We offer three types of Total Worker Health® resources

Developed and evaluated through a rigorous research study, such as a randomized controlled trial. Data are available on its effectiveness. These toolkits have the support of "gold standard" evidence.

EVIDENCE-BASED TOOLKIT

EVIDENCE-INFORMED RESOURCE Developed based on existing scientific knowledge on the topic and/or informed by evidence published in peer-reviewed research journals. Direct evidence about the effectiveness for each specific resource is not available, but such evidence-informed resources are likely to be beneficial because they are informed by research.

Describes the efforts to implement *Total Worker Health* strategies within a particular organization. Each case is a story about what one organization has done, and may help you learn about what others are doing and generate ideas for future efforts. The effectiveness or impact of approaches used cannot be strongly determined from one case study.

CASE STUDY





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