Moving to adult health care at age 18
Be prepared with the information you need

It can be complicated moving from pediatric to adult health care. That transition usually takes place at age 18. If your youth’s doctors don’t bring up the subject of moving to new health care providers by age 16 or 17, you can start the conversation with five short questions. There is space for notes on the back of this page.

FIVE QUESTIONS
for your youth’s health care providers

1. At what age must my child leave your practice and enroll with an adult health care provider?
2. Will you make a referral to a provider who serves adults?
3. If you don’t make the referral, who should I call, and when?
4. How will you work with us as we transition to a new provider?
5. How will you work with the new provider when the time comes?

Want more information on this topic? Speak with Parent Partner.

www.oregonfamilytofamily.org
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Will your office make the referral?

If you don’t make the referral, who should I call, and when?

How will you work with us as we transition to a new provider?

How will you work with the new provider when the time comes?

What else should we know about the upcoming transition?

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