Additional instructions for preparing for your procedure during COVID-19

Your safety is our top priority. In light of the COVID-19 coronavirus, we have had to make some changes. Please follow these guidelines to keep you safe for your procedure. We update our guidelines based on the current COVID-19 situation. They may have changed since the last time you were here. Thank you for helping us keep us all safe.

3+ days before your procedure

Plan out your COVID-19 vaccines

- If you are getting your COVID vaccine, try to get it at least 3 days (72 hours) before your procedure. You do NOT need to cancel your procedure if the time between your vaccine and procedure is shorter than 72 hours.
- Let your provider know if you already got your 1st vaccine dose but need to get your 2nd dose around the same time as your procedure.
- Even if you are vaccinated, you still need to be tested for COVID-19 before your procedure. The vaccine will NOT give you a false positive test result.

2-3 days before your procedure

Prevent the spread of COVID-19 – Even if you are vaccinated

- Continue to stay 6 feet away from others and clean your hands often. The person who brings you to and from the hospital and/or supports you during your stay should also follow these rules.
- Avoid close contact with others and try not to leave your home for at least 1 week before your procedure, especially during the 2 days before your procedure. You CAN leave home for COVID testing.
2-3 days before your procedure (continued)

Get tested for COVID-19

- We will call you to talk about coronavirus testing.
- You will need a PCR test within 2-3 days before your procedure, depending on what your procedure is. OHSU does NOT accept antigen or at-home test results. The COVID test must be a PCR test. Call your provider’s office if you need help scheduling a PCR test.
- If you do not get tested within the required timeframe, we may need to reschedule your procedure.

OHSU testing site:

- OHSU Multnomah Pavilion Screening Clinic
  3161 SW Pavilion Loop, Portland, OR 97239
  8 a.m. - 2 p.m. Monday - Friday
- OHSU Pre-Op Medicine Clinic, CHH 2
  3485 S. Bond Ave, Portland, OR 97239
  2 p.m. – 5 p.m. Monday - Friday
  7 a.m. – 5 p.m. Saturday, Sunday and holidays

Report COVID-19 symptoms

- Check for symptoms every day.
- Let your procedural team or scheduler know if you have:
  - Fever, sore throat, runny nose, cough, shortness of breath, body aches or other symptoms.
  - Been diagnosed with COVID-19.
  - Had close contact with someone who has COVID-19 (suspected or confirmed) within the past 14 days.
  - Traveled on a cruise ship within the last 30 days.

If you have questions or concerns about COVID-19 symptoms, please contact your primary care provider. If you don’t have one, please call:

**OHSU Health COVID-19 Hotline** at 833-647-8222, 8 a.m. to 8 p.m., 7 days a week.
Coming to the hospital

- You must have **1 healthy adult** (age 18+) available and responsible for getting your discharge instructions and to take you home after your procedure.
  - They **cannot come with you** into the hospital. Please bring their contact information so we can let them know when to get you.
- **No visitors are allowed in the hospital at this time.** This includes the healthy adult responsible for getting your discharge instructions and taking you home.
- **Wear a mask** (age 2+). Everyone needs to wear a face covering. Do NOT wear masks with breathing valves. These do not provide the protection we need. If you do not have a mask, we can give you one. If you refuse to wear the right kind of face covering, we may need to reschedule your procedure to another day.
- Remember to limit the personal items you bring with you.

Checking in

1. When you enter the building, you will go through a **screening checkpoint** to make sure you do not have COVID-19 symptoms.
2. Next, check in at the **admitting desk** and sign paperwork.
3. Go to the **pre-procedure location** or waiting area.

> **Possible schedule changes.** We may have to reschedule your procedure if there is an increase in COVID-19 cases. We will keep your best interests in mind when making these decisions. Thank you for your understanding.