THE 2021 KINSMAN
BIOETHICS CONFERENCE
PRESENTS

# TRUTH, POWER, JUSTICE

BIOETHICS AS A VOICE FOR HEALTH EQUITY

APRIL 15 & 16 8:00-1:00PM PT

SPONSORED BY:
OHSU CENTER FOR ETHICS IN HEALTH CARE &
SAMARITAN HEALTH SERVICES

# TRUTH, POWER, JUSTICE: BIOETHICS AS A VOICE FOR HEALTH EQUITY

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# TRUTH, POWER, JUSTICE: BIOETHICS AS A VOICE FOR HEALTH EQUITY

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The Arc of Benton County

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Helen Kao, MD

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# Continued...

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The Rev. Bernie Lindley

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Northwest Portland Area Indian Health Board

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Retired Finance Professional & Guardian and Caregiver

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Katie Stowers, DO

Oregon Health & Science University & VA Portland Health Care System

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Oregon Health & Science University

Mark Thomas, MDiv

Providence Hood River Memorial Hospital

Susan W. Tolle, MD

*Oregon Health & Science University* 

Keren Brown Wilson, PhD

Jessie F. Richardson Foundation & AGE+

Carole Zoom

Public Health Advocate from Portland, OR & EVERMORE

# TRUTH, POWER, JUSTICE: BIOETHICS AS A VOICE FOR HEALTH EQUITY

#### **Keynote Speaker:**

Monica E. Peek, MD, MPH, MSc from The MacLean Center for Clinical Medical Ethics, University of Chicago, & Chicago Center for Diabetes Translation Research

#### **Conference Co-Chairs:**

Wes Sedlacek, MDiv, BCC from Samaritan Health Services
Susan W. Tolle, MD from Oregon Health & Science University and the OHSU Center for
Ethics in Health Care

#### **Target Audience:**

The Kinsman Bioethics Conference is an interprofessional conference for all healthcare professionals and allied health professionals; physicians, nurses, social workers, chaplains, pharmacists, mental health services, and administrators are welcome.

#### **Learning Objectives:**

- 1.Describe the role of systemic inequity and how it affects people from a range of communities who have experienced bias and adverse health outcomes.
- 2.Prepare effective communication strategies to create inclusivity and equity in patient-health professional relationships.
- 3.Explain the psycho-social impacts of health care disparities on patients and health professionals.

#### **Acknowledgements:**

Special appreciation goes to John Kinsman for the endowment he established to provide partial support for this conference and The Kinsman Foundation for their support in underwriting this conference. The conference organizers also express their appreciation to Samaritan Health Services and the OHSU Center for Ethics in Health Care for their support in co-hosting this year's conference. Additionally, thank you to the Kinsman Conference volunteers; Anthony Antoville, BFA, CMC, Lacy Bogart, MBA, Laura Foran, Lois M. Leveen, PhD, and Ingrid J. Siegman, CNS-PP, RN.

Finally, a warm thank you to this year's planning committee members -

Tina Castañares, MD
Cliff Coleman, MD, MPH
Stephanie Emery, MD
Krisa Gigon, RN, BSN, MS-HCE
David Hall, FNP
Susan Hedlund, LCSW, OSW-c, FAOSW
Bill Howden, MSN, RN
Ian Jaquiss
Allegro Johnson, PhD
Hong Lee, PhD
Wes Sedlacek, MDiv, BCC
Megan Spickerman, BS
Katie Stowers, DO
Tyler Tate, MD, MA
Susan W. Tolle, MD

#### **Conflict of Interest Disclosures:**

All presenters for this activity have attested that they will provide the best available evidence for this content and present information fairly without bias. Please view the list of Faculty Disclosures <u>HERE</u>.

# **Kinsman Bioethics Virtual Conference**

# Truth, Power, Justice: Bioethics as a Voice for Health

# Thursday, April 15, 2021

8:00 – 8:15	Welcome & Opening Reflection Wes Sedlacek, M.Div, BCC & Susan W. Tolle, MD Lebanon and Portland, Oregon						
8:15 – 9:15	Keynote Opening Address: Patient Perceptions of Care and Communication: Implications for Health Disparities Monica E. Peek, MD, MPH, MSc Chicago, Illinois						
9:15 - 9:25	Break						
SESSION A 9:25 – 10:25	A1 – Transgender Medicine, Healthcare Access, and Bias Olivia M. Danforth, MD Albany, OR	A2 – Ethical Implications of Health Disparity Reduction James L. Mason, PhD Portland, OR	A3 – Mental Illness and Health Equity Susan Hedlund, LCSW, OSW-c, FAOSW Portland, OR	A4 – Essential Farmworkers' and Latinos Lack of Protection During COVID Elizur Bello, CHW, MSW Hood River, OR			
10:25 – 10:40	Break						
SESSION B	B1 – Developmental	B2 – Compassionate	B3 – Moving From	B4 – Caring for Patients			
10:40 - 11:40	Disabilities: Building Trust with Equity and Accommodations Cody Gotchall, John Gotchall, MD, & Diane Scottaline Corvallis, OR	Communication: Improving Health Equity in Serious Illness Care Katie Stowers, DO Portland, OR	Ageism to Age Friendly Care Helen Kao, MD Lebanon, OR	with Substance Use Disorder: Healing Patients, Providers and Systems. A Panel Discussion with OHSU's Interprofessional Improving Addiction Care Team (IMPACT) Honora Englander, MD, Melissa Monner, MS, HEC-C, Jessica M. Brown, LCSW, CADC-III, and Traci Lundy, IPS, PSS, PWS Portland, OR			
11:40 – 11:50	Break						
PANEL 11:50 – 12:50	Experiences of People with Disabilities and Their Surrogate Decision Makers in Navigating the Healthcare System Ian Jaquiss, Kristine Keough, MS, D.Bioethics, HEC-C, Mary Oldshue, and Carole Zoom <i>Portland, OR and Longview, WA</i>						
12:50 – 1:00	Reflection Wes Sedlacek, M.Div, BCC Lebanon, OR						
1:00 - 2:00	Optional Special Interest Groups  Please note that these optional special interest groups serve as an informal opportunity for attendees to connect and eat lunch with one another. There is no required pre-work or facilitator – we invite you to simply enjoy each other's company and meet colleagues with similar interests!  Available Groups: Communication Skills, Mental Health/Addiction issues, Migrant Worker issues,						
		ation Skills, Mental Health/Addi LGBTQ/Discrimination issues, o		orker issues,			

# **Kinsman Bioethics Virtual Conference**

# Truth, Power, Justice: Bioethics as a Voice for Health

# Friday, April 16, 2021

8:00 - 8:15	Welcome & Opening Reflection Wes Sedlacek, M.Div, BCC Lebanon, OR					
8:15 – 8:45	Rising Income Inequality and the Adverse Impact on Health Equity & Opportunity Jim McDermott, JD & Susan W. Tolle, MD Portland, OR					
8:45 – 8:55	Break					
SESSION C 8:55 – 9:55	C1 – Improving Care for People with Disabilities Through Respectful Language Ian Jaquiss Portland, OR	C2 – Health Literacy and Systemic Racism: Redressing Oppression Through Clear Communication Cliff Coleman, MD, MPH Portland, OR	C3 – When There Isn't Enough to Go Around: Allocating Intensive Care and Vaccinations in a Pandemic Robert Macauley, MD, HEC-C Portland, OR	C4 – Death During a Pandemic: Are We All Truly Equal at the End? Wes Sedlacek, MDiv, BCC Lebanon, OR		
9:55 – 10:05	Break					
SESSION D 10:05 – 11:05	D1 – Decisions and Dilemmas in Gender Affirming Care Jess Guerriero, MSW, MA & Amy Penkin, LCSW Portland, OR	D2 – Moral Distress During the COVID-19 Pandemic (and Beyond): When Following the Rules Feels Wrong Tyler Tate, MD, MA Portland, OR	D3 – Indigenous Voices and Tribally-led Solutions in Responses to the COVID-19 Pandemic Erik Brodt, MD (Ojibwe), Caitlin Donald, MSW (Osage/Ponca), Sarah Rasmussen-Rehkopf (Quileute/Makah), and Celena J. McCray (Navajo) Portland, OR	D4 – Barriers for the Houseless Community/Income Inequality The Rev. Bernie Lindley Brookings, OR		
11:05 – 11:20	Break					
PANEL 11:20 – 12:20	Widening Our Gaze: The Pandemic's Lessons Balancing Upstream Population Health with Health Care Preparedness Tina Castañares, MD, Krisa Gigon, RN, BSN, MS-HCE, Eva M. Galvez, MD, Mark Thomas, MDiv, and Keren Brown Wilson, PhD Multiple regions of Oregon					
12:20 – 12:50	Reflection and Call to Action  Monica E. Peek, MD, MPH, MSc  Chicago, Illinois					
12:50-1:00	Conclusion Wes Sedlacek, M.Div, BCC & Susan W. Tolle, MD Lebanon and Portland, Oregon					

# WEBEX GUIDE & CONFERENCE LOGISTICS

#### Join the conference using the link below:

*Link will be provided the day before the conference via email and added here.* 

#### **General Conference Logistics:**

All attendees will join the conference using the link above. We will stay in this link throughout the entirety of the two-day conference. However, when it is time to join breakout sessions, you will select your pre-registered session from a menu that will populate at the beginning of the scheduled break times. Please feel free to wait until the end of the break to join your breakout session. You will automatically be sent back to the main room once the breakout presentation ends.

#### **Breakout Sessions:**

When it's time to join your pre-registered breakout session, please use <u>THIS DOCUMENT</u> as a visual guide. It's as easy as two clicks! We will also use this feature for the optional special interest groups on Day 1 of the conference.

#### **Choosing Your Presentation View:**

WebEx gives each attendee the opportunity to select their desired presentation view. It will default to "Grid View", but by selecting "Layout" (when you click your mouse, you will see this oval button on the top right hand of the video screen), you can adjust your viewing preference. To optimize your viewing experience, we suggest selecting the fourth option, "Hide Participants with Video Off".

#### **Audio and Video Reminders:**

Although you will be automatically muted upon entering the conference, please be sure to keep yourself muted throughout the presentations. Additionally, please keep your video turned off. If the presenter invites attendees to join in discussion at the end of their presentation, please feel free to turn your video on at that time.

#### **Attendance Sheet and Evaluations:**

The attendance sheet link will be emailed to attendees each morning of the conference and can be completed at any time each day, as submissions are timestamped. Evaluations will also be emailed at the end of each day of the conference. If you are requesting CE credit, additional information is on the next page.

# CONTINUING EDUCATION CREDIT REQUIREMENTS & INFORMATION

#### **To Receive CME and NCPD Continuing Education Credit:**

CME and NCPD participants who successfully attend the entire two day conference will receive 8 CEU credits. Participants MUST sign the attendance sheet and complete both Day 1 and Day 2 evaluations in order to receive credit.

#### Physician Credit Statement

#### Accreditation

The School of Medicine, Oregon Health & Science University (OHSU), is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

#### Credit

Oregon Health & Science University School of Medicine designates this live activity for a maximum of 8 *AMA PRA Category 1 Credits* <sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

#### Nursing Credit Statement

This nursing continuing professional development activity has been submitted for approval by OHSU, an approved provider of nursing continuing professional development by the Oregon Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. #4003172. The planners and presenters for this NCPD activity declare no conflicts of interest in the development and implementation of this educational activity.

#### **To Receive SW Continuing Education Credit:**

Participants who successfully attend the conference will receive up to 8.75 clinical contact hours. Participants MUST sign the attendance sheet each day of attendance and complete the corresponding evaluations in order to receive credit.

Please note, if you are only able to attend one day of the two day conference, you can still request SW credit. Upon completion of the attendance link and corresponding day's evaluation, you can still be awarded up to 4.75 clinical hours. If you have additional questions, please contact Megan Spickerman at helmme@ohsu.edu.

#### Social Work Credit Statement

This conference has been approved by the National Association of Social Workers to award up to 8.75 clinical hours.

# Keynote Opening Address:

# Patient Perceptions of Care and Communication: Implications for Health Disparities

Thursday, April 15 from 8:15-9:15AM

### **Learning Objectives:**

- 1. To understand how patient/provider communication and shared decision-making are associated with health disparities.
- 2. To understand how structural inequities impact patient/provider communication.
- To be familiar with strategies to improve patient/provider communication among socially marginalized patients.

### **Keynote Speaker:**

### Monica E. Peek, MD, MPH, MSc

Dr. Monica Peek is an Associate Professor at the University of Chicago, where she provides clinical care, teaches and does health services research, with a focus on health disparities. Dr. Peek is the Associate Director of the Chicago Center for Diabetes Translation Research, the Executive Medical Director of Community Health Innovation and the Director of Research (and Associate Director) at the MacLean Center for Clinical Medical Ethics. Her research pursues health equity and social justice, with a focus on promoting equitable doctor/patient relationships among racial minorities, integrating the medical and social needs of patients, and addressing healthcare discrimination and structural racism that impact health outcomes (e.g., diabetes, COVID-19).

Dr. Peek has authored over 100 peer-reviewed research papers and publications and has served as the principal investigator of multiple grants from institutions such as NIH/NIDDK, the Robert Wood Johnson Foundation, and the Merck Foundation. Dr. Peek is a Senior Associate Editor for the journal Health Services Research and a recent member of the National Advisory Council (NAC) for the Agency for Healthcare Research & Quality (AHRQ) and the National Council for the Society of General Internal Medicine (SGIM).

Dr. Peek was named one of the "Top 40 under 40" in Chicago by Crain's Business Magazine and has been ranked among Chicago's Top Female Physicians. She has been featured in national media outlets such as NPR, CNN, Democracy Now, CBS, ABC, TIME Magazine, the Melissa Harris Perry show, The Chicago Tribune and The Huffington Post.

# A1 - Transgender Medicine, Healthcare Access, and Bias

Thursday, April 15 from 9:25-10:25AM

## **Learning Objectives:**

- 1. Describe hardships commonly experienced by trans and gender diverse (TGD) patients in healthcare settings.
- 2. Explore ethical considerations in gender-affirming and other medical care of TGD patients.

## Speaker:

Olivia M. Danforth, MD she/her/hers

Dr. Danforth is a Family Physician working at the Geary St. Clinic with Samaritan Health in Albany, OR. She completed her residency at Good Samaritan in Corvallis in Spring 2020, and previously graduated from Rush Medical College in 2017. At Samaritan, she began and continues to maintain an informed-consent HRT practice along with student and resident education on gender-affirming and LGBT primary care. She is also involved with the local Gender Health and Community Network and volunteers for Trans Lifeline, where she has served on the Executive Board since 2016. Olivia lives in Corvallis with her wife and three cats.

# **A2 - Ethical Implications of Health Disparity Reduction**

Thursday, April 15 from 9:25-10:25AM

### **Learning Objectives:**

- 1. Techniques for reducing the role "bias" plays in health disparity reduction.
- 2. Strategies for understanding "equity" in the context of culturally competent/responsive service delivery.

### Speaker:

### James L. Mason, PhD

Dr. Mason is currently the president of OCCAT, an Oregon based company providing comprehensive DEI and cultural competence consultation and training services. He is the former chief diversity officer for Providence Health & Services in the Oregon region. He also directed the Office of Multicultural Health for the State of Oregon, where he was one of the inaugural founders of the National Association of State Offices of Minority Health. He was also a senior consultant and original member of the National Center on Cultural Competence at Georgetown University. He has consulted with health systems, professional schools and programs, and related health and human service bureaucracies in the United States, Latin America, and Canada on issues of work force diversity and culturally competent service delivery.

# A3 - Mental Illness and Health Equity

Thursday, April 15 from 9:25-10:25AM

# **Learning Objectives:**

- 1. To consider issues faced by individuals with major mental illness.
- 2. To examine access issues faced by people with major mental illness.
- 3. To examine the impact of social determinants of health on mental illness and access to care.

### Speaker:

### Susan Hedlund, LCSW, OSW-c, FAOSW

Susan Hedlund is the Director of Patient and Family Services at the OHSU Knight Cancer Institute and has been an oncology social worker for thirty years. Susan specializes in the development and provision of psychosocial support services for people with cancer and their loved ones, and coordinates wellness offerings such as yoga, mindfulness-based stress reduction, exercise, massage, and retreats for patients.

Susan has spoken and written extensively about the impact of cancer on individuals and families, and on palliative and end-of-life care. She directed the cancer counseling program at Cancer Care Resources (a program of the NW Cancer Specialists) and the Palliative Care Program at Hospice and Palliative Care of Washington County, and is also a Senior Scholar for the Center for Ethics at OHSU, an associate professor at OHSU School of Medicine and PSU School of Social Work, and a past-president of the Association of Oncology Social Work.

# **A4 - Essential Farmworkers' and Latinos Lack of Protection During COVID**

Thursday, April 15 from 9:25-10:25AM

# **Learning Objectives:**

- 1. Report on two major challenges Latinos and MSFW populations face in the current climate.
- 2. State three methods that can support health centers, other agencies, clinicians and service providers in supporting Latinos and MSFWs effectively.
- 3. State two ways we might apply these methods in our centers or practice.

### **Speaker:**

Elizur Bello, CHW, MSW he/him/his

Elizur Bello, Director of Programs and Community Health Worker for The Next Door, Inc., works with Community Health Workers (CHWs) to help address policy related to health equity. Additionally, he works with CHWs who provide health education on various topics. Elizur spent over 10 years as a CHW at both One Community Health (formerly La Clinica del Cariño) and Nuestra Comunidad Sana (NCS) (Our Healthy Community) prior to pursuing and attaining his Masters in Social Work (MSW) from Portland State University. His time at OCH was mainly spent working as a diabetes and chronic disease health promoter primarily working with Latino patients. Whereas at NCS, he has worked on supporting and advocating for CHWs to address policy level changes to improve health equity. However, his time spent as a CHW helped him pursue his masters to help address mental health issues faced by Latino community members in a culturally sensitive manner including CHWs in the delivery of mental health care. Given this background, Elizur has an understanding of the importance of integrated care in order to help meet the needs of community members, as well as to address overall health issues by taking a holistic approach.

# B1 - Developmental Disabilities: Building Trust with Equity and Accommodations

Thursday, April 15 from 10:40-11:40AM

### **Learning Objectives:**

- 1. To understand the prevalence and diversity of Developmental Disabilities (DD).
- 2. To understand and apply the goals of the Americans with Disabilities Act.
- 3. Review some tools for inclusion and equity in health care.

### **Speakers:**

## **Cody Gotchall**

Cody Gotchall is a self-advocate, Board Member for The Arc of Benton County and accounting student. Cody has experience and thoughts about discrimination and equity in health care and justice care.

# John Gotchall, MD

John Gotchall is a Board Member for The Arc of Benton County, pulmonary and critical care physician and father with professional and personal interests in those living with disabilities and effective paths to equity and inclusion.

#### **Diane Scottaline**

Diane Scottaline is the Executive Director of The Arc of Benton County. Diane directs several programs benefiting people experiencing DD including a Transformations Grant from our IHN-CCO.

# **B2 - Compassionate Communication: Improving Health Equity in Serious Illness Care**

Thursday, April 15 from 10:40-11:40AM

# **Learning Objectives:**

- 1. Describe disparities in serious illness care for minoritized populations.
- 2. Discuss the relationship between communication and health equity.
- 3. Reflect on challenges and opportunities to improve equitable serious illness care through compassionate communication.

### Speaker:

# **Katie Stowers, DO**

Dr. Stowers is board certified in internal medicine and hospice and palliative medicine. She completed residency and fellowship training at The Ohio State University in 2013 and 2014, respectively.

Dr. Stowers specializes in teaching serious illness communication skills. She is the Program Director for the OHSU Hospice and Palliative Medicine fellowship and the Ronald W. Naito Director of Serious Illness Education with the OHSU Center for Ethics in Health Care. She is also a faculty leader with VitalTalk, a nationally recognized organization teaching clinicians to communicate compassionately with seriously ill individuals.

# **B3 - Moving From Ageism to Age Friendly Care**

Thursday, April 15 from 10:40-11:40AM

### **Learning Objectives:**

- 1. Recognize overt and systemic ageism.
- 2. Describe adverse outcomes of ageism for older adults well-being.
- 3. Identify actions which individuals and institutions can take to foster Age Friendly Care.

### Speaker:

## Helen Kao, MD

Helen Kao is Medical Director of Clinical Innovations at Lumina Hospice and Palliative Care (Corvallis, OR) and Professor of Geriatrics at University of California San Francisco. She is board certified in Internal Medicine, Geriatrics, and Hospice & Palliative Medicine. Dr. Kao has developed several clinical programs for the care of older adults with frailty or with advanced complex conditions. She teaches widely on geriatrics and palliative care. She also serves as an advocate for legislative activities which impact the care of older adults and the caregivers who support them. Dr. Kao has been recognized with awards of distinction for her clinical care, teaching, and leadership.

# **B4 - Caring for Patients with Substance Use Disorder: Healing Patients, Providers and Systems**

A Panel Discussion with OHSU's Interprofessional Improving Addiction Care Team (IMPACT)

Thursday, April 15 from 10:40-11:40AM

#### **Learning Objectives:**

- 1. Describe an innovative care model that addresses needs of hospitalized adults with substance use disorder, called the Improving Addiction Care Team (IMPACT), and discuss ways that hospital-based addictions care can increase equity for a vulnerable population.
- 2. Consider how IMPACT experiences may inform other efforts to improve care for people with substance use disorder.
- 3. Consider how IMPACT lessons learned can inform other efforts to improve health equity broadly.

#### **Speakers:**

Jessica M. Brown, LCSW, CADC III

Jessica first started working in social services over two decades ago, and has been a social worker since 2009. She joined the IMPACT team in February 2017 and loves providing trauma informed care in the hospital setting.

Honora Englander, MD she/her/hers

Dr. Honora Englander is an Associate Professor in the Division of Hospital Medicine at Oregon Health & Science University (OHSU). She is an internist and addiction medicine physician. Dr. Englander is founder and Principal Investigator of the Improving Addiction Care Team (IMPACT), a nationally recognized model for hospital-based addiction care that includes physicians, social workers, and peers with lived experience in recovery. She is working to change the standard of care for hospitalized adults with substance use disorder by redesigning care and shifting our view of addiction from one of shame and stigma, towards one that embraces belonging, treatment, and healing.

Dr. Englander has received numerous awards for her work transforming health systems including being named one of the Portland Business Journal's `Top Forty under 40' in 2015 and one of the American College of Physician's Hospitalist TOP DOC in 2012. She has spoken at the National Academy of Sciences and published research in numerous medical journals including JAMA, Annals of Internal Medicine, Journal of General Internal Medicine, Journal of Hospital Medicine, and the Journal of Addiction Medicine.

#### Traci Lundy, IPS, PSS, PWS

Traci Lundy is a peer on the OHSU IMPACT team. Her clean date is 8/26/14, and is in recovery from SUD and mental health experience. Traci shows up for people and meets them with only human to human connection. She gets to walk beside those who share the same life experience.

#### Melissa Monner MS, HEC-C

Melissa Monner M.S. HEC-C is the Manager of Patient Relations (patient advocacy) at Oregon Health & Science University. She serves on the OHSU Ethics Consult Service, Institutional Ethics Committee and Center for Ethics Executive Committee as an Associate Director. She appreciates the challenge of learning to listen and identify key issues without being derailed by escalated behavior and power. Her passion is being a part of a multidisciplinary team of thoughtful and skilled individuals to think compassionately and wisely about how to care for the most vulnerable.

# Plenary Panel:

# Experiences of People with Disabilities & Their Surrogate Decision Makers in Navigating the Healthcare System

Thursday, April 15 from 11:50-12:50PM

#### **Learning Objectives:**

- 1. Identify language and behaviors healthcare providers utilize that does not promote the rich full lives of persons with disabilities.
- 2. Identify language that healthcare providers use that dismisses the lived experience of surrogates and their role in the life of the person with disabilities.

#### **Speakers:**

Ian Jaquiss he/him/his

Ian works in the Affirmative Action and Equal Opportunity department where he is OHSU's Interim ADA Coordinator. Ian's job is help make OHSU a more welcoming place for people with disabilities. In AAEO, Ian works on issues related to disabilities including requests for Reasonable Accommodations from OHSU employees and visitors. He is also the chairperson of the Physical Access Committee at OHSU, where he works with departments across the enterprise advising on the removal of barriers for people with disabilities. Ian started at OHSU more than seven years ago, primarily as trainer in Disability Culture. Since he started at OHSU, Ian has conducted more than 500 trainings, training more than 5,000 OHSU employees.

Prior to OHSU, Ian worked in a variety of fields ranging from journalism to professional sports. Ian has a juris doctorate and a degree in English.

#### Kristine Keough, MS, D. Bioethics, HEC-C

Dr. Keough has been the Director of Ethics for St. John Medical Center for 30 years. As the Bioethicist for the region she provides clinical, organizational, and social ethics consultation and is the co-chair of the St. John Medical Center Ethics Committee and a member of the PeaceHealth Systems Ethics Committee.

She is responsible for direct consultation with patients, families, physicians and community members. She received her B.A. and M.S. in Medical Speech Pathology from the University of Washington, a Certificate in Health Care Ethics from the University of Washington School of Medicine and a Master's and Doctorate in Bioethics & Health Policy from Loyola University, Chicago. She is a member of the Washington and Oregon POLST Task Force, the Community Ethics League, the Washington Serious Illness Care Coalition, and the American Society of Bioethics and Humanities. Dr. Keough holds certification in Health Care Ethics Consultation through the American Society of Bioethics and Humanities.

#### **Mary Oldshue**

Mary Oldshue serves on boards of directors for both corporate and non-profit organizations. She has been a director of HomeStreet Bank and Metro One Telecommunications. After graduating from Vassar College, she began her career in corporate finance at a Wall Street bank. Later, she was a financial officer in the PacifiCorp group and then an independent consultant. Throughout her career Ms. Oldshue has been involved with non-profit organizations, including OHSU's Center for Ethics in Healthcare, Vassar and Marylhurst University.

One of Ms. Oldshue's three children is severely disabled and, over time, has become medically fragile. She has been his primary caregiver and care coordinator for over 34 years.

#### **Carole Zoom**

Carole Zoom has been a community organizer since 1991, trained by the Industrial Areas Foundation and focusing on social justice and equity issues. Born with congenital muscular dystrophy, Zoom uses a ventilator and electric scooter to get around. She has been involved in the disability rights movement since the 1980s. Zoom helped organize the passage of the Americans with Disabilities Act, the Air Carrier Access Act, Fair Housing Amendments and other state and national legislation.

Carole Zoom speaks locally and nationally, and has been interviewed by NBC News, NPR and others regarding public policy, international travel, sex, health and disability. She's written for the Washington Post, AARP, and New Mobility and taken photos for the Wall Street Journal, Country Living and other national magazines. Zoom is currently organizing voices for change in bereavement care and public health policy nationally. Licensed as a Hawaii residential and commercial real estate agent with Keller Williams Realty Maui, Zoom shares time between Maui, Hawaii and Portland, Oregon.

# Plenary Session:

# Rising Income and the Adverse Impact on Health Equity & Opportunity

Friday, April 16 from 8:15-8:45AM

#### **Learning Objectives:**

- 1. Examine the trajectory of income inequality over time.
- 2. Understand the role of the growing wealth gap on health disparities.
- 3. Identify the impact on opportunities for advancement as the wealth gap widens.

#### **Speakers:**

#### Jim McDermott, JD

Jim McDermott is an honors graduate of Syracuse University and the University of Virginia School of Law. He is a nationally recognized business litigation attorney who has litigated and tried cases in a wide array of industries, including healthcare. Mr. McDermott is also the author of Bitter Is the Wind, a novel of working class aspirations. He has written op-eds on the subject of wealth inequality and its adverse effects for CNN and other news organizations.

# Susan W. Tolle, MD she/her/hers

Dr. Susan Tolle is a graduate of the Oregon Health & Science University. After graduating AOA (Alpha Omega Alpha) for OHSU, she completed her internal medicine residency at UC San Diego where she was also Chief Resident. She later completed a fellowship in Clinical Medical Ethics at the University of Chicago. Susan founded and has directed the Oregon Health & Science University Center for Ethics in Health Care since 1989 and has shepherded its growth into a now internationally recognized ethics center with programs such as the Portable Orders for Life-Sustaining Treatment (POLST) program and more recently the Program in Compassionate Communication. Dr. Tolle is a Professor of Medicine, and holds the Cornelia Hayes Stevens Endowed Chair in Health Care Ethics. Her awards include the 2014 MacLean Prize in Clinical Medical Ethics and the OHSU 2016 Esther Pohl Lovejoy Leadership Alumni Award. She also serves as the Chair of the Oregon POLST Coalition.

# C1 - Improving Care for People with Disabilities Through Respectful Language

Friday, April 16 from 8:55-9:55AM

### **Learning Objectives:**

- 1. Develop an understanding of why respectful and inclusive language surrounding people with disabilities will lead to improved care.
- 2. Discover how to incorporate respectful and inclusive language that will better engage people with disabilities (which will lead to better healthcare outcomes).

## Speaker:

Ian Jaquiss he/him/his

Ian works in the Affirmative Action and Equal Opportunity department where he is OHSU's Interim ADA Coordinator. Ian's job is help make OHSU a more welcoming place for people with disabilities. In AAEO, Ian works on issues related to disabilities including requests for Reasonable Accommodations from OHSU employees and visitors. He is also the chairperson of the Physical Access Committee at OHSU, where he works with departments across the enterprise advising on the removal of barriers for people with disabilities. Ian started at OHSU more than seven years ago, primarily as trainer in Disability Culture. Since he started at OHSU, Ian has conducted more than 500 trainings, training more than 5,000 OHSU employees.

Prior to OHSU, Ian worked in a variety of fields ranging from journalism to professional sports. Ian has a juris doctorate and a degree in English.

# C2 - Health Literacy and Systemic Racism: Redressing Oppression Through Clear Communication

Friday, April 16 from 8:55-9:55AM

## **Learning Objectives:**

- 1. Describe systemic racism in healthcare settings.
- 2. Discuss health literacy, clear communication, access to information, and health information equity as they contribute to systemic racism in health care.
- 3. Identify opportunities for employing anti-racist approaches to improve health information equity.

## Speaker:

Cliff Coleman, MD, MPH he/him/his

Dr. Cliff Coleman is a national expert in the field of health literacy. His work focuses on improving training in health literacy and clear communication for all health professionals. Cliff is an Associate Professor of Family Medicine at Oregon Health & Science University (OHSU), where he practices at a Federally Qualified Health Center clinic, and attends on the OHSU Family Medicine inpatient service. He is the Clinical Thread Director for Professionalism, Ethics and Communication training in the School of Medicine. In this role he has created award-winning curricula on health communication, and is responsible for pre-clerkship training in the area of culturally responsive care. On July 1, 2021 Dr. Coleman will also become the inaugural Doris and Mark Storms Chair in Compassionate Communication.

# C3 - When There Isn't Enough to Go Around: Allocating Intensive Care and Vaccinations in a Pandemic

Friday, April 16 from 8:55-9:55AM

### **Learning Objectives:**

- 1. Review ethical principles used in formulating a procedure for allocating scarce resources.
- 2. Identify the distinctive concerns and priorities between intensive care and vaccinations.
- 3. Explore the role of social inequities and suggested corrective factors--in the epidemiology and response to a pandemic.

# Speaker:

# Robert Macauley, MD, HEC-C

Robert Macauley, MD is the Medical Director of the Bridges Pediatric Palliative Care Team at Doernbecher Children's Hospital. Prior to coming to OHSU, he directed the Department of Clinical Ethics at the University of Vermont for over a decade. He attended medical school at Yale and completed his pediatric residency at Johns Hopkins. He also holds graduate degrees in theology from Oxford and Yale, and in writing from Vermont College of Fine Arts. He currently chairs the American Academy of Pediatrics Committee on Bioethics. He's the author of Ethics in Palliative Care: A Complete Guide (Oxford University Press, 2018).

# C4 - Death During a Pandemic: Are We All Truly Equal at the End?

Friday, April 16 from 8:55-9:55AM

### **Learning Objectives:**

- 1. To review practices around death and dying which have been or are being impeded by visitor restrictions.
- 2. To consider what inequities may arise during such restrictions.
- 3. To explore ethical ways to move forward.

### Speaker:

Wes Sedlacek, MDiv, BCC he/him/his

Wes Sedlacek is the manager of chaplain services in the Samaritan Health Services hospitals in Albany and Lebanon, Oregon. In addition to spiritual care, he also helps people with advanced medical planning and quality of life conversations. He has made presentations for regional OHSU palliative care conferences, OHPCA, OSRC, and various groups in Samaritan Health. A fifth generation Oregonian, Wes grew up in Portland, OR before going to seminary in Austin, TX and returning to the mid-Willamette valley. He and his spouse, Carol, are both ordained as Episcopal priests and they love to play volleyball.

# D1 - Decisions and Dilemmas in Gender Affirming Care

Friday, April 16 from 10:05-11:05AM

#### **Learning Objectives:**

- 1. Describe decisional complexities within gender affirming care across the lifespan.
- 2. Identify strategies to navigate nuances in supporting patient centered care.
- 3. Utilize a structure to evaluate and establish care planning for individuals across the gender spectrum.

#### **Speakers:**

Jess Guerriero, MSW, MA they/their/them

Jess Guerriero is a social worker with a second graduate degree in Gender and Cultural Studies from Simmons College. While at Simmons, Jess focused their work on a thesis that argued for the expansion of transgender health coverage and the movement toward therapists as partners, rather than gatekeepers, in the transition process. Jess has experience working with gender diverse folks across the lifespan, but has a particular passion for working with youth, adolescents, and their families.

Amy Penkin, LCSW she/her/hers

Amy Penkin, LCSW joined OHSU in January 2015 to establish and launch its Transgender Health Program. She has been a clinical social worker for 20 years and throughout her career has provided direct care, advocacy, education, program management, and supervision/consultation in community mental health and healthcare environments. Amy has a history of two decades providing and overseeing care for the LGBTQ+ communities and is dedicated to promoting health equity for these and other underserved populations experiencing health disparities.

In addition to working in the Portland Metro Area since 2009, her history includes teaching and practicing as a clinical social worker in the San Francisco Bay Area. Amy earned her Master's degree in Social Work from the Univ. of California, Berkeley and has subsequently served as Adjunct Faculty and Field Instructor for Schools of Social work at UC Berkeley, San Francisco State University, Smith College, and Portland State University.

# D2 - Moral Distress During the COVID-19 Pandemic (and Beyond): When Following the Rules Feels Wrong

Friday, April 16 from 10:05-11:05AM

### **Learning Objectives:**

- 1. Define Moral Distress.
- 2. Moral Distress and the COVID-19 Pandemic.
- 3. Compare various understandings of moral distress.
- 4. What's so *moral* about moral distress?
- 5. Moral Distress and tragedy.
- 6. Evaluate strategies for combating and/or navigating moral distress.

## Speaker:

# Tyler Tate, MD, MA

Dr. Tate is a palliative care physician and ethicist at Oregon Health and Science University (OHSU), where he attends on the pediatric palliative care team and serves as an Associate Director and the Director for Professionalism and Comfort Care in the Center for Ethics in Health Care. Dr. Tate attended college at Maryville University in St. Louis, MO, where he graduated summa cum laude with degrees in Philosophy and Molecular Biology. He received his M.D. at the University of Alabama at Birmingham School of Medicine, completed a residency in pediatrics, fellowship in clinical ethics, and M.A. in Bioethics at the University of Washington, and a fellowship in Palliative Care at Duke University. As a scholar, Dr. Tate writes about suffering, love, and end of life care, the language and metaphors of medicine, and the moral development of medical practitioners. From 2020-2022 he will be one of four invited scholars in the Early Career Scholars Program at the Conference on Medicine and Religion.

# D3 - Indigenous Voices and Tribally-Led Solutions in Responses to the COVID-19 Pandemic

Friday, April 16 from 10:05-11:05AM

#### **Learning Objectives:**

- 1. Describe how systemic inequities have impacted AI/AN communities during the COVID-19 pandemic.
- 2. Identify the components of a successful Tribal partnership toward health equity.
- 3. Recognize strategies to develop and disseminate culturally-specific COVID-19 messaging.

#### **Speakers:**

Erik Brodt, MD Anishinaabe – Minnesota Chippewa he/him/his

Erik Brodt is Anishinaabe and grew up near Chippewa Falls, Wisconsin, spending summers with family in the rural areas around Bemidji, Minnesota. Dr. Brodt earned his M.D. from the University of Minnesota and completed residency in Family Medicine at the Seattle Indian Health Board – Swedish Cherry Hill Family Medicine Residency in Washington. Dr. Brodt is an Associate Professor in the Department of Family Medicine at Oregon Health & Science University. He practices as an inpatient attending and in the OHSU Scappoose and Warm Springs Tribal Health clinics, while also serving as the founding Director of the OHSU Northwest Native American Center of Excellence. Erik is a fierce believer in occasional magic, working to eliminate Native health disparities and improve Native American health professions programming nationally through creative partnerships and collaborations.

Celena J. McCray, MPH Navajo she/her/hers

Celena is a tribal member of the Navajo Nation. Her clans are the Bitter Water People born for the Mountain Cove People. She serves as the Washington Youth Sexual Health (WYSH) Project Manager at the Northwest Portland Area Indian Health Board. Celena provides trainings, technical assistance, and develops culturally appropriate media campaigns and resources related to adolescent health. She also assists We R Native project staff with www.wernative.org, the national multimedia health resource for Native teens and adults.

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# Caitlin Donald, MSW Osage/Ponca she/hers/her

Caitlin in a citizen of the Osage Nation and a descendant of the Ponca tribe of Oklahoma. She serves as the Assistant Director of the Oregon Health & Science University Northwest Native American Center of Excellence, where she is part of a movement of Native people and allies determined to improve AI/AN health disparities by increasing the AI/AN health workforce. She received her Bachelor's in Social Work from Portland State University and her Master's in Social Work from Washington University in St. Louis. She has worked in partnership with Tribal communities for over 10 years and has spent the last seven years in Indigenous health research.

Sarah Rasmussen-Rehkopf, BS Quileute/Makah she/her/hers

Sarah is Quileute and Makah from the northwest coast of Washington. She was born and raised in an island community in Southeast Alaska, spending her time out on the water and in the Tongass National Forest. Sarah earned her Bachelor of Science degree in Biology with a minor in Chemistry from Linfield College. She was also a collegiate athlete competing in cross country and distance track and field. Growing up Indigenous in a rural community, Sarah is familiar with healthcare disparities. She came to the Oregon Health & Science University Northwest Native American Center of Excellence (NNACoE) to further the efforts to increase AIAN peoples in healthcare careers and address the health disparities of her communities. She came to NNACoE to further the efforts to increase AIAN peoples in healthcare careers and address the health disparities of her communities. Sarah has worked on a number of NNACoE efforts and now runs the Tribal Health Scholars program, where she supports and inspires high school students to envision themselves as healthcare professionals and pursue healthcare careers.

# D4 - Barriers for the Houseless Community & Income Inequality

Friday, April 16 from 10:05-11:05AM

### **Learning Objective:**

1. Address the challenges of connecting homeless people to medical care and mental health services, especially in rural Oregon. Homeless people are underserved and commonly overlooked voices in healthcare. This leads to chronic health issues that can often cause homeless people to experience a much lower quality of life than the quality of life experienced by housed people.

## Speaker:

# The Rev. Bernie Lindley

Fr. Bernie has served as the vicar of St. Timothy's Episcopal Church since 2008. From 2010 to 2014 he served as clinic director for a free health clinic that operated out of the basement of his church. During that four year period, the free clinic treated 1800 patients that had no access to medical, dental, or mental health services. In late 2014, the Affordable Care Act and the expansion of the Oregon Health Plan made the clinic no longer necessary. At that point St. Timothy's transitioned into helping poor and homeless people access services through what we call our "Advocacy Team".

# Plenary Panel:

# Widening Our Gaze: The Pandemic's Lessons Balancing Upstream Population Health with Health Care Preparedness

Friday, April 16 from 11:20-12:20PM

#### **Learning Objectives:**

- 1. To explore whether maximizing downstream capacity for health care in the COVID-19 pandemic came at the expense of maximizing upstream capacity to slow the spread of the virus.
- 2. To identify lessons learned during the pandemic for hospitals, clinics and health systems in partnering with community organizations to protect vulnerable populations. (How can we innovate, replicate or change to better prepare for a "next time"?)
- 3. To share the perspectives of diverse panelists and those of the conference attendees about these ethical and strategic issues, in the context of equity, justice, and truth.

#### **Speakers:**

Tina Castañares, MD, she/her/hers

Tina Castañares is a retired family physician and hospice and palliative care provider from the mid-Columbia Gorge, long interested in both health ethics and social justice. She sometimes describes herself as the Forrest Gump of health care, having experience also in health care policy and financing, public health, medical administration, field outreach, advocacy, health philanthropy, immigration reform, and community health promotion.

#### Eva M. Galvez, MD

Dr. Eva Galvez is a board certified family physician at Virginia Garcia Memorial Health Center. She obtained her medical degree from the University of Washington and her undergraduate degree from Oregon State University. She is a member of the Oregon Academy of Family Physicians. She currently serves as the board chair for Migrant Clinicians Network, a national non for profit focused on health justice for immigrants. As a bilingual and bicultural physician, and daughter of Mexican immigrants, she brings a deep understanding of health disparities impacting the Latino community and is dedicated to raising awareness around these issues. She was named as the 2020 Alumni Fellow for the College of Science at Oregon State University for her leadership during the time of COVID-19.

#### Krisa Gigon, RN BSN MS-HCE

Krisa began her career in healthcare over forty years ago. She worked as a CNA and Home Health Aid while studying Germanic Languages and Literature. While this was fun, it did not meet her desire for a vocation of service. A career in nursing has been richly rewarding while leaving room for further growth and exploration. Curiosity led to further education in the field of healthcare ethics which has expanded the opportunities for interconnectedness, relationship, and healing. She continues to explore ways in which grow as a caregiver. Krisa has been in her current role as an Employee Health Nurse for Good Samaritan Regional Medical Center for 17 years and has been a part of the Ethics Committee for the past 10.

#### Keren Brown Wilson, PhD

Dr. Keren Brown Wilson's career spans a broad range of academic and professional activities in aging and long-term care, including teaching, research, program design and implementation. She is widely known as the architect of the 'Oregon Model' of assisted living and for her work with affordable housing and services.

Currently she serves as CEO of the Jessie F. Richardson Foundation (JFRF) and its Oregon focused public charity AGE+. Both organizations focus is on underserved older adults, typically in rural communities.

AGE + currently has initiatives focused on affordable housing and services, grandparents raising grandchildren, Circles of Care, a volunteer services program, a statewide education and awareness program around Covid, and community conversations intended to inform the development of a Master State Plan on Aging.

She has published professionally and received numerous awards for her work.

### Mark Thomas, MDiv, BCC

Mark Thomas serves as the Chief Mission Officer for Providence Hood River Memorial Hospital and clinics in the Columbia Gorge, where he has been a member of the administrative team for 13 years, and staff to the institutional ethics committee. Mark has facilitated numerous collaborations to address challenges together that are greater than could be solved alone, including responses to hunger, housing, transportation, community based care management and more.

Mark's greatest interest is in creating systems and structures that support health and healing in response to the dignity of people. He is a student of the root causes of good and poor health and a firm believer that health can be improved through our collective will and collaborative efforts, rooted in a strong sense community, and in solidarity with those whose health is most at risk. Mark holds an undergraduate degree in Religious Studies from Stanford University, a Masters of Divinity from the Graduate Theological Union in Berkeley, CA,. He completed a residency in Clinical Pastoral Education at the University of Colorado and is board certified as a chaplain through the National Association of Catholic Chaplains.

Thank you for reviewing the preliminary program for the 2021 Kinsman Bioethics Conference, <i>Truth, Power, Justice: Bioethics as a Voice for Health Equity.</i>
The WebEx Link and final program with presentation slides and materials will be emailed to attendees on April 14. If you have any questions or concerns, please email conference coordinator, Megan Spickerman, at helmme@ohsu.edu.