

Temporary inpatient guidelines for visiting or supporting a patient

Includes day surgery and procedure units

At OHSU, we believe that the support of friends and family is an important part of healing for a patient. In light of the COVID-19 coronavirus, we have had to make some temporary changes to our visitor policy to keep everybody safe. As of October 25, 2021, adult patients can have 1 adult visitor (age 18+) a day and child patients can have 2 adult visitors (age 18+) a day in most cases. **Hours for visiting most adult patients are 5 a.m. – 9 p.m.**

What are the rules for visiting and supporting a patient?



- We request all who are visiting or supporting a patient to either be **fully vaccinated** or have a **negative COVID-19 test result**, taken in the last 72 hours.
- If you were sick, tested positive or were exposed to COVID, you must **wait 10 days** before coming to OHSU.
- If you were on a cruise or traveled outside the country, you must **wait 10 days** before coming to OHSU.
- Always wear an approved **mask** that fully covers your nose and mouth. It should be tight fitting and worn for the entire visit to help prevent the spread of COVID-19.
- Stay **6 feet** from others.
- Check in and out through the **screening checkpoints** (or units after hours).
- **Clean your hands** every time you enter or leave the hospital and any patient or exam room. Use hand sanitizer or wash with soap and water for 20 seconds.
- **Stay in the patient's room.** Limit how much you move around the hospital (cafeteria, hallways, etc.).
- We may ask you to wait at home or outside if the patient is not in their room.
- We may limit visits in open treatment areas.
- If you do not wear your mask or other required protective gear to help prevent the spread of COVID-19, **we will ask you to leave.**

How is OHSU keeping people safe in the hospital?



- OHSU has always had strict controls in place to stop the spread of infection. We are taking extra steps to keep patients, staff and visitors safe from COVID-19 by doing things like:
 - Adding checkpoints at building entrances to screen everyone for COVID-19 symptoms
 - Using more video and phone visits
 - Requiring most non-clinical staff to telecommute

How is OHSU responding to COVID-19?



- OHSU always has plans in place for disease outbreaks, and we are participating with state and local public health officials to coordinate a regional response to the coronavirus. The goal remains to contain the spread of the virus, known as SARS-CoV-2. Learn about OHSU's response to the pandemic at www.ohsu.edu/coronavirus.

Friends and family are important! Please connect with your loved ones often over the phone or through electronic communication.

➤ For more information on the coronavirus and COVID-19, visit www.ohsu.edu/coronavirus.