

Samaritan Health Services, Oregon AHEC, Oregon Health & Science University & Oregon Pacific AHEC Presents:

# WEBINAR SERIES 2: Mindful Practice & Communication

Thursdays,  
7:30 am – 8:30 am,  
Apr 8 to Jun 17, 2021



**Target Audience:** Physicians, Pharmacists, Nurse Practitioners, Physician Assistants, Nurses or any other staff who work in primary care settings.

## 1 CME / 1 CEU CREDIT available for each session

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Samaritan Health Services and the Oregon Pacific Health Education Center. Samaritan Health Services is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Samaritan Health Services designates this live activity for a maximum of one (1) AMA PRA Category 1 Credits TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presenters and the planners of this program report that they have no conflicts of interest or relevant financial relationships with any commercial entities that might affect the contents of this presentation.

This course is provider approved by the California State Board of Registered Nursing, Provider Number CEP8729, for 1 contact hour by Good Samaritan Regional Medical Center, Corvallis, Oregon.

### SESSIONS:

- Apr 8: Introduction to Mindfulness in Clinical Practice: Not just another meditation app
- Apr 22: Mindfulness as a way of being, not something you do 10 minutes a day: A Practice Lab
- May 6: A Focus on Leaders in a Prolonged Crisis: Compassionate Leadership
- May 13: Compassionate Leadership: A Practice Lab
- Jun 3: Mindful Communication and Managing Difficult Conversations
- Jun 17: Mindful Communication: A Practice Lab

### PRESENTED BY:

Christine (Tina) Runyan, PhD, ABPP

Joan Fleishman, PsyD



This project was supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) as part of a subaward totaling \$101,995 (33%) financed with Federal funding and \$210,226 (67%) financed with non-Federal sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by HRSA, HHS or the U.S. Government.



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[https://zoom.us/webinar/register/WN\\_5Y0NacZXQoucAbp-9oN8-A](https://zoom.us/webinar/register/WN_5Y0NacZXQoucAbp-9oN8-A)