

Your doctor and his or her medical staff will help you decide what care is needed. You can call your doctor's office, 24 hours a day, 7 days a week. Your doctor may tell you to go to come to the office, go to an urgent care facility, or to the emergency room.

Urgent Care is for smaller emergencies that need quick attention.

Examples include:

- Sore throat, fever, common cold or the flu.
- Minor cuts, back pain, diaper rash, constipation, and toothache.
- Health issues that cannot wait for a primary care provider appointment.

Adventist Health Portland

Adventist Health Urgent Care - Sandy

PHONE: 503-668-8002

ADDRESS: 17055 Ruben Lane
Sandy, OR 97055

HOURS: Mon.-Fri.: 9 a.m.-8 p.m.
Sat.-Sun.: 9 a.m.-5 p.m.

adventisthealth.org/portland/urgentcare

Adventist Health Urgent Care - Parkrose

PHONE: 503-408-7008

ADDRESS: 1350 NE 122nd Ave.
Ste. 200
Portland, OR 97230

HOURS: Mon.-Fri.: 9 a.m.-8 p.m.
Sat.-Sun.: 9 a.m.-5 p.m.

adventisthealth.org/portland/urgentcare

OHSU

OHSU Immediate Care - South Waterfont

Schedule an appointment for the day you call with an OHSU provider for treatment of minor illnesses, aches and pains, injuries and more.

PHONE: 503-494-1700

ADDRESS: 3303 S Bond Ave.
Center for Health
& Healing Building 1,
9th floor

Portland, OR 97239

HOURS: Every day: 8 a.m.-8 p.m.

ohsu.edu/immediate-care

OHSU Family Medicine - Richmond

Walk-in appointments with an OHSU provider for treatment of minor illnesses, aches and pains, injuries and more.

PHONE: 503-418-1500

ADDRESS: 4212 SE Division St.
Portland, 97206

HOURS: Mon.-Fri.: 8 a.m.-8 p.m.
Sat.: 8 a.m.-5 p.m.

ohsu.edu/immediate-care

OHSU Health Hillsboro Medical Center

OHSU Health Hillsboro Medical Center Urgent Care - Hillsboro

PHONE: 503-681-4223

ADDRESS: 7545 SE Tualatin Valley Hwy.
Hillsboro, OR 97123

HOURS: Every day: 8 a.m.-8 p.m.

tuality.org/immediate-care

OHSU Health Hillsboro Medical Center Immediate Care - Forest Grove

PHONE: 503-359-6180

ADDRESS: 1825 Maple St.
Forest Grove, OR 97116

HOURS: Every day: 8 a.m.-8 p.m.

tuality.org/immediate-care

Urgent care is not a replacement for emergency care.

Dial 9-1-1 or go to the nearest hospital if you're having a life-threatening illness or injury.