

Oregon Nutrition Day 2021

Speaker contact information and resources

Chuck Smith & Vanessa Chambers

Black Food Sovereignty Coalition and Grandma's Hands Program

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 - ❖ Email: Charles.smith@gowebway.com
 - ❖ Phone: (503) 502-2965
 - ❖ Black Food Sovereignty Coalition website: <https://blackfoodnw.org/>
 - ❖ Grandma's Hands website: <https://blackfoodnw.org/grandmashands/>
- **Farmers Markets and Farms mentioned in the presentation:**
 - ❖ Come Thru Market: 1st and 3rd Mondays from 11 a.m. – 4 p.m. at the Redd: 831 SE Salmon St.
 - ❖ People's Market: Thursdays from 4-7 p.m. at the Sunrise Center: 18901 E Burnside St.
 - ❖ Black Futures Farm: <https://blackfutures.farm/> (sells produce at the Come Thru market)
 - ❖ RBG Freedom Farm at Howell Territorial Park on Sauvie Island. <https://www.rbgfreedom.farm/>
- **Resources:**
 - ❖ Food Hero website: <https://www.foodhero.org/recipes/healthy-recipes>
 - ❖ Food Hero Video – out soon

Valeria Mallett, RD, LD, CDCES

Latin American Family Health

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 - ❖ Instagram: [valeriamallett_nutrition](https://www.instagram.com/valeriamallett_nutrition)
- **Resources:**
 - ❖ The Diabetes Platemat in Spanish:
<https://shopdiabetes.org/collections/nutrition/products/the-diabetes-placemat-hispanic-25-pkg>
 - ❖ Diabetes education materials in multiple languages:
<https://learningaboutdiabetes.org>

Joel Gittelsohn, Ph.D.**Preventing chronic disease in diverse communities: Looking back, looking forward**

- **Joel Gittelsohn contact information:**
 - ❖ Email: jgittell1@jhu.edu
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 - ❖ Website: www.healthyfoodsystems.net
 - ❖ Twitter and Instagram: @globalfoodman
- **Papers mentioned in his talk:**



Summers et al_2013_Designing HI



04JulAug0710Gittels ohn.pdf



Gittelsohn_Health Educ Res_2020.pdf

Diane Stadler, Ph.D., RD, LD**“Yes, Our Students are Hungry” Promoting food security through a culturally affirming and welcoming student food resource center**

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Nora Frank-Buckner, M.P.H.**Northwest Tribal Food Sovereignty****Nora Frank-Buckner contact information:**

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- ❖ NW Tribal Food Sovereignty Coalition website: <https://www.npaihb.org/ntfs-coalition/>
- ❖ NW Area Indian Health Board website: <https://www.npaihb.org/>