
SPRING TERM 2020

PNP Program Newsletter

The Quarterly Newsletter for Students, Faculty, & Staff



COVID-19: Message from Asma Taha, Program Director

Dear PNP OHSU Team,

During this most unusual of 'spring terms', I hope you found at least a few moments of rest and time to take a deep breath.

There is so much that is unknown and so much that is unsettling for all of us. As we move through these days it is important that we take time to connect with ways that replenish us. Please feel free to reach out to me personally or to any of our PNP faculty team if you have any questions or concerns. We will also continue to gather on Mondays from 10 - 11 am via Webex to stay connected. We would love to see you so join us if you have time.

May we together learn how to live as well and wisely as we can-- as we got through these days of unknowing.

Take care and be well,

Asma

Emails from the School of Nursing will be sent out every Tuesday and Friday for the duration of the pandemic. Here are some helpful links and resources to utilize. Please don't hesitate to let us know if there are any questions you have.

Student COVID-19 Website:

<https://o2.ohsu.edu/covid-19/faq.cfm#students>

COVID-19 Updates and Information:

<https://now.ohsu.edu/member/post/covid-19-updates-and-information-week-march-30/40d6c164-3912-49ad-992b-5c0a33b58171>

Financial Aid: As posted at the OHSU COVID-19 website, student section, you may contact the Financial Aid Office at finaid@ohsu.edu or 503-494-7800.

Financial Assistance: If you need financial assistance, you may qualify for a short-term loan. Contact the Financial Aid Office at finaid@ohsu.edu to apply.

OHSU Wellness site:

<https://o2.ohsu.edu/covid-19/wellness-task-force.cfm>

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**I will teach you in a room.
I will teach you now on Zoom.
I will teach you in your house.
I will teach you with a mouse.
I will teach you here and there.
I will teach you because I care.
So just do your very best.
And do not worry about the rest.**

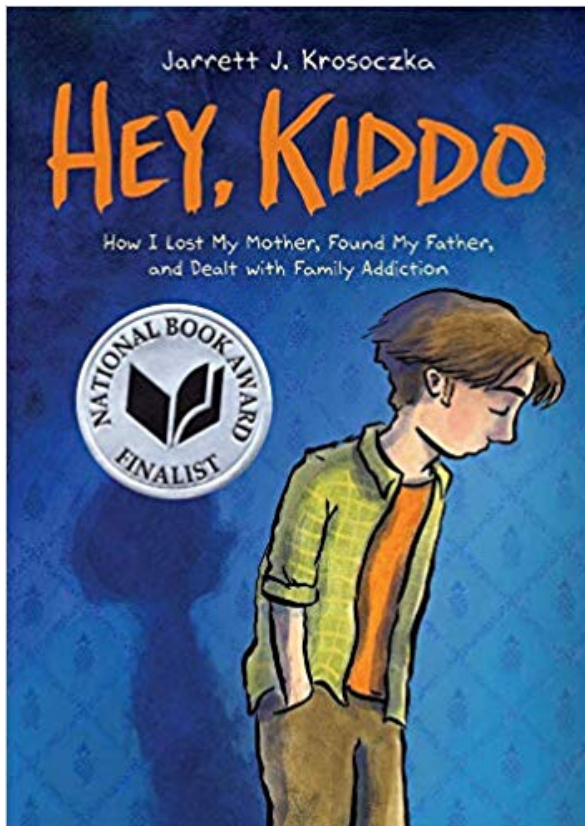
Grand Rounds

Held Thursdays at 8:00 a.m.

<https://www.ohsu.edu/doernbecher/pediatric-grand-rounds>

Pediatric Grand Rounds, if you're not familiar, are weekly lectures for faculty, practitioners, providers, and community pediatricians to learn about pediatric topics, research, and challenging clinical cases. This is open to the public to attend. Note--Pediatric Grand Rounds are available only via live-streaming and recording until further notice.

Topics and links are updated once a week, so be sure to check in frequently for scheduled talks.



Book Club

Our Spring Book club will be on May 20th at 12:30p-2:30p via WebEx.

The book for Spring term is:

Krosoczka, J. J. (2018). Hey Kiddo: How I Lost My Mother, Found My Father, and Dealt with Family Addiction. Scholastic Inc: New York.
ISBN13: 9780544902489; Retail price \$10.45 - 24.99 hardcover; Kindle Edition \$9.99

This is an important part of our program and we hope you will all make every effort to attend. The book is a graphic novel and very well done. You can read this book easily in 2 hours one evening and I would encourage you to do this one evening when your brain is fried and you need something less cognitively challenging. Take care of yourselves! -Julie Martchenko

Barkley Exam

For Second Year Students-

The Barkley Examination will open on Monday, April 13th and be available through Thursday, April 23rd. This is the pre-test. On Monday, May 4th through Friday, May 22nd, the post-test review will be open. If you cannot locate instructions on Sakai, please contact Sandra Banta-Wright at bantawrs@ohsu.edu.



Check it Out: Pediatric-Based Podcasts!

A huge thank you to Christy Deobald, Class of 2023, for these podcast recommendations!

University of Arizona Pediatric Grand Rounds

As a free community service, the University of Arizona Medical Center offers community physicians and caregivers a variety of informative lectures and educational presentations. Tune in to learn about the latest medical research and patient treatment in these weekly programs. [Click to listen.](#)

Children's Hospital of Cincinnati Pediatric Grand Rounds

Pediatric Grand Rounds at Connecticut Children's provides pediatric practitioners with high-quality, evidenced-based continuing medical education that is both practical and cutting-edge. [Click to listen.](#)

Virtual Curbside

From the American Academic of Pediatrics, Utah Chapter, this podcast pairs pediatric providers with sub-specialists to learn from each other and connect on all things pediatrics. [Click to listen.](#)

DIY Mask Tutorial



A great how-to guide to make a mask at home. [Click for the step-by-step video on YouTube.](#) Thank you Christy Deobald for the information!



Do you have any recommendations or ideas you'd like to share? Email Aimee Garcia at garciaai@ohsu.edu.