

**CURRICULUM VITAE & EDUCATOR'S PORTFOLIO  
OREGON HEALTH & SCIENCE UNIVERSITY**

NAME Katie Heintz Stowers, DO DATE 06/30/2021

Dr. Stowers is board certified in internal medicine and hospice and palliative medicine. She completed residency and fellowship training at The Ohio State University in 2013 and 2014, respectively. Dr. Stowers specializes in teaching serious illness communication skills. She is the Program Director for the OHSU Hospice and Palliative Medicine fellowship. She is the Ronald W. Naito Director of Serious Illness Education with the OHSU Center for Ethics in Health Care where she is building a program in compassionate communication education based on the VitalTalk method for serious illness communication. She is a faculty leader with VitalTalk, a nationally recognized organization teaching clinicians to communicate compassionately with seriously ill individuals, where she leads curriculum development and teaches serious illness communication skills extensively at a local and national level.

**I. PRESENT POSITION AND ADDRESS**

Academic Rank: Assistant Professor

Department/Division: Division of Hematology and Medical Oncology/Palliative Care

Professional Address: 3181 SW Sam Jackson Park Rd, UHN-86  
Portland, Oregon 97239  
(503) 494-6388

E-Mail Address: stowersk@ohsu.edu

**II. EDUCATION**

**Undergraduate and Graduate:**

2006 – 2010 **Nova Southeastern University College of Osteopathic Medicine Fort  
Lauderdale, FL**  
*DO*

2002 – 2006 **Saint Leo University, Saint Leo, Florida**

*BS, Biology*

**Postgraduate:**

2013 – 2014 **Ohio State University Wexner Medical Center (Columbus, OH)**  
*Fellowship, Palliative Medicine and Hospice*

2010 – 2013 **Ohio State University Wexner Medical Center (Columbus, OH)**  
*Internship and Residency, Internal Medicine*

**Certification:**

DEA X-Waiver	Issued: 2019
Hospice and Palliative Medicine Certification, ABIM	Issued: 12/2014; Exp. 11/2024
American Board of Internal Medicine Certification	Issued: 01/2013; Exp. 12/31/2023
Basic and Advanced Cardiovascular Life Support	Exp. 06/2022
Drug Enforcement Administration (DEA) Registration	Exp. 02/28/2021
American Osteopathic Association approval of Allopathic Internship and Residency	

**Licenses:**

Oregon State Medical Board #DO183076 Issued: 05/2017; Exp. 12/31/2021

**III. PROFESSIONAL EXPERIENCE**

**Academic Positions**

2017 - Present **Oregon Health & Science University**  
*Assistant Professor, Division of Hematology and Medical Oncology/  
Palliative Care*

2014 – 2017 **University of Texas Health Science Center San Antonio**  
*Clinical Assistant Professor, Department of Medicine  
Division Geriatrics, Gerontology and Palliative Medicine*

### **Appointments at Hospitals/Affiliated Institutions**

- 2017-Present      **VA Portland Health Care System**  
*Staff Physician, Palliative Medicine*
- 2017-2019        **Oregon Health & Science University, Knight Cancer Institute**  
*Staff Physician, Palliative Medicine*
- 2014-2017        **University Health System, San Antonio TX**  
*Staff Physician, Palliative Medicine*

### **Administrative Leadership Positions**

- 2019 – present      **Oregon Health & Science University, Center for Ethics in Health Care**  
*Ronald W. Naito Director of Serious Illness Education*
- 2019 – present      **Oregon Health & Science University, Center for Ethics in Health Care**  
*Associate Director*
- 2017 – present      **Oregon Health & Science University**  
*Program Director, Hospice and Palliative Medicine Fellowship*
- 2016 – 2017        **Hospice and Palliative Medicine Fellowship, UTHSCSA**  
*Director of Assessment and Evaluation*  
*\*Development and oversight of formative and summative evaluation tools for trainees rotating on the UTHSCA palliative care services*
- 2014 – 2017        **Hospice and Palliative Care Services, University Health System**  
*Medical Director Palliative Medicine Ambulatory Services*

### **IV. SCHOLARSHIP**

**Area(s) of Research/Scholarly Interest:** Serious Illness Communication, Primary Palliative Care, Medical Education

**Grants and Contracts:**

- 1) **Grant Title:** Innovation Grant  
**Source:** Alliance for Academic Internal Medicine  
**Role:** Co-Investigator  
**Amount Period:** 2015-2016
  
- 2) **Grant Title:** The Patient-Centered Communication Curriculum: Teaching Internal Medicine Residents to Communicate with Seriously Ill Patients  
**Source:** University of Texas Kenneth I. Shine Academy of Health Science Education Small Grants Program  
**Role:** Principal Investigator  
**Amount Period:** 2014-2015

### **Publications/Creative Work:**

#### **Peer-reviewed**

- 1) Topoll A, **Stowers K**. Fast Facts and Concepts #TBD. Teaching Serious Illness Communication in Real Time. July 2021. Available at: <https://www.mypcnow.org>  
*accepted, pending publication*
- 2) **Stowers K**, Hartman A, Gustin J. Diltiazem for the Management of Malignancy-Associated Perineal Pain and Tenesmus. *Journal of Palliative Medicine*. 2014;17(9):1075-77.

#### **Non-peer-reviewed**

- 1) **Stowers K**, Nash R. Consent for Organ Donation and the Standard of Substituted Judgment. *Bioethics Quarterly*. 24(1) 2014:3-4

#### **Books**

- 1) Thurston A, **Stowers K**, Skarf LM. Communication and Team Teamwork. In: *Essential Practices in Hospice and Palliative Medicine Series*. 5<sup>th</sup> Edition. Glenview, IL: AAHPM. 2017.
- 2) Gustin J, **Stowers K**, von Gunten C. Communication Education for Physicians. In: Wittenberg-Lyles E, Ferrel B, Goldsmith J, Smith T, Ragan S, Glajchen M, Handzo G. *Textbook of Palliative Care Communication*. 1<sup>st</sup> Edition. 2015. New York, NY: Oxford University Press.

#### **Electronic Publications**

- 1) Essential Practice in Hospice and Palliative Medicine Series Amplifier Learning Modules 2017 Communication and Teamwork Module
- 2) Hospice and Palliative Medicine Focused Assessment and Study Tool 2017 Psychiatry and Cognition Module
- 3) POLST Conversations for ED Physicians with a Capable Patient Educational Video 4/2020 <https://www.youtube.com/watch?feature=youtu.be&v=KNHLaNAj08I>, 600+ views
- 4) POLST Conversations for ED Physicians with a Surrogate Video 4/2020 <https://www.youtube.com/watch?feature=youtu.be&v=8mJu0mGBTOW>, 450+ views
- 5) Communicating in a Crisis: Skills to Honor the Previously Determined Preferences for Medical Care Video, +420 views <https://vimeo.com/399981062>

### **Abstract and Poster Presentations**

- 1) Klein C, **Stowers K**. Suicide Prevention screening in an outpatient Palliative Service serving Veterans: New Implementation and Observations. Poster Session Presented at American Academy of Hospice and Palliative Medicine Annual Assembly; 2019 March 13-15; Orlando FL
- 2) Paulino R, Ong L, Wedelich A, **Stowers K**. Assessing Capacity: A Brief Curriculum for Medicine Interns on Assessing Decision-Making Capacity. Poster Session Presented at Annual Scientific Meeting of the American Geriatrics Society 2018; 2018 May 3; Orlando FL
- 3) La J, Hamal R, Veeder H, **Stowers K**. Protecting Our Vulnerable Population: Screening for Mistreatment in Hospice. Poster Session Presented at Annual Scientific Meeting of the American Geriatrics Society 2017; 2017 May 19; San Antonio TX
- 4) Langford B, Pagan J, Powers B, **Stowers K**. Opioid Safety Assessment for Palliative Care and Geriatric Patients. Poster Session Presented at Annual Scientific Meeting of the American Geriatrics Society 2017; 2017 May 19; San Antonio TX
- 5) **Stowers K**, Kosub K, Sanchez-Reilly S. Compassionate Care for the Seriously Ill Longitudinal Service Learning Program. Poster Session Presented at Academic Internal Medicine Week 2017; 2017 March 19-22; Baltimore, MD
- 6) Pagan-Ferrer J, **Stowers K**. Opioid Safety Assessment implementation in Palliative Care Clinic. Poster Session Presented at American Academy of Hospice and Palliative Medicine Annual Assembly; 2017 February 22-25; Phoenix AZ

- 7) Seetharama A, Powers B, Mireles C, May L, **Stowers K**. Chronic Opioid Therapy Safety Assessment. Poster Session Presented at: University of Texas System Shared Visions Conference; 2016 April 21<sup>st</sup>; San Antonio TX
- 8) Langford B, Seetharama A, Powers B, **Stowers K**. Chronic Opioid Safety Assessment in the Palliative Care Setting. Poster Session Presented at: University of Texas Health Science Center Research Passport Conference. 2016 April 6; San Antonio TX
- 9) Linden J, Veeder H, , Shuko L, Sanchez-Reilly S, **Stowers K**. Protecting Our Vulnerable Population: Screening for Mistreatment in Palliative Care. Poster session Presented at: American Geriatric Society Annual Scientific Meeting; 2016 May 19-21; Long Beach, CA
- 10) **Stowers K**, Sanchez-Reilly S. Aid to our Frontline Warriors: A Brief End-of-Life Communication Curriculum for Internal Medicine Interns; Poster session Presented at: UT System Innovation in Health Science Education Conference; 2016 February 18-19; Austin, TX
- 11) **Stowers K**, Sanchez-Reilly S. Aid to our Frontline Warriors: A Brief End-of-Life Communication Curriculum for Internal Medicine Interns; Poster session Presented at: AAHPM Annual Clinical Assembly; 2016 March 9-12; Chicago, IL
- 12) **Stowers K**, Sanchez-Reilly S. Aid to our Frontline Warriors: A Brief End-of-Life Communication Curriculum for Internal Medicine Interns; Poster session Presented at: CAPC National Seminar; 2015 November 12; San Antonio, TX
- 13) **Stowers K**, Veeder H, Linden J, Shuko L, Sanchez-Reilly S. Protecting Our Vulnerable Population: Screening for Mistreatment in Palliative Care. Poster session Presented at: AAHPM Annual Clinical Assembly; 2016 March 9-12; Chicago, IL
- 14) **Stowers K**, Veeder H, Linden J, Shuko L, Sanchez-Reilly S. Protecting Our Vulnerable Population: Screening for Mistreatment in Palliative Care. Poster session Presented at: CAPC National Seminar; 2015 November 12; San Antonio, TX
- 15) **Stowers K**, Wu K, Genovese P, Goodman L, Gustin J, Ali N, Moffatt-Bruce S. The Impact of Palliative Medicine Consultation on ICU Readmission. Poster session Presented at: International Congress of Palliative Care Annual Meeting; 2014 September 9-12; Montreal Canada

### **Invited Lectures, Conference Presentations or Professorships:**

International and National Invited Presentations

- Diversity, Equity, and Inclusion in Fellowship Recruitment: Application Evaluation and Interviewing, AAHPM Fellowship Training Committee Webinar Series; Virtual; 06/2021
- Teaching in Real Time Refresher, VitalTalk Collaboratory Series; Virtual; 2/2021
- When Daddy Is Dying: Facilitating Family-Centered Goals of Care Conversation, AAHPM Annual Assembly Session; Boston MA, 03/2018

#### Regional and Local Invited Presentations

- Pharmacovigilance in Palliative Care, OHSU Section of Palliative Care Grand Rounds; Virtual, 05/2021
- Improving Health Equity in Serious Illness Care through Compassionate Communication, Kinsman Conference; Virtual, 04/2021
- End of Life Care: How to Protect our Client's Right to Decide, Oregon State Bar CLE Seminar; Virtual, 12/2020
- Discussing Serious News Virtually, Oregon State Lecture Series; Virtual, 11/2020
- Creating Synergy in Serious Illness Education, All-City Palliative Care Conference Series; Portland OR, 3/5/2020
- Palliative Care in Cancer Care, OHSU Hillsboro Medical Center Grand Rounds; Hillsboro, OR, 1/15/2020
- Doing Better Together: Communication and Serious Illness, Medicine Grand Rounds, OHSU, 3/5/2019
- Navigating Difficult Conversations, OBGYN Grand Rounds, OHSU, 11/02/2018
- Opioid Conversion Workshop, Terminal Delirium, Palliative Care Update & Legacy Building Workshop, San Antonio Geriatrics and Palliative Education Symposium , San Antonio, TX, 8/23-24/2017
- Palliative Care in Neurologic Diseases 7th Annual Geriatric Conference: Building Partnerships for Geriatric Care, San Antonio, TX, 07/16/2017
- Managing Delirium at the End-of-Life, Oregon Health & Science University, Portland, OR, 02/14/2017
- End-of-Life Symptom Management Lecture, Mastering the Care of Older Adults: A Geriatrics and Palliative Care Update – 5<sup>th</sup> Annual Intensive Geriatric and Palliative Medicine Course, San Antonio, TX, 08/27/2016
- Complex Communication Issues Lecture, Mastering the Care of Older Adults: A Geriatrics and Palliative Care Update – 4<sup>th</sup> Annual Intensive Geriatric and Palliative Medicine Course, San Antonio, TX, 8/28/2015
- Shared Decision-Making at the End-of-Life Lecture, Summer Institute of Aging, South Texas Education Center, Department of Psychiatry, UTHSCSA, 6/25/2015

- Shared Decision-Making at the End-of-Life Lecture, Distinguished Lecture in Ethics, University of Texas Health Science Center, Regional Academic Health Center. Harlingen, TX, 04/13/2015

**Honors and Awards for Scholarship:**

- Poster Awards Finalist        02/18/2016  
2016 Innovations in Health Sciences Education Meeting, University of Texas System  
*Aid to our Frontline Warriors: A Brief End-of-Life Communication*  
*Curriculum for Internal Medicine Interns*

**V. SERVICE**

**Membership in Professional Societies:**

- American Academy of Hospice and Palliative Medicine,                      2014 – Current  
Early Career Professional Special Interest Group                                      2014 – 2017  
Academic Palliative Medicine Council    2016 – Current  
Education Special Interest Group    2016 – Current  
Fellowship Director Special Interest Group    2017 – Current

Editorial and Ad Hoc Review Activities:

- Journal of Palliative Medicine, Ad-Hoc Reviewer                      2015 – 2019
- Supportive Care in Cancer, Ad-hoc Reviewer                              2021
- Teaching and Learning in Medicine, Ad-hoc Reviewer                      2021

**Committee and Professional Association Service:**

**International/National**

- Distinguished Faculty, VitalTalk, 2021 – present
- Member, AAHPM Fellowship Training Committee, 2020
- Member, AAHPM/ACGME Assessments Work Group, 2020
- Member, AAHPM eScholar Poster Workgroup, 2019, 2020
- Member, Hospice and Palliative Medicine Milestones 2.0 Quality Assurance project  
ACGME, 2019 – present
- Senior Associate, VitalTalk, 2019 – 2021
- AAHPM abstract reviewer, 2017, 2019



- VitalTalk, Associate and Faculty Development Teaching Team, 2017 – 2019
- VitalTalk, Junior Associate, 2016 – 2017

Institutional

- Member, Executive Committee, OHSU Center for Ethics in Health Care, 2019 – Present
- Co-Chair, Oregon POLST Education Committee, 2019 – 2021
- Member, Cancer Committee, Palliative care representative, Portland VA, 2018 – Present
- Member, Center for Ethics in Health Care, Volunteer Service, OHSU, 2017 – 2018

Departmental

- Palliative Medicine Grand Rounds Committee

**Community Service:**

Board Member	2019 – 2020
Oregon Hospice and Palliative Care Association	
Board Member	2018 – 2019
Care Partners Hospice; Portland OR	

**Clinical Responsibilities (summarize types of clinical work since last promotion):**

**Clinical Supervisory and Training Responsibilities**

- Portland VA Palliative Medicine Consult Service Preceptor 2017 – Present  
Medical students, Residents, Fellows, interprofessional trainees  
Portland VA Health Care System  
1 week, monthly
- Portland VA Ambulatory Clinic Preceptor 2017 – Present  
Medical students, Residents, Fellows, interprofessional trainees  
Portland VA Health Care System  
2 Half Days per week
- OHSU Ambulatory Clinic Preceptor 2017 – 2018  
Palliative Medicine Fellows, Residents  
OHSU Center for Health and Healing  
1 Half Day per week

**Honors and Awards for Service:**

- Arnold P. Gold Foundation Gold Humanism Honor Society, 2008 – 2015

## **VI. TEACHING**

### **Direct Teaching Activities (Didactic and Clinical)**

(Include type of activity, level of learner, and approximate hours per unit time)

#### **International and National**

- VitalTalk Virtual Mastering Tough Conversations Course, Course Director, Cedar Saini, 6/2021 (8 hours, Faculty, #20 participants)
- VitalTalk Virtual Faculty Development Course, Course Director, Part 2, OHSU, 5/2021 (18 hours, Faculty, #22 participants)
- VitalTalk Virtual Faculty Development Course, Part 2, National, 3/2021 (18 hours, Faculty, #24 participants)
- VitalTalk Virtual Faculty Development Course, Course Director, Part 1, National, 12/2020 (18 hours, Faculty, #24 participants)
- VitalTalk Virtual Faculty Development Course, Course Director, Part 1, National, 10/2020 (18 hours, Faculty, #24 participants)
- VitalTalk Virtual Faculty Development Course, Course Director, Part 1, Duke University, 10/2020 (18 hours, Faculty, #24 participants)
- VitalTalk Mastering Tough Conversations Course, Course Director, Los Angeles, CA, 5/2020 (delayed due to COVID-19)
- VitalTalk Faculty Development Course, Part 1 and 2, San Francisco, CA, 12/2019, 3/2020 (delayed due to COVID-19)
- VitalTalk Faculty Development Course, Part 1 and 2, Aspen, CO, 5/2019, 10/2019
- VitalTalk Mastering Tough Conversation Course, Blue Shield Northern California; Ukiah CA, 07/2019
- VitalTalk Mastering Tough Conversation Course, Blue Shield Northern California; Sacramento CA, 10/2018
- Vital Talk Master Tough Conversations Course, Kaiser Northern California; Walnut Creek CA, 09/2017
- Vital Talk Faculty Development Course, Vital Talk Junior Associate Faculty; Boulder CO, 06/2017
- Vital Talk Master Tough Conversations Course, AAHPM Pre-Conference Workshop Facilitator; Phoenix AZ, 02/2017

- Vital Talk Faculty Development Course, Vital Talk Junior Associate Faculty; Aspen CO, 09/2016

**Regional and Local**

- Powered by Vital Talk Mastering Tough Conversations Course, Department of Hematology and Medical Oncology, OHSU, 6/28/2021
- Powered by Vital Talk Mastering Tough Conversations Course, OHSU, 3/2021, 3/2021,4/2021
- Powered by Vital Talk Mastering Tough Conversations Course, Department of Hematology and Medical Oncology, OHSU, 7/9/2020
- Powered by Vital Talk Mastering Tough Conversations Course, OHSU Department of Geriatrics, 11/18/2019
- Powered by Vital Talk Mastering Tough Conversations Course, OHSU Department of Pediatrics, 10/25/2019, 11/1/2019
- Vital Talk Mastering Tough Conversations Course, Portland, OR, 3/5/2019
- Powered by Vital Talk Mastering Tough Conversations Course, OHSU Department of Trauma and Critical Care Surgery; Portland OR, 1/23/2019
- Powered by Vital Talk Mastering Tough Conversations Course, OHSU Department of Nephrology; Portland OR, 11/29/2018
- Powered by Vital Talk Mastering Tough Conversations Course, Department of Hematology and Medical Oncology, OHSU, 7/9/2018
- Powered by Vital Talk Mastering Tough Conversations Course, OHSU Center for Ethics; Portland OR, 2/16/2018
- Powered by Vital Talk Mastering Tough Conversations Course, St. Charles Health Care; Bend OR,6/7/2018
- VitalTalk Mastering Tough Conversations Course, Mastering the Care of Older Adults: A Geriatrics and Palliative Care Update – 5<sup>th</sup> Annual Intensive Geriatric and Palliative Medicine Course, San Antonio, TX, 08/24/2016

**Institutional**

- Internal Medicine, Intern Orientation, OHSU 2020 – present  
*\*1-4 hour session per year on serious illness communication*
- Pulmonary and Critical Care Fellowship Didactics, OHSU 2019 – present  
*\*1-1 hour didactic sessions per year on serious illness communication*
- Hematology and Medical Oncology Fellowship Didactics, OHSU 2017 – present

*\*6 – 2 hour didactic sessions per year on serious illness communication.*

- Hospice and Palliative Medicine Didactics, OHSU Hospice and Palliative Medicine Fellowship 2017 - present

*\* 10 – 1 hour didactic sessions per year on complex pain management and serious illness communication.*

- Ethics, Law, Professionalism in Clinical Care: Pain Intersession, OHSU Small Group Leader, 3<sup>rd</sup> and 4<sup>th</sup> year medical students, 3 session per year 2017 – present
- Compassionate Communication Course, OHSU 4<sup>th</sup> year medical student, small group sessions and OSCE 2017 – present
- EOL Care Course, OHSU Presenter, 3 sessions per year, Nurse Practitioner Students 2019 – present
- Care of the Aging Medical Patient Course, Curriculum Director, Internal Medicine Residency and Family Medicine Residency, UTHSCSA, 2014 – 2017

### **Curriculum Development:**

#### **Curriculum Development**

SOM Transition to Residency Communication Skills Virtual Curriculum Curriculum Lead	2021
<i>*Redesigned the face-to-face curriculum for virtual learning and testing. Included small group teaching, OSCE, faculty development, new educational material development</i>	
VitalTalk Virtual Mastering Tough Conversation Course 2.0 Workgroup member	2021
<i>*Participated as part of a small team of content experts in the VitalTalk method to design a virtual course teaching advanced serious illness communication skills</i>	
VitalTalk Virtual Mastering Tough Conversation Workgroup member	2020
<i>*Participated as part of a small team of content experts in the VitalTalk method to design a virtual course teaching advanced serious illness communication skills</i>	
VitalTalk Virtual Faculty Development Course, Part 1 Faculty Lead	2020
<i>*Led a small team of content experts in the VitalTalk method of serious illness communication and educational theory to design a virtual train-the-trainer course for teaching serious illness communication</i>	

**Mentoring and Advising:**

(Include level of learner, approximate number of mentees in each level, years serving as advisor)

OHSU Internal Medicine Residency Coaching Program	2021 - present
One PGY-1, 3 years	
OHSU Radiation Oncology Fellow	2021 - present
One, 1 year	
OHSU Nephrology Fellow	2020 - 2021
One, 2 years	

**Research Supervisory and Training Responsibilities**

Hospice and Palliative Medicine Fellowship Research Mentor	2017 - present
OHSU Hospice and Palliative Medicine Fellows (2 per year)	
<i>*mentor fellows through project design, data collection, data analysis, abstract writing, presentation</i>	
Medical Student Training in Aging Research (MSTAR) Mentor	2015 – 2017
1 <sup>st</sup> year and 2 <sup>nd</sup> year medical students (1 per year)	
<i>*Daily supervision for 8 weeks; mentor fellows through project design, data collection, data analysis, abstract writing, presentation</i>	

**Honors and Awards for Education:**

VitalTalk Teaching Award	5/2021
<i>Presented to Dr. Stowers for her leadership, innovation and project management skills to create a virtual faculty development course on teaching serious illness communication skills. The impact of this work is tremendous – improving the ability of thousands of clinicians to have better conversations with seriously ill patients and their families.</i>	