The care you need — in your home

The OHSU Health Hospital at Home program provides hospital-level care in your own home.

The care provided by the OHSU Health Hospital at Home team includes:

- Video visits from a doctor or nurse every day.
- On-call service 24 hours a day, seven days a week to respond to any urgent needs.
- Nurses who check your temperature, breathing and pulse regularly and give you medicine as needed.
- IV antibiotics, fluids, tests, equipment, mobile imaging and therapy brought to your home as needed.
- A full report sent to your primary care provider at discharge.

Need help?

If you are an OHSU Health Hospital at Home patient or family caregiver, you can reach us 24 hours a day, seven days a week: 503-922-7949.
A tested, trusted alternative to the hospital

The hospital at home model has been tested across the United States over the past 10 years.

Nearly 90% of the patients offered hospital at home agree to participate. Patients cared for in their homes report higher levels of satisfaction than those who stayed in the hospital.

Studies of hospital at home show improved care and safety, with lower mortality rates and use of medication to treat delirium.

Sample schedule of home visits

**Day of admission**
- In-home admission visit and IV therapy session.
- Video visit with physician.
- Oxygen delivery and lab testing in your home.

**Day 1**
- In-home nurse visit with doctor on two-way video.
- IV therapy session and video visit checking on you and answering questions.
- Lab testing in your home.

**Day 2**
- Doctor visits through two-way video.
- IV therapy session and metered-dose inhaler breathing treatment.
- X-ray and video visit to check on you and answer questions.
- Lab testing in your home.

**Day 3**
- In-home nurse visit with doctor on two-way video.
- IV therapy session and video visit to check on you and answer questions.
- Lab testing in your home.

**Day 4**
- Doctor visits through two-way video.
- IV therapy session and video visit to check on you and answer questions.
- Lab testing in your home.

Frequently asked questions

**What is the difference between going home with OHSU Health Hospital at Home and staying in the hospital?**
OHSU Health Hospital at Home provides the same excellent, patient-centered, hospital-level care in your own home. Our team monitors your care 24/7 and provides video visits and in-home treatments daily as needed.

**What is the cost of the program?**
There is no additional cost to you other than similar out-of-pocket expenses you would expect for a hospitalization.

**Do you work with my physician?**
Our goal is to offer the best treatment plan for you by working closely with your primary care provider throughout your care.

**Can I leave my home while I am an OHSU Health Hospital at Home patient?**
In order to ensure your safety and speed up your recovery process, we ask that you stay home during the treatment period. Just as if you were staying in the hospital, the level of activity you are permitted will depend on your individual diagnosis and overall health status. When you are discharged from hospital at home, you may go back to your regular activities and lifestyle.

Next steps
If you choose to participate in OHSU Health Hospital at Home, we will begin the process to admit you to the program.
Our doctor will meet with you to explain your care, and we will send you home for immediate treatment.
Any needed medical equipment will be delivered to your home.

*The schedule is a sample only. The actual number of visits per day and services involved will vary based on your individual needs.*