### Why a Career Development Award?

- To provide protected time for individuals to further develop their research expertise
- Because the odds of funding are higher than with an R01
- 78 awarded at OHSU since 2017
- K awards most common but don't forget VA CDA, NSF, AHA, ACS

### **Early Career Advice**

- Learn about NIH IC priorities and goals
- Identify the grant programs offered by each IC. Institutes are not harmonized.
- Identify the priorities of the IC. These can change!
- Make early contact with program officers
- Find good mentors and collaborators
- Study successful grant applications
- Only propose your best and most creative ideas
- You won't get a grant if you don't apply

### K Award Structure

#### Two equal components

- The science
- Career development plan
- They are equal in importance

#### Common Features of K awards

- 75% protected time for research
- Other 25% for clinical, teaching, admin
- Must have faculty appointment with exceptions
- US Citizen or non-citizen US nationals (except K99)
- Must have mentor team
- 3 to 5 years duration
- Most commonly \$100K salary and \$25K research funds annually but this varies by program, IC
- Cannot have had NIH RPG except R03, R21

#### Common Features: Appointment & Effort

#### Appointment:

 For K eligibility purposes, individual must have a <u>full-time</u> appointment at applicant organization at the time of application

#### Level of Effort:

- Mentored awards require full-time effort (defined as at least 9 person months (i.e.75%) on research and the rest on other career development related activities)
- Note, some K programs permit 50% effort for clinical specialties

#### Mentored K Awards

- K01: Mentored Research Scientist Development Award
- K07: Cancer Prevention, Control, Behavioral Sciences, and Population Sciences Career Development Award
- K08: Mentored Clinical Scientist Development Award for Laboratory Research
- K22: Research Career Award for Transition to Independence
- K23: Mentored Patient-Oriented Research Development Award
- K25: Mentored Quantitative Research Development Award
- K99/R00: NIH Pathway to Independence Award
- K12: Institutional Mentored Research Scientist Development Program

### Three sites to know

https://report.nih.gov/success\_rates/

Go here to find success rates for every type of K award submitted (or any other grant) by institute by year

https://projectreporter.nih.gov/

Go here to browse through all funded federal awards by type, location, scientific focus, etc.

https://researchtraining.nih.gov/programs/careerdevelopment

Go here to see an app that may help you determine which K award to apply for

# K01- Mentored Research Scientist Development Award

- Support for intensive, supervised career development in biomedical, behavioral, or clinical sciences leading to research independence.
- 75% FT effort, usually fixed salary
- Define the need for 3-5 years of additional supervised research, can be in new area for applicant or one that substantially adds to research capability of applicant
- Ideal candidate varies by institute
- Specific focus, under-represented in research, disabled, disadvantaged background, interruption of research career

## K01s vary by IC

NCI	2 to 5 years postdoc, diversity, disadv, disability	\$100K, \$25K res
NIDDK	2 to 4 years postdoc req	\$90K, \$25 res
NHLBI	Diversity, disadvantaged, or disability OR epidemiology, biostats, outcomes, implementation	\$100K, \$30K res
NHGRI	Ethical and social issues in genome science, some genome science res	No \$ limit for salary, \$40K res
NIA	Parent FOA	\$90K, \$25K res
NIAMS	Parent FOA	\$75K, \$20K res
NICHD	<ol> <li>Medical rehabilitation</li> <li>Child abuse and neglect</li> <li>Population research, demography</li> </ol>	\$75K, \$25K res
NIDA	Parent FOA	\$90K, \$50K res
NIMH	<6 yrs postdoc, 4 years support only	\$90K, \$50K res

## K01 success rates 2020

	Applications	Successful	Percent
NCI	15	8	53%
NHLBI	90	32	36%
NIDDK	119	39	33%
NIAID	21	9	43%
NCCIH	10	3	30%
NIMHD	36	15	42%
NINDS	17	5	29%
NIA	92	22	29%
NIAMS	32	8	25%
NICHD	8	3	37%
NIMH	75	29	39%
NIDA	75	22	29%

# NIH Pathway to Independence (PI) Award: K99 / R00

#### Eligibility:

- Intramural or extramural postdocs with 1-4 years of experience
- US Citizens and non-US Citizens
- Cannot have held a faculty position
- No more than 4 years of postdoc research training when submitted
- Cannot have been PI on R01, P01, etc (except R03, R21)
- Mentored Phase (K99): 2 yrs or less
  - Costs: Salary \$ 50,000 + Fringe + \$ 20,000 Research Expenses
  - Total Costs < \$ 90,000 /yr</li>
  - 0.75 FTE, Time to complete research, publish results
- Independent Investigator Phase (R00): 3 yrs or less
  - Costs: Salary + Fringe + \$ 50,000 Research Expenses
  - Total Costs < \$ 249,000 /yr</li>

# NIH Pathway to Independence (PI) Award K99 / R00

- Phase 1, 1-2 years of mentored support
- Phase 2, 3 years of independent support
- Phase 2 contingent on securing independent research position, evaluation of research plan, positive career development
- Initial application must have proposal for research project as independent investigator in Phase 2

### K99/R00 continues

- Transition from K99 to R00 is NOT automatic
- Contingent on securing an appointment as assistant professor, tenure track
- Only 30% of salary from R00
- NIH PO approves faculty position
- Expected to apply for R01 during R00 phase

# K08-Mentored Clinical Scientist Development Award

- Goal is to support development of outstanding clinician research scientist
- Similar to K23
- Limited to clinicians (MD/DO, clinical PhD, others with terminal doctorate, clinical license)
- 75% FT, \$25K for research
- Prospective candidate should propose study, research training for all years consonant with previous training and needs

### K08 success rates 2020

	Applications	Successful	Percent
NCI	172	65	36%
NHLBI	92	45	49%
NIDDK	66	28	42%
NIAID	41	19	46%
NCCIH	2	0	0%
NIMHD	2	0	0%
NINDS	59	18	31%
NIA	54	22	41%
NIAMS	20	6	30%
NICHD	2	1	50%
NIMH	15	8	53%
NIDA	9	4	44%

# K23 - Mentored Patient-Oriented Research Career

- Clinical degree or equivalent.
- Must have completed clinical training, including specialty/subspecialty training, prior to receipt
- Must be willing to spend minimum of 75% FT professional effort on research career development and clinical research.
- Must be citizen, noncitizen national, or permanent resident (no temp or student visas)
- No prior R01, R29, SBIR, P01 or P50 subproject, K08 or equivalent. R03 or R21 OK.

## K23 success rates 2020

	Applications	Successful	Percent
NCI	-	-	-
NHLBI	175	75	43%
NIDDK	83	39	47%
NIAID	36	8	22%
NCCIH	16	7	44%
NIMHD	17	7	41%
NINDS	68	15	22%
NIA	16	8	50%
NIAMS	30	9	30%
NICHD	7	5	71%
NIMH	107	40	37%
NIDA	50	13	26%

# **K25- Mentored Quantitative Research Development Award**

- For statisticians, chemists, engineers, physicists, computer scientists
- May be faculty-level scientists with little training in biology, medicine
- Must be willing to spend minimum of 75% FT professional effort on research career development and clinical research.
- Must be citizen, noncitizen national, or permanent resident (no temp or student visas)
- 3-5 years of study, seminars, observation, mentored research
- NHLBI, NIA, NIAA, NIAID, NIGMS, NIDA, NIEHS, NIDCD, NIDDK, NICHD

### Other K awards

K07 Academic Career Development Award.

May be curriculum development, development of teacher scientist. Also related to research ethics. NIA only.

K22 Career Transition Award.

Often intramural, but includes NIAID, NCI. Usually 2-3 years.

 K76 Paul Beeson Emerging Leaders Career Development Award in Aging

Like a K23 but better!

R50 NCI Research Specialist.

Support to non-PI; stable research specialist, essential to lab operation such as core director, data scientist.

### Institutional K12

- Scholars selected by institution, program leadership
- Awards 2, 3, or 5 years of research training
- Could be considered a pre-K award
- Otherwise, fairly typical compared to individual K awards
- What follows a K12? Usually another K award (K01, K23, K08) but could be RPG
- Irregular application cycles. Watch blogs or talk with program directors or OCTRI

### K12 awards at OHSU

- OCTRI KL2
- BIRCWH K12 (Building interdisciplinary research careers in women's health)
- Learning health systems K12 (with KP)
- Emergency medicine K12
- Women's reproductive health research K12
- Ophthalmology K12

### What has been achieved?

- Reduced time to R01? Sadly, no
- Gender equity. Yes, differentiated by application rates
- Increased odds of subsequent NIH funding?
   Yes (~45% for K01, K23, K08)
- Publication? Yes, K awardees have more pubs than non-awardees at same stage
- More involved in the scientific community?
   Yes, K awardees are highly engaged in scientific enterprise.

## K to R at OHSU

	Advance to NIH	Advance to NIH
	RPG or equivalent	R01 or equivalent
Overall (2009-20)	101/129 (78%)	84/129 (65%)
K01	13/16 (81%)	10/16 (62%)
K08	24/29 (83%)	18/29 (62%)
K23	29/39 (74%)	25/39 (64%)
K25	3/3 (100%)	2/3 (67%)
VA CDA	25/31 (81%)	24/31 (77%)
Foundation CDA	7/11 (64%)	5/11 (45%)

### Other CDA to consider

#### VA CDA1 and CDA2

- Somewhat more generous research costs
- Helps one to get established within VA

#### NSF

- Faculty Early Career Development Program (CAREER)
- Must be Asst Prof
- No citizenship requirements
- Minimum \$400K over 5 years; \$500K for biology, engineering, or polar research

#### Foundations, professional organizations

#### **American Heart Association**

- Up to Asst Professor (inclusive)
- ≤4 years since doctoral degree
- Can submit as a postdoc
- Citizenship includes many different visas

#### **American Cancer Society**

Phasing out research scholar grants, now emphasizing clinical scientist development

#### **American Diabetes Association**

- Junior Faculty Development
- \$138K total, \$75K PI salary
- Up to Assistant Professor (inclusive)
- ≤10 years after terminal degree

# Do you need some pilot or feasibility data to apply?

- Technically no.
- Practically yes.
- Funding begets funding. It demonstrates your research interest to reviewers
- It allows reviewers to see that others see you as fundable, never a small matter

## **Local Foundations**

#### **Medical Research Foundation of Oregon**

- These are often the first grants for new faculty
- Funding begets funding.....

#### **New Investigator Awards**

- \$50K, can include some salary
- Should be at the beginning of an independent career

#### **Early Career Investigator**

- \$30K, can include some salary
- Postdoc or clinical fellows are eligible
- Must be clinical or translational research

### **Local Foundations**

#### **Collins Memorial Trust**

- \$30K awards given 3 times a year
- Seed funding for projects that will be eligible for larger funding, like NIH
- Early investigators must have mentor

## Plan Your Next Steps

- Commit to a date and application cycle.
- Identify the funding mechanism and IC
- Confirm a research question and start to formulate specific aims
- Talk with potential mentors and identify at least one person who will support you throughout grant writing. Your team is larger.
- Consult the grant library
- Have a strong draft of aims
- Contact the appropriate PO
- Listen carefully to advice and follow through
- Have strong draft by 2 mos prior to due date
- Share with others
- Design Studio

## Kawards Part 2

October 13 12-1 pm Wednesday

Look for an invitation