

Table of Contents

Family Support	2
General	2
Oregon family support network	2
Club EMU	2
Oregon head start	2
Arc Portland Metro	2
Oregon Self Advocacy Coalition	2
Special Interest	3
UCP Oregon.....	3
Autism Society OR	3
Northwest Down-Syndrome Association	3
Events and Activities	3
Parks	3
Harpers Playground Arbor Lodge Park.....	3
Couch Park.....	3
Gabriel Park	4
Gateway Discovery Park.....	4
Kenton Park	4
Ventura Park	4
Arts and Media	4
Disability Art and Culture Project.....	4
PHAME.....	5
Cyma Space	5
Sports	5
Special Olympics Oregon	5
Adventures Without Limits.....	5
Adaptive Sports Northwest	5
News	6
OPB	6
New Oregon Law Seeks to Improve Life for People with Appointed Guardians	6
World Institute on Disability	6
Learn More About Climate Change and Disability.....	6
Climate Change, Extreme Heat, and People with Disabilities	6
The Register-Guard	6
Anniversary of Landmark Olmstead Case Shines Light on Disability Rights	6
Center for American Progress	6
Understanding the Policing of Black, Disabled Bodies	6
NPR	6
How One Mother’s Battle Is Changing Police Training on Disabilities	6
Families of Students with Disabilities face New Challenges in the Era of Distance Learning	6
Research	7
Español	7

Asociación de Síndrome de Down del Noroeste.....	7
ABI.....	7
Fact Oregon.....	7
Sobre el Autismo.....	7
OHSU.....	7

Family Support

General

Oregon family support network

Phone: 833 732 2467

Email: mercedest@ofsn.net

<https://ofsn.org/>

Club EMU

Email: info@clubemu.org

Facebook: [@clubemu.oregon](https://www.facebook.com/clubemu.oregon)

<https://clubemu.org/fbclid=IwAR1sz5CIYnXp7q64t7wjdDfDmP4Qws9mxFzWwKoyO4NFrXsfpOQ1aJuyTG0>

Oregon head start

Phone: 503 218 5172

Email: info@ohsa.net

<https://www.ohsa.net/about/>

Arc Portland Metro

Phone: 503 223 7279

Email: thearc@thearcmult.org

<https://thearcpdx.org/>

Oregon Self Advocacy Coalition

919 NE 19th Ave

Suite 275

Portland, OR 97232

Email: gabrielle.guedon@askosac.org

Phone: 503 308 1310

<https://www.askosac.org/>

Special Interest

UCP Oregon
305 NE 102nd Ave
Suite 100
Portland, OR 97220
Phone: 503 771 8048
<https://www.ucpaorwa.org/>

Autism Society OR
Phone: 503 636 1676
Email: info@autismsocietyoregon.org
<https://autismsocietyoregon.org/>

Northwest Down-Syndrome Association
11611 NE Ainsworth Circle
Portland, OR 97220
Phone: 503 238 0522
Email: info@nwdsa.org
<https://nwdsa.org/>

Events and Activities

Parks

Harpers Playground Arbor Lodge Park
N Delaware Ave & N Bryant St,
Portland, OR 97217
<https://www.harpersplayground.org/playgrounds/harpers-playground/>

Couch Park
NW 19th Ave
Portland, OR 97209
<https://www.harpersplayground.org/playgrounds/couch-park/>

Gabriel Park

SW 45th Avenue and Vermont Street

Portland, OR 97219

<https://www.portland.gov/parks/gabriel-park>

Accessibility Notes

Parking lot, two designated parking spaces, paved pathway to play area with slight slope, 200 feet to play area. Engineered mulch surface, rubberized surface at transfer station, ramp into play area. Transfer station, Sensory play elements. Accessible restroom.

Gateway Discovery Park

Gateway 106th & Halsey St.

Portland, OR 97220

<https://www.harpersplayground.org/playgrounds/gateway-discovery-park/>

Kenton Park

8417 N Brandon Avenue

Portland, OR 97217

<https://www.portland.gov/parks/kenton-park>

Accessibility Notes

Universally-accessible unitary play surfacing. Universally-accessible play equipment and play features. Universally-accessible adaptive swing. Sensory play elements.

Ventura Park

460 SE 113th Avenue

Portland, OR 97216

<https://www.portland.gov/parks/ventura-park>

Accessibility Notes

Parking lot, two designated parking spaces, paved pathway to play area, 20 feet to play area. Universally accessible unitary play surfacing. Universally accessible play equipment and play features, universally accessible group swing, sensory play elements including music and water. Accessible restroom, accessible drinking fountains, accessible picnic table.

Arts and Media

Disability Art and Culture Project

Instagram: [disartculture](#)

Facebook: [DisabilityArtandCultureProject](#)

Twitter: [disartculture](#)

<https://dacphome.org/>

PHAME

Email: info@phamepdx.org

Phone: 503 764 9718

<https://www.phamepdx.org/>

Cyma Space

1732 SE Haig St.

Portland, OR 97202

971 319 4954

Email: info@cymaspace.org

<https://www.cymaspace.org/>

Sports

Special Olympics Oregon

8313 SW Cirrus Drive

Beaverton, OR 97008

Phone: 503-248-0600

Fax: 503.296.2201

General E-mail: hello@soor.org

<https://soor.org/>

Adventures Without Limits

1341 Pacific Ave.

Forest Grove, Or 97116

Email: info@awloutdoors.org

<https://awloutdoors.org/>

Adaptive Sports Northwest

4840 SW Western Ave,

Suite 500

Beaverton, OR 97005

Phone: 503 241 0850

Email: info@adaptivesportsnw.org

<https://www.adaptivesportsnw.org/>

News

OPB

New Oregon Law Seeks to Improve Life for People with Appointed Guardians

<https://www.opb.org/article/2021/06/21/oregon-law-communication-people-with-guardians/>

World Institute on Disability

New Earth Disability (NED)

Learn More About Climate Change and Disability

<https://wid.org/2018/09/25/ned/>

Climate Change, Extreme Heat, and People with Disabilities

<https://worldinstituteondisabilityblog.files.wordpress.com/2016/12/ned-blogs-heat-waves1.pdf>

The Register-Guard

Anniversary of Landmark Olmstead Case Shines Light on Disability Rights

https://www.registerguard.com/story/opinion/columns/2021/06/22/olmstead-case-disability-rights-lois-curtis-guest-view/7772082002/?utm_source=registerguard-Daily%20Briefing&utm_medium=email&utm_campaign=daily_briefing&utm_term=list_article_thumb&utm_content=OREGON-EUGENE-NLETTER65

Center for American Progress

Understanding the Policing of Black, Disabled Bodies

<https://www.americanprogress.org/issues/disability/news/2021/02/10/495668/understanding-policing-black-disabled-bodies/>

NPR

How One Mother's Battle Is Changing Police Training on Disabilities

(Audio recording and written article)

<https://www.npr.org/2019/04/13/705887493/how-one-mothers-battle-is-changing-police-training-on-disabilities>

Families of Students with Disabilities face New Challenges in the Era of Distance Learning

<https://www.opb.org/article/2021/03/16/oregon-southwest-washington-school-covid-19-disabilities/>

Research

Recruitment Flyers will be added later as I need to insert them as PDF's to this document to preserve accessibility.

Español

Asociación de Síndrome de Down del Noroeste

<https://nwdsa.org/bienvenidos/>

<http://www.ndss.org/Resources/NDSS-en-Espanol/>

ABI

https://www.abicomunity.org/espanol/recursos_en_espanol.html

Fact Oregon

2475 SE Ladd Ave. Suite 430

Portland, OR 97214

(503) 786-6082 or 1 (888) 988-3228

support@factoregon.org

<https://www.factoregon.org/espanol>

Sobre el Autismo

9320 SW Barbur Blvd, Suite 240, Portland OR 97219

info@autismsocietyoregon.org

1-888-Autism-1 (1-888-288-4761)

<https://autismsocietyoregon.org/en-espanol/>

OHSU

<https://www.ohsu.edu/espa%C3%B1ol>