

# Ifan usun omw kopwe angei attufen emon ren omw kopwe cheki ren ewe semwen COVID-19

Ekkei pisekin chek mei pachenong: ruumen nenien attuf mi fiti paip me opwonun, paip, waip mi arukor, kaache me chotaan menun semwen mi efeiengaw. Sia tongeni cheki ei semwenin COVID-19 ren ach aea ekewe chonun non awach ika attufun aramas.

## FITI EKEI TETEN

### 1 PWAATA IWE KA ATTUF

Kopwe akomw angei chochonun non awen non ewe otun repwe chek.

- KOSAPW mwut ngeni ekewe semirit repwe mwongo, unn, piros ika mwongo appach 30 minich me MWEN repwe aea ekei nenien attuf.



### 2 OCHUFENGENI EKEWE RUUMEN NENIEN ATTUF

- Sukki opwonun ewe ruumen nenien attuf.
- Etikanong ewe paip non ewe ruumen nenien attuf mei peon, usun non ei sasing.



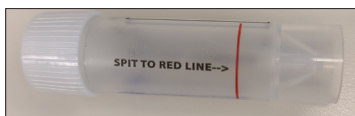
### 3 INET KOPWE ATTUF

- Ekewe semirit repwe wata awer won ekewe paipen chek.
- Ereni ewe semirit repwe ekieki ekewe mwongo rekan wesen sani, ei an epwe anisir an epwe chochon non awer.
- Anonoi ewe nenien attuf ren attuf epwe tori ewe nain mei paar.



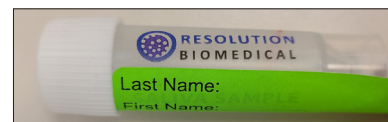
Pwuropwuren ewe attuf epwe kineta seni ena nain mi par.

- Ika ewe attuf mi pacheno me non ewe nenien attuf, wichiki ewe nenien attuf an epwe anisi ewe attuf an epwe totiw epin.
- A tongeni ukkukun 5 minich an emon semirit epwe noonoo non awan.



### 4 UTTI ENA PAIP

- Onukanoi ena opwonun ruumen nenien attuf.
- Kapichieno ena paip.
- Tonu nukun ena ruumen nenien attuf ngeni arukor an epwe nimoch.
- Witiwitino mwo 1 minich lwe, esisina ewe ruumen nenien attuf usun met ka kuna me non ei sasing faan.
- Makkeochu itomw me ranin upwutiwomw pwun epwe fateoch.



### 5 MWONETA AN EPWENE TITINO

- Wanong me esisina ewe nenien attuf non ewe chotaan menun semwen mi efeiengaw.
- Tumwunu an ena ruumen nenien attuf epwe pacheri ena kaache.
- Esipaechuweno ena chota
- Appachata eoch ekena esisina ika taropwe won ena chota me nukun.
- Tumwunuchu iter me upwutiwen ekewe chon chek epwe maak pwun epwe mecheres ach kuna.



### 6 TINANO ATTUFOMWUNA MASOWEN OMW UNA CHEK

Ei attuf ika mettochun chek epwe niwin ngeni ach neni non chok ewe ranin ka amasowa.

- Eniwini ewe chotan menun semwen me efeiengaw fengen me ewe ruumen nenien attuf ngeni ewe nenien chekin semwen non ewe sukun.
- Kopwe tongeni angei pwungun omw ewe tes ika chek non echo email seni ach iwe OHSU Health ([K12covidtesting@ohsuhealthmarketing.com](mailto:K12covidtesting@ohsuhealthmarketing.com)) non 1-2 raan mwirin omw ka wano masowen omw iwe tes non omw ewe sukun.

Isoni ngonuk ekena taropwen eureur ME nusun taropween iit, iwe ka kapichieno ekan nusun pisek ME nimengaw ika ka fen aea.

Kinisou ren omw fiti ach iei K-12 mwiichen chekin semwenin COVID-19 me mwen pwopwutan sukun.