

Total Worker Health 101: The Basics

About

This three hour course is taught by Oregon Total Worker Health Alliance and has been approved by the American Society of Safety Professionals (ASSP) for 0.3 CEUs. Until further notice, this class is taught virtually using presentation, discussion and virtual chat. Materials used include the *Fundamentals of Total Worker Health Approaches: Essential elements for advancing worker safety, health, and well-being* . (CDC/NIOSH Dec. 2016) and case studies.

Attendees should have a basic knowledge of workplace safety and health. Some may have specific expertise in workplace safety and health, industrial hygiene, diversity, equity and inclusion, worker compensation, health promotion or risk management.

Course Objectives

- ✓ Define terms and concepts essential to TWH
- ✓ Identify the five defining elements of TWH
- ✓ Discuss how organizations can effectively implement TWH
- ✓ Develop “next steps” applicable to participant’s organization

Total Worker Health® is defined by NIOSH as policies, programs, and practices that integrate protection from work-related safety and health hazards with promotion of injury and illness prevention efforts to advance worker well-being. The Oregon Total Worker Health Alliance representatives include Oregon OSHA, SAIF Corporation and the Oregon Institute of Occupational Health Sciences/OHWC. The Alliance creates consistent and reproducible training that is research-based and supports current practice. Learn more.



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