

Additional instructions for preparing for your procedure during COVID-19

Your safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. Please follow these guidelines to keep you safe for your procedure.

We update our guidelines based on the current COVID-19 situation. They may have changed since the last time you were here. Thank you for helping us keep us all safe.

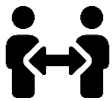
3+ days before your procedure



Plan out your COVID-19 vaccines

- If you are getting your COVID vaccine, try to get it at least 3 days (72 hours) before your procedure. You do NOT need to cancel your procedure if the time between your vaccine and procedure is shorter than 72 hours.
- Even if you are vaccinated, you still need to be tested for COVID-19 before your procedure. The vaccine will NOT give you a false positive test result.

2-3 days before your procedure



Prevent the spread of COVID-19

- Continue to stay **6 feet away** from others and **clean your hands often**. The person who brings you to and from the hospital and/or supports you during your stay should also follow these rules.
 - **Avoid close contact** with others and **try not to leave your home** for at least 1 week before your surgery, especially during the 2 days before your surgery. You **CAN** leave home for COVID testing.
- **Possible schedule changes.** We may have to reschedule your procedure if there is an increase in COVID-19 cases. We will keep your best interests in mind when making these decisions. Thank you for your understanding.

2-3 days before your procedure (continued)



Get tested for COVID-19

- We will call you to talk about coronavirus testing.
- You will need a PCR test within **2-3 days before your surgery**. OHSU does **NOT** accept antigen or at-home test results. The COVID test must be a PCR test. Call your CEI provider's office if you need help scheduling a PCR test.
- You will need to get tested:
 - 2-3 days before surgery for Monitored Anesthesia Care / Topical Anesthesia / Local Anesthesia
 - 2 days before surgery for General Anesthesia
- **If you do not get tested within the required timeframe, we may need to reschedule your procedure.**

OHSU testing sites:

- **Portland Expo Center – Appointments Required**
Call 833-647-8222 or go to www.ohsu.edu/covidtest
2060 N Marine Dr, Portland, OR 97217
7:30 a.m. – 7:30 p.m. Monday – Wednesday
7:30 a.m. – 5:00 p.m. Thursday – Friday
- **OHSU Pre-Op Medicine Clinic, CHH 2**
3485 S. Bond Ave, Portland, OR 97239
2 p.m. – 5 p.m. Monday - Friday
7 a.m. – 5 p.m. Saturday, Sunday and holidays



Report COVID-19 symptoms

- Check for symptoms every day.
- Let your surgeon or scheduler know if you have:
 - Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
 - Been diagnosed with COVID-19.
 - Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.
 - Traveled within the last 14 days to a CDC Level 3 risk country: www.cdc.gov/coronavirus/2019-ncov/travelers/map-and-travel-notice.
 - Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don't have one, please call:

OHSU Health COVID-19 Hotline at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.

The day of your procedure



Coming to the hospital

- **For patients age 18+:** You must have **1 healthy adult** (age 18+) available and responsible for getting your discharge instructions and to take you home after your procedure.
- **For patients younger than 18: 2 healthy adults** (age 18+) can be with the patient.
- We request all who are visiting or supporting a patient to either be **fully vaccinated** OR have a **negative COVID-19 test result within the last 72 hours**.
- **Wear a mask** (age 2+). Everyone needs to wear a face covering at all times. Do NOT wear masks with breathing valves. These do not provide the protection we need. If you do not have a mask, we can give you one. If you or the person with you refuses to wear the right kind of face covering, we may need to reschedule your procedure to another day.



During your visit

1. Enter the Casey Eye Institute through the main floor.
2. Next, go to the 6th floor to check in at the **admitting desk** and sign paperwork. You and the person with you will be asked screening **questions** to make sure you do not have COVID-19 symptoms.
3. Go to the **pre-procedure location** or surgery waiting area on the 6th floor.