

Wawein Aini Kabilo ak Spit (Kabilo) nan COVID-19 Teej

Kobwebweien kein teej eo ekoba: juon tuub in aini jambol in kabilo im kabar in tuub, funnel eo nan teini tuub, pepa arkool eo, pepa tool im biohazard baak eo. Kim ej teej nan COVID-19 ilo amim kojermal jambol in kabilo.

LOORI BUNTON KEIN

1 RUJ IM KABILO

Aini kabilo ej men eo moktata ilo raan eo emoj karoke nan aini jambol.

- JAB kotlok an ajiri eo mona, daak, buraje niin ak meme bwil 30 minit MOKTA jen an kojermal tuub in aini kabilo.



2 KALAAK TUUB IN KABILO

- Kabellok (inuti) kabar in tuub in jambol in kabilo eo ejelok kobban.
- Kadrelon funnel ilowaan tuub in jambol in kabilo eo ejelok kobban, einwot ilo pija eo.



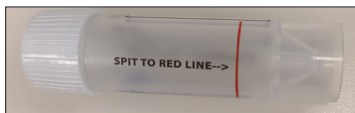
3 IEN KABILO

- Komman bwe ajiri eo en likit loniin ilo raan funnel eo.
- Kajjitok ibben ajiri eo bwe en lemnake mona eo ennotata ibbenmen in enej jiban bwe en iedteltel.
- Kanne tuub eo kin kabilo nan ne etobar lain buroro.



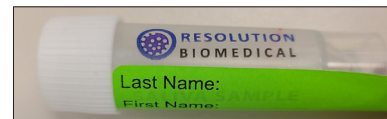
Mwormwor in kabilo ej aikuj bed lon in lain buroro.

- Ne kabilo "eddep" ilo torerein tuub, jidik am noe tuub eo bwe en wanlalak kabilo nan kabin tuub eo.
- Emaron bok elaplok jen 5 minit nan an ajiri eo komman jonan kabilo eo aikuj nan kaboole tuub.



4 KAMAKIT FUNNEL EO

- Lukkun kiili mejen tuub in jambol in kabilo eo.
- Jokbeje funnel eo.
- Iri torerein tuub in jambol in kabilo kin pepa arkool eo nan kareoki kabilo ko torerein.
- Kamara tarin 1 minit. Alikin, likit juon pepa kaddep ilo tuub in jambol in kabilo einwot an walok ilo pija eo lal.
- Lale bwe en alikar ad loe etan im raan in lotak.



5 BOJAK IN JILKINLOK

- Likit tuub in jambol in kabilo emoj jeiki kilin ilowaan biohazard baak eo.
- Lale bwe tuub in jambol in kabilo ej itaak ibben pepa tool ko.
- Lukkun kiili baak eo.
- Likit juon pepa kaddep ilo kilin biohazard baak eo.
- Lale bwe en alikar ad loe etan im raan in lotak.



6 JILKINLOK JAMBOL EO AM

Jambol eo ej aikuj in roollok ilo raan eo raar aini.

- Karool biohazard baak eo im ebed tuub in jambol in kabilo eo ie nan ijo rej aini men kein ilo mon jikuul eo am.
- Kwonaaj loe uaak in teej eo am ilo juon email ekwon jen OHSU Health (K12covidtesting@ohsuhealthmarketing.com) ilowaan 1-2 raan alikin am boklok jambol eo nan mon jikuul.

Kakwon kamelele IM aolep pepa kaddep ko IM jolok aolep kobej ko.