



The Rodney K. Beals Memorial Seminar

Presented by the Department of Orthopaedics and Rehabilitation

Celebrating excellence in medicine and orthopaedic surgery



The Beals Memorial Lectureship is an annual event established in honor of the late Dr. Rodney K. Beals, Professor Emeritus in the Department of Orthopaedics at Oregon Health and Science University. Dr. Beals taught orthopaedics for more than 50 years and served as the first chairman of the Department of Orthopaedic Surgery at OHSU.

Dr. Rodney Beals was a lifelong "Oregonian" who spent his entire professional career practicing orthopaedic surgery in Portland, Oregon. He was a committed clinician, master surgeon, accomplished researcher, and revered educator. The Department of Orthopaedics established the Beals Memorial Lecture Series out of respect for his scientific accomplishments and his humble guidance and mentorship.

Dr. Beals received his undergraduate degree from Willamette University and his medical degree from the University of Oregon Medical School. He completed his internship at Minneapolis General Hospital followed by a general surgical residency in San Bernardino County Hospital in California. He completed his training in Orthopaedic Surgery at the University of Oregon Medical School in 1961. Dr. Beals joined the faculty and rapidly rose through the ranks, serving as Head of the Division of Orthopedics from 1981 to 1994. Dr. Beals also served as the first chairman for the Department of Orthopaedic Surgery at OHSU in 1994. He remained an active member of the Orthopaedic faculty at OHSU until the time of his passing on August 7, 2008.

Dr. Beals was nationally recognized for his research on skeletal manifestations of growth disturbances in children. He helped author more than 150 peer reviewed publications. He was a respected teacher and educator. During his tenure at OHSU he helped train over 150 orthopaedic surgeons in residency, helped thousands of patients and mentored countless numbers of medical students. Throughout his remarkable career Dr. Beals represented and personified excellence in medicine and orthopaedic surgery. The Beals Memorial Lectureship is an annual event established in his honor.

Saturday, June 5, 2021

- 7:50 a.m. **Introduction**
Kenneth Gundle, M.D.
- 8:00 a.m. **The Multiligament Injured/Dislocated Knee: Mayo Clinic Experience**
Bruce A. Levy, M.D.
- 8:30 a.m. **Discussion**
- 8:40 a.m. **Chief Resident Research Presentations**
Torgom Abraamyan, M.D.
Trevor Barronian, M.D.
Jason Laurita, M.D.
Michael Robbins, M.D.
Sean Sterrenberg, M.D.
- 10:20 a.m. **Discussion and Break**
- 10:40 a.m. **Weight Bearing Restrictions Following Complex Knee Surgery: What Is the Evidence?**
Jacqueline Brady, M.D.
- 11:00 a.m. **Discussion**
- 11:10 a.m. **Advances in PCL Reconstruction**
Bruce A. Levy, M.D.
- 11:40 a.m. **Discussion**
- 11:50 a.m. **The History and Evolution of Hip Arthroscopy**
Andrea Herzka, M.D.
- 12:10 p.m. **Discussion**
- 12:20 p.m. **Closing Remarks**
Darin Friess, M.D., M.P.H.



Professional Biographies of Speakers

The Rodney K. Beals Memorial Seminar



Visiting Professor Bruce A. Levy, M.D.

Professor of Orthopedics, Mayo Clinic College of Medicine and Science, Rochester, Minnesota

Doctor Levy was born and raised in Montreal, Quebec, Canada and received his medical degree from the University of Montreal. He then completed his Orthopedic Surgery Residency at the Mayo Clinic in Rochester, Minnesota. He performed an Orthopedic Sports Medicine Fellowship at the Minneapolis Sports Medicine Center in Minneapolis, Minnesota. Doctor Levy now holds the rank of Professor of Orthopedics, Mayo Clinic College of Medicine and Science, Rochester, Minnesota. Since completing his fellowship in 1999, Doctor Levy's clinical and research interests have focused largely on complex knee trauma with a particular emphasis on knee dislocation and multi-ligament knee reconstruction. He has served on the AAOS Clinical Practice Guidelines Committee and is the Mayo Clinic principal investigator for several multi-center trials funded by the NIH and Department of Defense. Doctor Levy is on the editorial board for several journals, served on the Board of Trustees for the Journal Arthroscopy and was the Sports Medicine Deputy Editor for Clinical Orthopaedics and Related Research. Doctor Levy has chaired countless AAOS, AOSSM and AANA symposia and instructional course lectures on complex knee injuries. He was the Director of the Mayo Clinic Knee Dislocation Surgical Skills Course which won the 2015 Mayo CME course of the year, chosen from over 300 CME events. Dr. Levy is a member of the prestigious Herodicus Society, a consultant for the NBA and NBA Players Association and is a team physician for the US Snowboard Team. Dr. Levy has published over 250 papers in the scientific literature, numerous book chapters, and lectures extensively nationally and internationally.

OHSU Faculty Speaker Jacqueline Brady, M.D.

Dr. Brady specializes in the care of patients with sports injuries, especially involving the knee and shoulder. She treats injuries of the bones, muscles, cartilage, tendons, ligaments, joints, and other connective tissue. Her patients include athletes of all ages, skill levels and disciplines. She has a particular interest in patients with joint instability, including kneecap dislocations, shoulder dislocations, and knee dislocations involving multiple knee ligaments (ACL, PCL, MCL, etc.).



OHSU Faculty Speaker Andrea Herzka, M.D.

Dr. Herzka is an arthroscopic specialist whose interests include sports injuries to the knee, shoulder and hip in adolescents and adults, shoulder and knee instability, and cartilage injuries. She has expertise in anatomic and double bundle ACL reconstruction and she enjoys managing shoulder pain in the throwing athlete. Dr. Herzka teaches advanced arthroscopic techniques in the hip to other orthopedic surgeons throughout the Northwest.

