at Birmingham School of Medicine, completed a residency in pediatrics, fellowship in clinical ethics, and M.A. in Bioethics at the University of Washington, and a fellowship in Palliative Care at Duke University. As a scholar, Dr. Tate writes about suffering, love, and end of life care, the language and metaphors of medicine, and the moral development of medical practitioners.
A3 – Are There Really Any Ethics Experts?

Thursday, April 28 from 10:35-11:35 AM
WebEx Link Here

Learning Objectives:

1. To explore the concept of ethics expertise and consider whether such expertise is necessary (or even possible) in clinical ethics consultation
2. To consider various answers to the questions of whether ethics expertise exists, what it looks like if it does, and how these answers inform our views about the role of clinical ethics consultants and their authority (or lack thereof) in navigating difficult situations

Speaker:

Heidi Funke, MN, MA, RN, HEC-C

Heidi Funke (she/her) is a nurse and nursing instructor at OHSU in Portland, OR, where she also co-chairs the OHSU Ethics Consult Service and is an Associate Director of the OHSU Center for Ethics in Healthcare. Heidi holds master’s degrees in both nursing and philosophy, and finds clinical ethics -- especially ethics consultation -- to be an excellent outlet for these disparate interests.
A4 – Healing in the Midst of Stress

Thursday, April 28 from 10:35-11:35 AM

WebEx Link Here
A4 - Presentation Slides
A4 - Handout

Learning Objectives:

1. Identify common stressors
2. Examine steps to process the stress and work toward healing
3. Experience examples of healing activities

Speaker:

Wes Sedlacek, MDiv, BCC

Wes Sedlacek is the manager of chaplain services in the Samaritan Health Services hospitals in Albany and Lebanon, Oregon. In addition to spiritual care, he also helps people with advanced medical planning and quality of life conversations. He has made presentations for regional OHSU palliative care conferences, OHPCA, OSRC, and various groups in Samaritan Health. A fifth generation Oregonian, Wes grew up in Portland, OR before going to seminary in Austin, TX and returning to the mid-Willamette valley. He and his spouse, Carol, are both ordained as Episcopal priests and they love to play volleyball.

Kari Hart, LCSW

Kari Hart, MSW, LCSW, is a Licensed Psychotherapist as well as a Certified Mindfulness-Based Stress Reduction Teacher through UCSD’s Mindfulness-Based Professional Training Institute. She brings over 20 years’ experience in mindfulness practice. Ms. Hart comes from a training background in multicultural mental health care, with an emphasis in anti-oppressive and anti-racist clinical practice. Since 2018, her work has focused on clinician and employee wellness in healthcare, specifically highlighting health equity as a factor of employee wellbeing. She currently serves as the Clinic Well-Being and Mindfulness-Based Programs Manager for Samaritan Health Services in Corvallis, Oregon.
Plenary Panel:
Sharing Stories of COVID’s Impact on Communities Hit the Hardest

Thursday, April 28 from 12:35-1:35 PM
WebEx Link Here
Sharing Stories - Presentation

Learning Objectives:

1. Recount stories and impacts on patient care that were experienced by some of Oregon’s health systems hardest hit by the COVID pandemic
2. Share reflections on challenges experienced by some of Oregon’s ethics and palliative care leaders during the COVID pandemic surges and how those were dealt with, imparting successes and opportunities for improvement
3. Discuss ways health systems and health care providers might learn from these experiences to inform how to best handle future conflicts stemming from the COVID pandemic and other overwhelming medical crises

Moderator:

Laura Mavity, MD

Dr. Laura Mavity is the Clinical Director of St. Charles Health System’s Advanced Illness Management/Palliative Care Program, and also is the Medical Director of St. Charles Home Health Program and the Division Director for Post-Acute Care for St. Charles Medical Group. She started St. Charles Health System's palliative care consultation service in 2009, which has expanded since into a comprehensive palliative care program. She has served as chair of the Bioethics Committee for St. Charles and remains an active member of the committee.
Thomas moved to Coos Bay, on the beautiful Oregon Coast, after graduating Creighton University School of Dentistry in 1999. Thomas gained experience in the administration of managed dental care through several years of service as a managing board member for South Coast Dental Services, a regional component of Advantage Dental Services, during the time when its management was regionally controlled. More recently, as a member of Advanced Health’s Clinical Advisory Panel, he has further developed a broad understanding of physical and behavioral healthcare management, as well as the workings of Oregon’s CCOs and the larger OHA model. Thomas is passionate about promoting ethical practices in patient care, public health, and healthcare system management, and he is committed to improving access to care for all Oregonians.

In 2016 Thomas earned a Graduate Certificate in Healthcare Ethics from Creighton University, and in 2021 he earned a master’s degree in Bioethics. In 2021, he also achieved the designation Healthcare Ethics Consultant – Certified. He has served on the ethics committee at Bay Area Hospital in Coos Bay, as co-chair from 2016 until 2021, and as committee chair since January 2022.

Katie Ruth, MD

Catherine (Katie) Ruth, MD is a Family Medicine physician practicing in Klamath Falls, OR. She studied medicine at Temple University in Philadelphia before moving to Oregon to complete her Family Medicine Residency through OHSU- Cascades East. She practiced full-spectrum FM at an FQHC in Klamath Falls for 2 years after completing her residency before moving to her current position as Medical Director at a local Klamath Hospice and Palliative Care organization. She enjoys the time her current role allows her to spend with patients and families going through some of the most difficult and meaningful times of life.

Kate Westmoreland, MD

Dr. Westmoreland began her professional life in theatre, but has never regretted the switch to medicine. She completed her medical training in Galveston, Texas, and has practiced palliative care for more than twenty years in almost every possible setting. She is delighted to be finishing her career as Medical Director of Palliative Care at Asante Health, a rural health system which provides excellent multispecialty care to patients in an enormous and gorgeous catchment area in Southern Oregon and Northern California. She invites y’all to visit.
B1 – Healing the Rural Urban Divide

Thursday, April 28 from 1:45-2:45 PM
WebEx Link Here
B1 - Presentation

Learning Objectives:

1. Identify ways in which social and political determinants of health may have differently impacted rural and urban communities
2. Explore how rural and urban communities experienced harm differently during the pandemic
3. Identify opportunities for healing the rural-urban divisions

Speakers:

Krisa Gigon, RN, BSN

Krisa is an Employee Health Nurse and Bioethicist for Samaritan Health Services at Good Samaritan Regional Medical Center in Corvallis where she has worked since 2004. She had my first job in healthcare at the age of 18 and has been working, more or less, in this field for more than 40 years. When not working, she spends her time expanding her garden by shrinking her lawn, preserving food and cooking for friends and family, reading, and preparing for what life without a child at home will be like in the fall.

Heather Offenstein, MD

Heather Bentley Offenstein, MD is the current Hospitalist Director and Cardiopulmonary Director at Samaritan North Lincoln Hospital in Lincoln City, Oregon. She attended the Chicago Medical School, graduating in 2003. She then moved to Portland where she did her internal medicine internship and residency at OHSU, followed by fellowships in Pulmonology and Critical Care, also at OHSU. While living in Portland, she decided to permanently relocate to the Pacific Northwest. She spent 9 years practicing pulmonary and critical care, primarily in eastern Washington where she acquired a love for practicing rural medicine. She then made a career change to become a hospitalist at a critical access hospital, relocating to Lincoln City, close to her family. She greatly enjoys the close relationships from working and volunteering in a small town, as well as teaching family medicine residents inpatient rural medicine through the Samaritan Family Medicine residency program. In her free time, she enjoys traveling and hiking with her daughter Anna.
Carl Hoogesteger, MD

Dr. Hoogesteger is a family medicine physician, providing primary care to patients of all ages. He grew up in Gold Beach, OR and decided to pursue a career in medicine after admiring the way physicians service the rural areas of the Oregon Coast. In his free time, Dr. Hoogesteger enjoys running, hiking, camping, fishing and gardening.
B2 – Cultivating a Sense of Story: Narrative Medicine Techniques and Practice

Thursday, April 28 from 1:45-2:45 PM
WebEx Link Here

Learning Objectives:

1. To define the field of narrative medicine
2. To demonstrate the technique of close reading
3. To explore the applicability of narrative medicine techniques to ethical conundrums

Speaker:

Alessa Colaianni, MD, MPhil

Dr. C. Alessandra Colaianni MD MPhil is a head and neck surgeon and writer at Oregon Health and Science University. She completed her masters training in History and Philosophy of Science at the University of Cambridge as a Gates Cambridge Scholar, studying the history and sociology of intentionally ineffective CPR (so-called “slow codes”). She studied medicine at Johns Hopkins University, and completed her postgraduate residency training at Massachusetts Eye and Ear-Harvard Medical School, and fellowship in head and neck surgical oncology and microvascular reconstruction at Vanderbilt University. She has been using writing as a way to process difficult or ethically questionable issues in medicine since her time as a medical student, and publishes essays about medical and surgical training and practice in both the medical and lay press.
B3 – Ageism, Empowerment and Preventing Misuse of POLST

Thursday, April 28 from 1:45-2:45 PM
WebEx Link Here
B3 - Presentation

Learning Objectives:

1. Examine the new HEDIS advance care planning metrics and explore lessons learned from prior age-based metrics on POLST quality
2. Review data on POLST order concordance
3. Identify interventions to prevent misuse of POLST and improve access

Speaker:

Susan Tolle, MD

Dr. Susan Tolle is a graduate of the Oregon Health & Science University. After graduating AOA (Alpha Omega Alpha) for OHSU, she completed her internal medicine residency at UC San Diego where she was also Chief Resident. She later completed a fellowship in Clinical Medical Ethics at the University of Chicago. Susan founded and has directed the Oregon Health & Science University Center for Ethics in Health Care since 1989 and has shepherded its growth into a now internationally recognized ethics center with programs such as the Portable Orders for Life-Sustaining Treatment (POLST) program and more recently the Program in Compassionate Communication. Dr. Tolle is a Professor of Medicine, and holds the Cornelia Hayes Stevens Endowed Chair in Health Care Ethics. Her awards include the 2014 MacLean Prize in Clinical Medical Ethics and the OHSU 2016 Esther Pohl Lovejoy Leadership Alumni Award. She also serves as the Chair of the Oregon POLST Coalition.
B4 – Rationing Decisions on ECMO

Thursday, April 28 from 1:45-2:45 PM
WebEx Link Here
B4 - Presentation

Learning Objectives:

1. Understand where ECMO lies in general disease treatment
2. Reconcile rationing of ECMO with general ethical principles and Oregon Health Authority guidelines
3. Establish some basic tools to help navigate common pitfalls

Speakers:

Joseph Deng, MD

Dr. Deng is board certified in family medicine, anesthesiology, critical care medicine, neuro-critical care, and advanced transesophageal echocardiography. His current clinical practice includes general anesthesiology as well as critical care medicine within which he specializes in neuro-critical care and extracorporeal life support. Dr. Deng has also been involved in medical professional liability since 2016 and serves on various committees and is a member of the board of directors at Physicians Insurance – A Mutual Company, based in Seattle. At Legacy Health, he currently serves as the medical director for Legacy’s Adult ECMO program and has worked to develop an Ethics-vetted crisis care tool for Legacy’s ECMO service to apply during the current pandemic that is multi-disciplinary and available 24/7/365.
**Plenary Session:**
Rough Terrain: Charting Oregon’s Path from Health Disparity to Health Equity

Thursday, April 28 from 3:00-4:00 PM  
[WebEx Link Here](#)  
Rough Terrain - Presentation

**Learning Objectives:** Participants will be able to explain:

1. Approaches for identifying implicit bias at the organizational and personal levels, explicit bias, and strategies and approaches for overcoming bias. Also explain how bias is a health determinant impacting access, outcome and status
2. Ways health determinants and their impacts thereof can vary between – and within – diverse groups and subgroups. Also identify and build upon lesser known culturally based assets, strengths and resiliencies that might be used to promote compliance and enhance satisfaction.
3. Strategies for ongoing disparity reduction development including accessing evidence-based information, identifying and sharing best practices, and becoming an asset for diversity for one’s discipline, organization and community

**Speakers:**

**James Mason, PhD**

Dr. Mason is the Chief Equity, Diversity and Inclusion Officer for CareOregon. He is the former chief diversity officer for Providence Health & Services in the Oregon region. He also directed the Office of Multicultural Health for the State of Oregon. He was one of the inaugural founders of the National Association of State Offices of Minority Health. He was also a senior consultant and original member of the National Center on Cultural Competence at Georgetown University. He has consulted with health systems, professional schools and programs, and related health and human service organizations in the United States, Latin America, and Canada on issues of workforce diversity and culturally competent service delivery.
Plenary Session:
Workforce Shortages during the Pandemic: Causes, Effects and the Way Forward

Friday, April 29 from 8:00-9:20 AM
WebEx Link Here

Learning Objectives:

1. Understand some of the forces at work driving workforce shortages during the pandemic
2. See the connections between workforce shortages and downstream effects on care
3. Explore ideas for how to resolve our current dilemma and steps to take to prevent similar issues in the future

Moderator:

Hong Lee, PhD

Hong Lee is the Medical Ethicist at Salem Health. He grew up in San Francisco and discovered his passion for ethics while completing his BA in philosophy at the University of California, Berkeley. Hong then went on to complete his PhD in Philosophy at Bowling Green State University in Ohio and a fellowship in Clinical and Organizational Ethics at the University of Toronto’s Joint Centre for Bioethics. He has been providing clinical ethics services to Salem Health since 2013. His current research interests include decisional capacity, medical futility, and surrogate decision making.

Speakers:

Matt Calzia, BSN, RN

Matt Calzia, BSN, RN has been a nurse in Oregon for a bit over a decade, with experience in intensive care, catheterization lab, and rapid response. As a nurse practice consultant with the Oregon Nurses Association he collaborates with nurses across the state on issues related to nurse practice.
Iria T. Nishimura brings her passion for serving the community along with skills as a registered nurse with a master’s degree in health care management to lead the locally based Willamette Valley Hospice, non-profit hospice into its 40th year. Iria’s hospice story started as many do – through a personal experience. After being involved in her father’s hospice care at the end of his life, Iria was motivated to make a career change to hospice. For the last ten years, Iria has been leading a variety of hospices across the country and has experience with large, national for-profits chains, as well as smaller community organizations. She served as a state surveyor and even started a new hospice.

Holly Montjoy, MD

Holly ventured out west for residency and stayed, bringing much of her extended family along with her. She is the Associate Director for residency education at Cascades East Family Medicine in Klamath Falls, champions the geriatrics curriculum for the residency and has added expertise in palliative care. She is active in the medical staff leadership at Sky Lakes Medical Center. She and her wife enjoy time with their dogs, cats and young sons.
C1 – Vaccine Mandates – Justice and Autonomy in a Divided Community

Friday, April 29 from 9:30-10:30 AM
WebEx Link Here

Learning Objectives:

1. Develop an understanding of why respectful and inclusive language surrounding people with disabilities will lead to improved care.
2. Discover how to incorporate respectful and inclusive language that will better engage people with disabilities (which will lead to better healthcare outcomes).

Speaker:

Laurie Morrison, MD

As a resident, Dr. Morrison was told she was “too soft” for surgery. After successfully practicing vascular surgery for 16 years, she decided to lean in to this critique, and pursued a Master’s of Science in Bioethics from Union Graduate College. She has been happily exploring her softer side as a Clinical Bioethicist at PeaceHealth Southwest Medical Center since 2017. In addition to clinical ethics, she has a passion for organizational ethics and ethics-informed policy. She is a proud Canadian who loves the Pacific Northwest as a second home.
C2 – Patient Visitation during the COVID-19 Pandemic: Unintended Consequences and Lessons Learned

Friday, April 29 from 9:30-10:30 AM
WebEx Link Here

Learning Objectives:

1. Critique the process for creating, and decisions made to, the OHSU COVID-19 visitation policy
2. Compare the process and decisions made to your own institution’s patient visitation policy
3. Propose best practices moving forward for developing patient visitation policies in an evolving pandemic

Speakers:

Melissa Monner, MS, HEC-C

Melissa Monner M.S. HEC-C is the Director of Patient Relations at Oregon Health & Science University. She serves on the Critical Incident Stress Debriefing Team, the OHSU Ethics Consult Service, the Institutional Ethics Committee and Center for Ethics Executive Committee as an Associate Director. She enjoys being a part of a community of skilled and wise colleagues who collectively think about how to care for patients and their loved ones.

Ian Jaquiss, JD

Ian works in the Affirmative Action and Equal Opportunity department where he is OHSU’s ADA Coordinator. Ian’s job is help make OHSU a more welcoming place for people with disabilities. In AAEO, Ian works on issues related to disabilities including requests for Reasonable Accommodations from OHSU employees and visitors. He is also the chairperson of the Physical Access Committee at OHSU, where he works with departments across the enterprise advising on the removal of barriers for people with disabilities. Ian started at OHSU more than seven years ago, primarily as trainer in Disability Culture. Since he started at OHSU, Ian has conducted more than 500 trainings, training more than 5,000 OHSU employees. Prior to OHSU, Ian worked in a variety of fields ranging from journalism to professional sports. Ian has a juris doctorate and a degree in English.
C3 - #ThoseWeCarry: Creating Nano-Narratives

Friday, April 29 from 9:30-10:55 AM

WebEx Link Here
C3 - Presentation

Learning Objectives:

1. Identify the importance of storytelling in cultural interactions
2. Identify several micro storytelling formats popular in current writing
3. Craft a brief narrative to capture impressions from the past 2 years of the pandemic

Speaker:

Torree McGowan, MC, FACEP

Dr. Torree McGowan, MD, FACEP, is a graduate of Oregon Health and Science University. She is an Air Force veteran with deployments to Iraq and Afghanistan. She currently works at St Charles Medical Group in Central Oregon and current serves in the Oregon Air National Guard. She is a nationally recognized speaker on disaster preparedness and mass casualty response, and serves on numerous national committees with the American College of Emergency Physicians. She lives on a hay farm in Culver with her husband, their two boys, 6 horses, 3 dogs, and a cat.
C4 – KPNW’s Systemwide Approach to Encourage Meaningful ACP Discussions

Friday, April 29 from 9:30-10:55 AM
WebEx Link Here
C4 - Presentation

Learning Objectives:

1. Outline history of development of Life Care Planning (ACP/LCP) initiative within Kaiser Permanente Northwest (KPNW)
2. Describe systems design, stakeholder engagement, barriers, tactics to advance LCP work within KPNW
3. Share model of physician and staff training to enhance communication skills for conducting meaningful LCP conversations

Speakers:

Evgenia Krotova, MD, FAAHPM

Evgenia Krotova, MD, FAAHPM, is an Inpatient Palliative Care physician and Medical Director of Life Care Planning at Northwest Permanente. Dr. Krotova completed her Internal Medicine residency training at NYU Winthrop Hospital in New York, and Hospice and Palliative Medicine fellowship at Mount Sinai Beth Israel Hospital in New York City. She continued to practice Inpatient Palliative Medicine for 4 years in New York before moving to Portland in 2016. Shortly after starting with NWP, she joined Life Care Planning team and continues to work towards improved access to Advanced Care Planning for KP members. She attends on Inpatient Palliative Care Service at KPNW and is one of the physician representatives for KPNW on the National Dignified Journeys initiative.
Anna Scott, RN, MSN, MHA, CHPN

Anna Scott, RN, MSN, MHA, CHPN, is a registered nurse with Kaiser Permanente Hospitals and Health Plan Northwest (KPNW) for the past 19 years. Anna has led the Life Care Planning program since its inception in 2015 and also manages the patient safety net quality programs. Prior to her work in life care planning, Anna was helped launch the initial outpatient palliative care clinic in Kaiser SCAL Fontana in 2004, and lead implementation of additional palliative clinics in Riverside, CA 2010 and KPNW in 2012. She is the health plan lead for Dignified Journeys for KPNW. Anna currently serves as the chair of the Oregon POLST Quality Committee.

Cylia Amendolara, MBA

Cylia Amendolara, MBA, has worked in healthcare administration for 22 years, with her first 18 years at OHSU. She is currently the Regional Practice Director for the departments of Hospice and Palliative Care and Hospital Medicine, as well as for the Virtual Hospitalist program within Northwest Permanente. Her Healthcare MBA from the joint OHSU/PSU program culminated in a graduate capstone project focused on social determinants of health for at risk members within Kaiser Permanente Northwest (KPNW). Cylia has been leading the inpatient focus on Life Care Planning notes since 2018 with the department of Hospital Medicine and representing KPNW within the national KP Dignified Journeys initiative since 2020.
Plenary Panel:
Creative Strategies That Have Helped Promote Healing for Staff Morale in the Pandemic

Friday, April 29 from 11:00-12:10 PM
WebEx Link Here

Learning Objectives:

1. To consider the impact that the pandemic has had on front line staff
2. To hear about approaches from different health systems to support frontline staff during the pandemic
3. To proactively consider strategies health systems might adopt for care of healthcare workers post-pandemic

Speakers:

Susan Hedlund, MSW, LCSW, OSW-C

Susan has been an oncology social worker for more than thirty years and specializes in the development and provision of psychosocial support services for people with cancer and their loved ones. Currently she supervises adult oncology social workers at OHSU and coordinate wellness offerings of yoga, mindfulness-based stress reduction, exercise, massage, and retreats for people with cancer. She has spoken and written extensively about the impact of cancer on individuals and families, and on palliative and end of life care.
Wes Sedlacek, MDiv, BCC

Wes Sedlacek is a fifth generation Oregonian who received his B.A. in Theater and History from University of Portland, and his M.Div. from the Seminary of the Southwest in Austin, TX. He started doing hospital chaplaincy in 2005 and is a Board Certified Chaplain (BCC) through the Association of Professional Chaplains. Wes is currently the Manager of Chaplain Services for Samaritan Albany General Hospital and Samaritan Lebanon Community Hospital. He is a member of ethics leadership and the wellbeing team for Samaritan Health Services. His passion is engaging people in conversations dealing with goals of care and quality of life so their wishes for medical care can be documented appropriately.

Fernando Serna, MDiv, BCC

Fernando was born in New York City of Colombian immigrant parents. He completed a B.A. degree in Chemistry at New York University. In addition, he possesses a Master’s degree in Religious Studies from Providence College, Rhode Island and a Master of Divinity degree from the Dominican House of Studies, Washington, D.C. Over the course of 32 years in ministry Fernando has accumulated extensive experience in spirituality, spiritual direction, education, leadership, pastoral ministry, and interfaith dialogue. Currently, Fernando is a staff chaplain at Oregon Health and Science University in Portland, OR.
D1–Local and Regional Collaboration to Facilitate Equitable Hospital Access

Friday, April 29 from 1:10-2:10 PM
WebEx Link Here

Learning Objectives:

1. Describe the value of a centralized hospital intake process in ensuring consistency, transparency and accountability
2. Understand how key ethical principles can guide daily patient placement operations
3. Describe how a framework of communication between hospital systems improved trust and helps get the right patient to the right place at the right time

Speakers:

Stephanie Gilliam, MN, RN, NE-BC

Stephanie Gilliam is the Director for Mission Control at Oregon Health and Science University. She earned her Master’s of Nursing in Health Systems and Organizational Leadership in 2016. She also holds a Bachelor’s of Science in Nursing and A Bachelor’s of Science in Biology. Hospital operations and capacity management have been a focus of her career for the last 12 years. Critical care nursing is where she got her feet wet in health care. Stephanie lives outside of Portland with her two teenage children and spends her free time attending basketball, soccer, dance, cross-country, and track events.

Carl Eriksson, MD, MPH

Carl Eriksson is a pediatric intensivist and the Medical Capacity Officer at Doernbecher Children’s Hospital, with a goal of improving Doernbecher’s ability to care for all children who need them regardless of the circumstances. He is part of the Mission Control leadership team at OHSU, and an Associate Professor of Pediatrics. His professional time is split between taking care of patients in the pediatric ICU, research in quality of care for children, and medical capacity work. Outside of work he enjoys spending time outside with his family and cheering loudly in Swedish at his children’s sports events.
D2 – Nudging in the Context of Shared Decision Making: Indicated, Manipulative or Both?

Friday, April 29 from 1:10-2:10 PM
WebEx Link Here

Learning Objectives:

1. Review the framework of shared decision making
2. Develop a shared understanding of the concept of nudging
3. Discuss the ethics of decisional architecture in health care

Speaker:

Sara Taub, MD, MBE

Sara is a physician bioethicist whose work straddles pediatric palliative care and general pediatrics. She has worked at OHSU in the Department of Pediatrics since she completed her pediatrics residency there and her fellowship in hospice and palliative medicine at the Children’s Hospital of Philadelphia. She enjoys working as part of interdisciplinary groups and partnering with patients and families. Outside of work, she prioritizes cultivating her interests in food and the great outdoors with her family; she longs for a time when in person social gathering will be safe again.
D3 – Explore the New Oregon Advance Directive

Friday, April 29 from 1:10-2:10 PM

WebEx Link Here

[WebEx Link Here]


D3 Article - “Substituted Interests and Best Judgments”

Learning Objectives: This session will enable the participant to:

1. Be able to show someone where to find the new Oregon Advance Directive and its User’s Guide
2. Be able to explain who the Oregon Advance Directive is for, why it is structured the way it is, and how it is different from the POLST
3. Know how to get additional information and stay up to date with the Oregon Advance Directive

Speakers:

Jennifer Hopping, MSW, LCSW

Jennifer Hopping, MSW, LCSW, is a Licensed Clinical Social Worker who completed her master’s degree at University of California, Berkeley. She has 18 years of experience in hospital and clinic settings, the last 10 of which in palliative care. Jen works as a manager for Providence Oregon and continues to practice clinically in the inpatient and outpatient settings. She also teaches at CSU’s Shiley Institute for Palliative Care. Jen serves as a member of the National POLST Paradigm’s Research and Quality Committee and a member of the Oregon State Legislature’s Advance Directive Adoption Committee. She lives in SE Portland with her partner and two adventurous children, ages 7 & 11.

Woody English, MD

Woody English, MD is the Vice Chair of the Oregon Advance Directive Adoption Committee. He established and led the hospitalist service at Providence St Vincent from 1998 to 2007. In 2007 he co-founded the palliative care service there and eventually became medical director for Palliative Care for the Oregon Region of Province until his retirement in 2013. Since then, he has worked on various committees to revise the Oregon Advance Directive, which came to fruition on June 2, 2021 with the passage of Senate Bill 199. His medical training has included certification in internal medicine, infectious diseases, hospice and palliative care. In retirement he continues his activity on several committees for the Oregon POLST Coalition. Currently, he also serves as a lay minister in his church and on the Board of Directors for Care Oregon.
D4 – From *The Odyssey* to the Bedside: Examining Birth Plans, Ulysses Pacts and Advance Directives

Friday, April 29 from 1:10-2:10 PM
[WebEx Link Here](#)

**Learning Objective:**

1. Participants will be able to describe the major differences and similarities between Birth Plans, Ulysses Pacts and Advance Directives
2. Participants will consider the bedside application of each one of these forms through facilitated case studies and discussion
3. Participants will reflect on the nature of making choices for oneself in advance in various contexts, using *The Odyssey* character Ulysses as a metaphor

**Speaker:**

Kayla Tabari House, RN, MBE

Kayla Tabari House (she/her/hers) is clinical ethicist at Providence Center for Health Care Ethics. Her role involves conducting clinical and organizational ethics consultations across Providence-Oregon, as well as working with the Center team on ethics education. Kayla began her career as a labor and delivery nurse, where she specialized in therapeutic communication during stillbirth and pregnancy loss. Kayla holds a Master of Bioethics from Harvard Medical School, a Bachelor of Science from the University of San Francisco, and is working on her Ph.D. at Oregon Health & Science University. Her research interests are focused on life’s most powerful transitions, particularly childbirth and hospice care.
Plenary Session:  
Reflecting on Oregon’s Uniqueness: Lessons Learned and the Path Forward

Friday, April 29 from 2:20-3:20 PM  
WebEx Link Here

Learning Objectives:

1. Identify professional identity formation and the care of the self: allowing for resilience and well-being through community reflection on pandemic response
2. Examine the impact of running on empty: rethinking risk and the duty to treat
3. Explore the role of love that does justice: where do we go from here?

Speakers:

Stephen Post, PhD

Stephen G. Post is Professor of Family, Population and Preventive Medicine & Founding Director of the Center for Medical Humanities, Compassionate Care and Bioethics (2008-present). Previously he was Professor of Bioethics in the Department of Bioethics of the Case Western Reserve University School of Medicine (1988-2008). He also taught at the University of Chicago Pritzker School of Medicine.

S.G. Post has been quoted in more than 4000 national and international newspapers and magazines including the New York Times, the Irish Times, the Los Angeles Times, Parade Magazine, U.S. News and World Report, the Wall Street Journal, the Washington Post, the Boston Globe, the Toronto Star, the Sydney Morning Herald, Newsweek, the National Post (Canada), the Christian Science Monitor, the Baltimore Sun, the Philadelphia Inquirer, the Utne Reader, “O” Magazine, Psychology Today, and U.S.A. Today. His work was featured in the Time Magazine Special Edition on the Science of Good & Evil in April 2019.
Keynote Closing Remarks:
Hong Lee, PhD and Susan Tolle, MD

Friday, April 29 from 3:20-3:30PM
SAVE THE DATE!

THE 2023 ANNUAL
KINSMAN BIOETHICS CONFERENCE

THURSDAY, APRIL 20 & FRIDAY, APRIL 21
8:00-4:00PM PT
Boulder Falls Inn, Lebanon, Oregon
REGISTRATION WILL OPEN IN FEBRUARY 2023

Tyler Tate, MD, MA
Co-Chair

Prasanna Krishnasamy, MD, MPH
Co-Chair

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Thank you for attending the 2022 Kinsman Bioethics Conference,
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If you are applying for CE credit, please be sure to complete the attendance sheet and surveys that are sent via email. If you have any questions, please email Dave Hoyt at hoytd@ohsu.edu.