ADDITIONAL INSTRUCTIONS FOR
Preparing your child for their test with sedation during COVID-19

Your family’s safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. Please follow these guidelines to keep you and your family safe for your child’s visit.

We update our guidelines based on the current COVID-19 situation. They may have changed since the last time you were here. Thank you for helping us keep us all safe.

3+ DAYS BEFORE YOUR CHILD’S TEST WITH SEDATION

Covid vaccines and your procedure
- If your child is getting their COVID vaccine, try to get it at least 3 days (72 hours) before their test with sedation. You do NOT need to cancel the test with sedation if the time between your vaccine and the procedure is shorter than 72 hours.
- Let your child’s provider know if they already got their 1st vaccine dose but need to get their 2nd dose around the same time as their procedure.
- Even if your child is vaccinated, they still need to be tested for COVID-19 before their test with sedation. The vaccine will NOT give you a false positive test result.

2 DAYS BEFORE YOUR CHILD’S TEST WITH SEDATION

Prevent the spread of COVID-19 – Even if you or your child is vaccinated
- Continue to stay 6 feet away from others and clean your child’s hands often. You and your child’s caregivers should also follow these rules.
- Your child and entire household should avoid close contact with others and try not to leave your home for at least 1 week prior to your child’s test, especially during the 2 days before the test. You CAN leave home for COVID testing.

Get tested for COVID-19
- We will call you to talk about coronavirus testing.
- Your child will need a PCR test within 2 days before their surgery. OHSU does NOT accept antigen or at-home test results. The COVID test must be a PCR test. Call your provider’s office if you need help scheduling a PCR test.
- If your child does not get tested within the required timeframe as defined during the scheduling process, we may need to reschedule their test with sedation.
Portland Expo Center – Appointments Required
Call 833-647-8222 or go to www.ohsu.edu/covidtest
2060 N Marine Dr, Portland, OR 97217
7:30 a.m. – 7:30 p.m. Monday – Wednesday
7:30 a.m. – 5:00 p.m. Thursday - Friday

OHSU Pre-Op Medicine Clinic, CHH 2
3485 S. Bond Ave, Portland, OR 97239
2 p.m. – 5 p.m., Monday-Friday
7 a.m. – 5 p.m., Saturday, Sunday and Holidays

Report COVID-19 symptoms
– Check for symptoms every day.
– Let your care team or scheduler know if you or your child have:
  □ Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
  □ Been diagnosed with COVID-19.
  □ Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.
  □ Traveled within the last 14 days to a CDC Level 3 risk country: www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notices.
  □ Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don’t have one, please call: OHSU Health COVID-19 Hotline at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.

THE DAY OF YOUR CHILD’S TEST WITH SEDATION

Coming to the hospital
– For patients younger than 18: 2 healthy adults (age 18+; no children) can be with the patient.
– At least 1 adult must be able to provide consent (legally make health care decisions) for the child.
– 2 max visitors per day are allowed to visit your child in their hospital room if they are staying overnight.

– We request any adult to either be fully vaccinated or have a negative COVID-19 test result, taken in the last 72 hours.

– **Wear a mask.** You and your child (age 2+) need to wear a mask at all times. Do NOT wear masks with breathing valves. If you do not have a mask, we can give you one. If you refuse to wear a mask without a valve, we may need to cancel your child’s **test with sedation.**

### Checking in

1. When you enter the Doernbecher building, you and your child will go through a **screening checkpoint** to make sure you and your child do not have COVID-19 symptoms.

2. Next, take the elevator to the 7th floor and check in at the beaver/bear desk.

3. You will be with your child in the sedation area and will be reunited as soon as possible after the test in the same area.

### Parents and caregivers

– During your child’s **test with sedation**, you should try NOT to move around the hospital too much. You can wait in your car in a spot with cell service, or in one of the **designated waiting spaces**.